

## FOOTE FIELD OPEN 2021: TRACK SCHEDULE - FINAL FRIDAY JULY 9

Athletes are asked to not arrive BEFORE 3:30PM as we run summer camp programming

Saturday Pre-Competition Training Period = 4:00PM - 6:00PM

Discus Training in West Throws Field / Blue Cage

FRI 9th	Event	Gender	Age Category	Specifics	# of Heats	Technical notes
6:00PM	100m WC	Women	WC	Timed Final	1	Raced with prevailing winds
6:05PM	100m	W & M	Ambulatory	Timed Final	1	Run with prevailing winds
<b>200m Heats</b>						
6:10PM	200m	Men	U20/Sr	Heats	3	Run with prevailing winds
6:20PM	200m	Women	U20/Sr	Heats	3	Run with prevailing winds
6:30PM	200m	Men	U18	Heats	2	Run with prevailing winds
6:35PM	200m	Women	U18	Heats	3	Run with prevailing winds
6:45PM	200m	Men	U16	Heats	1	Run with prevailing winds
6:50PM	200m	Women	U16	Heats	1	Run with prevailing winds
<b>1200m / 1500m Events</b>						
7:00PM	1500m	Men	All	Timed Final	1	
7:07PM	1500m	Women	All	Timed Final	1	
7:15PM	1200m	Men	U14	Timed Final	1	
7:20PM	1200m	Women	U14	Timed Final	1	
<b>200m Finals</b>						
7:40PM	200m	Women	WC	Timed Final	1	Raced with prevailing winds
7:45PM	200m	Men	Ambulatory	Timed Final	1	Run with prevailing winds
7:50PM	200m	W & M	Masters	Timed Final	1	Run with prevailing winds
7:53PM	200m	Men	U20/Sr	Final	1	Run with prevailing winds
7:56PM	200m	Women	U20/Sr	Final	1	Run with prevailing winds
7:59PM	200m	Men	U18	Final	1	Run with prevailing winds
8:02PM	200m	Women	U18	Final	1	Run with prevailing winds
8:05PM	200m	Men	U16	Final	1	Run with prevailing winds
8:08PM	200m	Women	U16	Final	1	Run with prevailing winds

## FOOTE FIELD OPEN 2021: TRACK SCHEDULE - FINAL SATURDAY JULY 10

Sunday Pre-Competition Training Period = 10:00AM - Noon

Hammer in West Throws Field / Blue Cage

SAT 10th	Event	Gender	Age Category	Specifics	# of Heats	Technical notes
<b>Sprint Hurdle Heats &amp; Finals</b>						
1:00PM	80mH	W & M	U14	Timed Final	1	12m / 7.50m b/w 27" Dark red
1:10PM	80mH	Women	U16	Heats	1	12m 8.0m b/w 30" white
1:20PM	100mH	Women	U18	Heats	1	13 / 8.5m b/w 30" black
1:25PM	100mH	Men	U16	Heats	1	13 / 8.5m b/w 33" black
1:28PM	100mH	Women	U20/Sr	Heats	1	13 / 8.5m b/w 33" black
1:35PM	110mH	Men	U18	Heats	1	13.72/9.14m b/w 36" blue
1:38PM	110mH	Men	U20	Heats	1	13.72/9.14m b/w 39" blue
2:00PM	80mH	Women	U16	Heats	1	12m 8.0m b/w 30" white
2:05PM	100mH	Women	U18	Heats	1	13 / 8.5m b/w 30" black
2:08PM	100mH	Men	U16	Heats	1	13 / 8.5m b/w 33" black
2:11PM	100mH	Women	U20/Sr	Heats	1	13 / 8.5m b/w 33" black
2:20PM	110mH	Men	U18	Heats	1	13.72/9.14m b/w 36" blue
2:23PM	110mH	Men	U20	Heats	1	13.72/9.14m b/w 39" blue
<b>100m Heats</b>						
2:30PM	100m	Women	U18	Final	3	Run with prevailing winds
2:39PM	100m	Men	U18	Heats	2	Run with prevailing winds
2:45PM	100m	Women	U20/Sr	Heats	2	Run with prevailing winds
2:51PM	100m	Men	U20/Sr	Heats	3	Run with prevailing winds
3:00PM	100m	Women	U16	Heats	2	Run with prevailing winds
3:06PM	100m	Men	U16	Heats	2	Run with prevailing winds
<b>800m</b>						
3:15PM	800m	Women	U20/Sr	Timed Final	1	
3:19PM	800m	Men	U20/Sr	Timed Final	2	
3:27PM	800m	Women	U18	Timed Final	1	
3:31PM	800m	Men	U16/U18	Timed Final	1	
3:35PM	800m	Women	U16	Timed Final	1	
<b>100m / 150m Finals</b>						
3:45PM	100m	Women	U20/Sr	Final	1	
3:48PM	100m	Men	U20/Sr	Final	1	Run with prevailing winds
3:51PM	100m	Women	U18	Final	1	Run with prevailing winds
3:54PM	100m	Men	U18	Final	1	Run with prevailing winds
3:57PM	100m	Women	U16	Final	1	Run with prevailing winds
4:00PM	100m	Men	U16	Final	1	Run with prevailing winds
4:03PM	100m	Women	Masters	Final	1	Run with prevailing winds
4:06PM	100m	Men	Masters	Final	1	Run with prevailing winds
4:15PM	150m	Women	U14	Timed Final	1	Run with prevailing winds
4:18PM	150m	Men	U14	Timed Final	1	Run with prevailing winds
<b>Dinner Break / Relay &amp; Endurance Prep</b>						
5:15PM	4x100m	Women	All	Timed Final	1	
5:20PM	4x100m	Men	All	Timed Final	1	
5:30PM	5000m	Men	Sr	Timed Final	1	
5:50PM	1500m RW	Women	U16/U18	Timed Final	1	
6:00PM	1500m RW	Men	U16/U18	Timed Final	1	
6:10PM	5000m RW	W & M	Senior	Timed Final	1	

## FOOTE FIELD OPEN 2021: TRACK SCHEDULE - FINAL SUNDAY JULY 11

SUN 11th	Event	Gender	Age Category	Specifics	# of Heats	Technical notes
<b>Intermediate Hurdles and Steeplechase</b>						
1:00PM	200mH	Women	U14	Timed Final	1	35m b/w 27" Green marks
1:10PM	200mH	Women	U16	Timed Final	1	35m b/w 30" Green marks
1:13PM	200mH	Men	U16	Timed Final	1	35m b/w 30" Green marks
1:25PM	400mH	Women	U18/Sr	Timed Final	1	35m b/w 30" Green marks
1:30PM	400mH	Men	U18/U20	Timed Final	1	U18 L2 - 33"   U20 L5/6 - 36"
1:45PM	1500m SC	Women	U16	Timed Final	1	no water
2:00PM	1500m SC	Men	U16	Timed Final	1	no water
2:15PM	2000m SC	Women	U18/Masters	Timed Final	1	30" barrier
2:30PM	2000m SC	Men	U18	Timed Final	1	33" barrier
<b>400m &amp; U14 80m</b>						
2:45PM	400m	Women	U20/Sr	Timed Final	1	
2:49PM	400m	Men	U20/Sr	Timed Final	2	
2:53PM	400m	Women	U18	Timed Final	1	
2:57PM	400m	Men	U18/Masters	Timed Final	1	
3:05PM	80m	Women	U14	Timed Final	2	
3:10PM	80m	Men	U14	Timed Final	1	

## FOOTE FIELD OPEN 2021: FIELD SCHEDULE - FINAL

FRI 9th	Friday JULY 9th, 2021 Field Notes	U14	U16	U18	Masters	U20	Senior
	<b>LONG JUMP</b>						
5:15PM	<i>One pit / runway closest to track. Direction based on wind</i>			M LJ (6)			M LJ (5)
7:00PM	<i>One pit / runway closest to track. Direction based on wind</i>					W LJ (3)	W LJ (9)
	<b>SHOT PUT</b>						
5:00PM	<i>Shale Shot Pit Circle (12 athletes total)</i>		M SP (2)	M SP (2)	M SP (3)	M SP (1)	M SP (4)
6:30PM	<i>Shale Shot Pit Circle (8 athletes total)</i>				W SP (2)	W SP (3)	W SP (3)
7:30PM	<i>Shale Shot Pit Circle (9 athletes total)</i>		W SP (2)	W SP (7)			
	<b>JAVELIN THROW</b>						
5:30PM	<i>Main Field - direction pending wind (10 athletes total)</i>		W Jav (2)	W Jav (4)	W Jav (2)	W Jav (1)	W Jav (2)
7:00PM	<i>Main Field - direction pending wind (7 athletes total)</i>			M Jav (1)	M Jav (3)		M Jav (3)
<b>SAT 10th</b>							
	<b>Saturday JULY 10th, 2021 Field Notes</b>	<b>U14</b>	<b>U16</b>	<b>U18</b>	<b>Masters</b>	<b>U20</b>	<b>Senior</b>
	<b>DISCUS THROW + U14 Shot Put</b>						
12:30PM	<i>Main Cage (5 athletes total)</i>				W DT (2)	W DT (1)	W DT (3)
2:00PM	<i>Shale Shot Put (13 athletes total)</i>	SP (10W + 3M)					
4:00PM	<i>Main Cage (8 athletes total)</i>		W DT (3)	W DT (5)			
5:30PM	<i>Main Cage (8 athletes total)</i>		M DT (2)	M DT (2)	M DT (2)		M DT (2)
	<b>LONG JUMP</b>						
11:30AM	<i>One pit / runway closest to track. Direction based on wind</i>		W LJ (8)		W LJ (1)		
1:00PM	<i>One pit / runway closest to track. Direction based on wind</i>		M LJ (8)				
3:00PM	<i>One pit / runway closest to track. Direction based on wind</i>			W LJ (12)			
	<b>HIGH JUMP</b>						
1:00PM	<i>Main Pit (7 athletes total)</i>						M HJ (1)
2:15PM	<i>Main Pit (1 athlete total)</i>		M HJ (3)	M HJ (4)			
3:30PM	<i>Main Pit (4 athletes total)</i>		W HJ (1)	W HJ (3)			
5:30PM	<i>Main Pit (6 athletes total)</i>					W HJ (4)	W HJ (2)
	<b>POLE VAULT</b>						
1:00PM	<i>LOWER OPENING BAR 2.00m Opening Height</i>						
4:00PM	<i>HIGHER OPENING BAR 3.50m Opening Height</i>						

SUN 11th	Sunday JULY 11th, 2021 Field Notes	U14	U16	U18	Masters	U20	Senior
	<b>TRIPLE JUMP</b>						
11:00AM	<i>One pit / runway closest to stands. Direction based on wind All Triple Jump at once (8 athletes total)</i>			W TJ (3)		W TJ (1)	W TJ (3)
				M TJ (1)			
	<b>HIGH JUMP</b>						
12:30PM	<i>Main Pit (8 athletes total)</i>	HJ (5W 3M)					
	<b>HAMMER THROW</b>						
10:30AM	<i>Main Cage (9 athletes total)</i>		W HT (3)	W HT (6)			
12:00PM	<i>Main Cage (7 athletes total)</i>				M HT (2)		M HT (5)
1:15PM	<i>Main Cage (7 athletes total)</i>				W HT ( 2)	W HT (2)	W HT (3)
2:45PM	<i>Main Cage (5 athletes total)</i>		M HT (1)	M HT (1)		M HT (3)	