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## YUTC Twilight #4

August 10, 2021

### Contact:

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### Location:

Toronto Track & Field Centre  
231 Ian Macdonald Blvd  
North York, ON  
M7A 2C5

**Sanctioned:** By Athletics Ontario

**Registration:** Online registration will take place on Trackie at [www.trackiereg.com/yutc-twilight-4-2021](http://www.trackiereg.com/yutc-twilight-4-2021). Registration closes on Sunday August 8 at 11:59pm.

### Coach

**Registration:** Coaches for the Horizontal Jumps ONLY will be allowed access to the competition venue. Registration for a horizontal jumps coaches pass can be done at [www.Trackiereg.com/yutc-twilight4-coaches](http://www.Trackiereg.com/yutc-twilight4-coaches) by the registration deadline. Coaches for the track events and throws events will need to stay on the perimeter of the facility around the fencing so the meet can comply with facility limits

**Spectators:** There will be no spectators allowed in the competition venue to align with facility capacity limits. Spectators may observe from the fence line surrounding the track on either the East or West side of the facility.

**Results:** Will be posted on the YUTC website at [www.yorkutrackclub.com](http://www.yorkutrackclub.com) following the event

**Events Offered:** 80mh/100mh/110mh, 100m, 400m, 1500m, TJ, DT, JT, HJ(Men)

**Age Categories:** U14-Open

**Entry Fees:** \$20 per event. Coach passes are free for the horizontal jumps.

**Waiver:** To be completed online with registration.

**Start Time:** 6:00pm

**Parking:** Parking is located in the lots directly west of the TTFC. Currently paid parking is on hold at York University's campus. Parking in undesignated

parking spots (ie fire routes, sidewalks,walkways etc.) will be subject to a City of Toronto Parking Violation.



### **COVID Guidelines:**

- All participants will be required to maintain social distancing of 3m.
- All Volunteers, Officials & Coaches inside the facility must wear a mask at all times.
- For Coaches in the horizontal jumps, there will be pylons spaced out for viewing along with a designated viewing box.
- Athletes are permitted to remove their masks during warmup, competition, and cooldown.
- All participants will need to complete the COVID-19 screening form found at [www.yorkutrackclub.com/meetinfo](http://www.yorkutrackclub.com/meetinfo) within 24h of the start of competition. Failure to do so will result in access to the facility for competition to be denied.
- Athletes will be required to gather their belongings and exit the facility upon the completion of their event. Cooldowns will need to be completed outside of the facility.

### **Meet Schedule:**

- Tentative meet schedule attached at the end of this document.
- Check in and entrance into the competition venue will happen outside the front of the Toronto Track & Field Centre.
- Final meet schedule along with admittance times for all events will be posted both on the Trackie registration page and the York University Track & Field Club's website at [www.yorkutrackclub.com](http://www.yorkutrackclub.com) by noon on the day of the event.
- Due to concerns regarding numbers for attendance, only coaches for horizontal jumps will be given access into the facility. Coaches for the other events will need to remain on the outside of the facility, at the East or West fencing. Horizontal Jumps coaches will be required to complete the registration found at [www.trackiereg.com/yutctwilight4-2021-coaches](http://www.trackiereg.com/yutctwilight4-2021-coaches) before the event deadline on August 8 at 11:59pm along with the COVID screening form found at [www.yorkutrackclub.com/meetinfo](http://www.yorkutrackclub.com/meetinfo) within 24h of the competition to gain access to the competition area.

### **Track Events:**

- Races will be grouped based on gender and seed times. Seed times will be automatically generated upon registration.
- All races will be run from **FAST to SLOW, Women followed by Men**
- To conform to facility capacity, athletes will be expected to start their warmups outside the competition venue. Athletes will be given time on the track to complete their warmups. Facility access times will be confirmed following the closing of entries.
- Only Pyramid spike pins may be worn on the track. Maximum allowed pin length is 6mm.

**Field Events:**

**Throws:** Athletes will be given 30min to use the throwing circle for warmup. In the throws all age groups will throw together with their respective implement weights. Athletes must bring their own implements. Throwing implements **will not be provided**. Implement weigh in will take place at the event site.

**Horizontal Jumps:** Athletes will be given a 30min warmup on the runway prior to the start of the event. For high jump, only pyramid spike pins may be used. Maximum allowed pin length is 9mm.

**Vertical Jumps:** Athletes will require use of a tarp to cover landing surface to align with the guidelines set out by the Toronto Track & Field Centre.

**Tentative Meet Schedule, August 10, 2021:**

Final Schedule to be posted at [www.yorkutrackclub.com/meetinfo](http://www.yorkutrackclub.com/meetinfo) by noon on August 9

6:00pm 80mh/100mh/110mh  
 6:30pm 400m W→M  
 7:30pm 1500m W→M  
 8:00pm 100m W→M



	<b>Triple Jump</b>	<b>High Jump</b>	<b>Discus Throw</b>	<b>Javelin Throw</b>
<b>5:30</b>	Warmup on runway - <b>Women</b>	Warmup at event area - <b>Men</b>	Warmup at Event area – <b>Men &amp; Women</b>	
<b>6:00</b>	<b>Women</b>	<b>Men</b>	<b>Men &amp; Women Combined</b>	
<b>6:30</b>				
<b>7:00</b>	Warmup on Runway - <b>Men</b>			Warmup at Event Area – <b>Men &amp; Women</b>
<b>7:30</b>	<b>Men</b>			<b>Men &amp; Women Combined</b>
<b>8:00</b>				