

Athletics NS Provincial Championships
July 24-25, 2021
Pioneer Coal Athletics Field, Stellarton



Covid Protocols

- Athletes may enter up to 3 events, with a maximum of 1 track event on each day. This will be checked and athletes will be removed from additional track events.
- Athletes may not arrive more than 60mins prior to the start of their race
- Field Event athletes are expected to practice physical distancing at all times
- Field event athletes will be expected to use hand sanitizer (provided) between each attempt
- All athletes are expected to arrive, warm-up, briefly cool-down and exit the facility
- Due to unknown number of entries and our maximum group numbers, the schedule may have significant changes after entries are received. Please ensure you review the final schedule.
- Spectators -TBC

Sanctioned: Athletics Nova Scotia

Hosted: Pictou County Athletics

Date: Saturday and Sunday, July 24-25, 2021

Event Site: - Pioneer Coal Athletics Field, Stellarton

- Eight lane track on the oval with a polyurethane surface.
- All field events accommodated
- Maximum spike length is 7mm
- Washrooms are available on-site.
- Canteen will be available on site

Timing: FinishLynx Photoelectric timing

Categories:

All categories from U14 to Masters will be offered

Events:

80m,100m,150m,200m,300m,400m,800m,1200m,1500m,2000m,3000m,5000m,
200/300/400mH, Long Jump, Triple Jump, High Jump, Hammer, Discus, Shot Put, Javelin

Registration:

Please visit TrackieReg to register Registration deadline is Tuesday, July 20th

Schedule:

The schedule is subject to change based on entries. The schedule is at TrackieReg.ca
The final schedule will be posted on Thursday, July 22th

Seeding

Please include accurate as possible seed/race times as preferred lanes will be given to the fastest seed times for time sectioned final events.

All age groups will be combined, based on seed performance to create to most competitive heats possible.

Masters athletes will have their own heat in laned (100m,200m,300m,400m,hurdles) events with 3 or more athletes. In non-laned events, groups of 5 or more will have their own section. In all other cases, masters will be mixed in with all athletes, based on seed performance.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event to check-in and pick up hip numbers. The marshaling area will be located behind the 100m start. Athletes will not be held in the marshaling area and it is the athletes responsibility to be at the start line at the time of your race/heat.

Scratches

Scratches will be accepted via TrackieReg until the registration deadline.

Registration:

Entries must be received by 11:59 p.m. Tuesday, July 20th, 2021

First event: 1st Event \$17 for members and \$27 for non-members + \$5 Officials Fee,
2nd event \$10, 3rd event \$8

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be **pre-registration** only!
No entries will be accepted on the day of the meet.

Check in and Bib # Pick-up: Beginning at 11:00 a.m. on Saturday, July 24th

