



COURSE CARAQUET

2021 Schedule

Saturday, September 4th, 2021 (at Club Plein Air de Caraquet)

6h00 pm to 8h00 pm – Bib pick-up (for all races).

Please pick up your bib on the eve of the race to avoid being stuck in line at the last minute!

Sunday, September 5th, 2021 (at Club Plein Air de Caraquet)

50 km Schedule:

4h00 am – Bib pick-up

4h45 am – Starting line instructions

5h00 am – Race start

25 km Schedule:

7h00 am – Bib pick-up

7h45 am – Starting line instructions

8h00 am – Race start

100m and 1 km (kids' races) Schedule:

7h00 am – Bib pick-up

8h15 am – 100m Race Start

8h30 am – 1 km Race Start

10 km Schedule:

7h00 am – Bib pick-up

8h45 am – Starting line instructions

9h00 am – Race start

5 km Schedule:

7h00 am – Bib pick-up

9h15 am – Starting line instructions

9h30 am – Race start

5, 10, 25, and 50 km Races:

11h00 am – Medals ceremony (medals for the first 3 males and the first 3 females)

3h00 pm – Course closure (time limit for 25 km and 50 km)

EXTRA INFORMATION

All races will take place in the trails of the **CLUB PLEIN AIR DE CARAQUET**, 52 rue du Colisée.

- Strollers and pets are prohibited on the course, due to Run NB insurance rules.
- Participants are invited to bring their water bottles or hydration packs to help us reduce the event's environmental impact. Re-usable glasses will be available at the water stations, but participants will have to fill the glass themselves in order to reduce COVID-19 contamination risks.
- Walkers and kids are advised to choose the family oriented 5 km race. It will take place on a wider trail with more secure footing than the longer races. A water station will be located at 2.5 km on the course.
- The 10 km, 25 km, and 50 km races are for more experienced runners. The trails for these races will be narrow (single-file) and challenging because of the many protruding rocks, roots, sharp turns, ups and downs, etc.
- The 10 km, 25 km, and 50 km races will take place on the same 5 km loop where there will be aid stations every 2.5 km with water and snacks. Participants can also leave drop-bags at the aid stations.
- Medals will be awarded to all participants for every race.
- The first 3 males and first 3 females of the 5, 10, 25, and 50 km races will receive specially marked medals to celebrate their accomplishments.
- To reduce COVID-19 contamination risks, there will be no meal in 2021.
- Kids' race entries are free! The 5 and 10 km cost is 25\$, the 25 km is 45\$, and 50 km is 75\$.
- Course Caraquet is a non-profit organisation led by volunteers. All proceeds will be re-invested in equipment or initiatives that will serve to ensure the survival of the organisation and/or to promote running in the Caraquet region.

For more information:

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