

Please see the performance list for a list of participants in each heat/ flight.

Note that the final schedule may still be advanced or delayed by up to 15 minutes as required by circumstances arising during the meet.

4:45 pm - Boys U12 100 m Heat 1 (Round 1)

4:55 pm – Women's 200 m Heat 1

5:00 pm – Women's 200 m Heat 2

5:05 pm – Women's 200 m Heat 3

5:10 pm - Women's 200 m Heat 4

5:15 pm – Men's 200 m Heat 1

5:20 pm – Men's 200 m Heat 2

5:30 pm – Women's 800 m Heat 1 5:36 pm – Women's 800 m Heat 2

5:42 pm – Women's 800 m Heat 3

5:50 pm – Men's 800 m Heat 1

5:56 pm – Men's 800 m Heat 2

- 6:05 pm Girls U12 100 m Heat 1 (Round 1)
 - 6:10 pm Men's 100 m Heat 1 (Round 1)
 - 6:14 pm Men's 100 m Heat 2 (Round 1)
- 6:18 pm Men's 100 m Heat 3 (Round 1)
- 6:22 pm Women's 100 m Heat 1 (Round 1)
- 6:26 pm Women's 100 m Heat 2 (Round 1)
- 6:30 pm Women's 100 m Heat 3 (Round 1)

6:40 pm – Women's 400 m Heat 1

- 6:45 pm Women's 400 m Heat 2
- 6:50 pm Women's 400 m Heat 3
- 7:00 pm Men's 400 m Heat 1
- 7:05 pm Men's 400 m Heat 2
- 7:10 pm Men's 400 m Heat 3
- 7:20 pm Women's 1500 m Heat 1
- 7:28 pm Women's 1500 m Heat 2
- 7:36 pm Women's 1500 m Heat 3
 - 7:44 pm Men's 1500 m Heat 1
 - 7:52 pm Men's 1500 m Heat 2
 - 8:00 pm Men's 1500 m Heat 3

8:10 pm – U12 100 m Heat 1 (Round 2)
8:14 pm – Men's 100 m Heat 1 (Round 2)
8:18 pm – Men's 100 m Heat 2 (Round 2)
8:22 pm – Men's 100 m Heat 3 (Round 2)
8:26 pm – Women's 100 m Heat 1 (Round 2)
8:30 pm – Women's 100 m Heat 2 (Round 2)
8:34 pm – Women's 100 m Heat 3 (Round 2)

8:40 pm – Women's 3000 m Heat 1 8:55 pm – Men's 3000 m Heat 1



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5:00 pm	6:00 pm
Men's Javelin	Men's Triple Jump Women's Triple Jump *Both flights of TJ will be run consecutively*
	Women's Javelin
7:00 pm	8:00 pm
Men's Long Jump (2 pits)	Women's Long Jump (2 pits)
Women's Shot put	
Men's Shot put	
Both flights of shot will be run consecutively	