**BC ENDURANCE CHALLENGE**

**JULY 24-25TH**

**CENTENNIAL STADIUM, UVIC**

**Events:** Exhibition 400,800, 1200, 1500, 2000, 3000, 1500SC, 2000SC, 3000SC, Distance Medley, 1500 RW, 5000 RW

The U20/Senior races will be combined, but results will be separated for each age group.

**Entries:** $20/event. All entries are due July 18th at midnight. Non-BCA members can run with a day of event entry, but the results will not be listed with Athletics Canada.

**Seeding:** Use valid seed times achieved this season. Unverified times may be seeded in the slower section. AC rankings will be used to verify times.

**Schedule:** The final schedule will be released on July 19th. The schedule is designed to allow teams to catch the last ferry home after most events, and/or come over on the Sunday morning.

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| DRAFT SCHEDULE | |
| **SATURDAY, JULY 24TH** | |
| **TIME** | **EVENT** |
| 4:30 | 800m Starting at U16 Women |
| 6:00 | 1500m U16 Race Walk |
| 6:20 | 5000 U18/U20/Senior/Masters Race Walk |
| 7:05 | 2000m Starting with U16 Women |
| 7:25 | 3000m Starting with U18 Women |
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| **SUNDAY, JULY 25TH** | |
| **TIME** | **EVENT** |
| 10:30 | 1200m Starting with U16 Women |
| 10:55 | 1500 Starting with U18 Women |
| 12:25 | Steeplechase Starting with U16 2000mSC |
| 1:25 | 400 Exhibition Women |
| 1:30 | 400 Exhibition Men |
| 1:40 | Distance Medley Starting |

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