Hello Everyone,

We are very excited to have you all join us at Foothills Track for an exciting afternoon of racing. As we are still navigating in this COVID world the meet will look different for the athletes, officials, volunteers and spectators.

The City of Calgary has given us an Exemption to host this meet and we must follow those guidelines. We are asking for the cooperation of all involved so that this first event for our U14 and younger athletes and our Milers is a safe and enjoyable experience for all.

CURRENT PUBLIC HEALTH MEASURES

https://www.alberta.ca/enhanced-public-health-measures.aspx

"Distancing and masking requirements remain in effect"

INDIVIDUAL SCREENING for ALL ATTENDEES

Adults 18 & Over and for Children Under 18:

 $\frac{https://open.alberta.ca/dataset/56c020ed-1782-4c6c-bfdd-5af36754471f/resource/2a97f697-7c2b-40cc-9679-de087115171e/download/covid-19-information-alberta-health-daily-checklist-2021-05.pdf$

ENTRANCE

Coaches and Athletes will enter the gate by the soccer field for warm-up

Officials and Spectators will use the main entrance.

Officials will proceed to the Track area.

Spectators will go directly to the bleachers on the finish line straight.

SPECTATORS

Yes, spectators are permitted BUT, they are ONLY permitted in the permanent bleachers by the finish line. As directed in by the City of Calgary, spectators must stay seated in the indicated stands within their family group maintaining 2m distance from others at all times. Spectators are NOT permitted to walk about the facility.

We are limited to 1/3 seating capacity which means that we are asking families to refrain from bringing their full extended family with them.

MASK USE

The most recent Athletics Alberta COVID update on June 10, 2021, outlines our sport participation guidelines. https://athleticsalberta.com/june-10-2021-covid19-update/

"Outdoors, people participating in physical activities are not required to mask"

What this means for the Cheetah Invitational is that athletes will only be required to wear a mask when entering the warm-up area, leaving the warm-up area to go to the field of play and when maintaining a 2m distance from others will be difficult.

Coaches, Officials and Volunteers, we are asking that you stay masked and maintain a 2m distance from others to the best of your ability for the duration of the event.

Again this is all about following best practices and ensuring a safe and enjoyable event for all.

WARM UP AREA FOR ATHLETES & COACHES

The soccer field behind the bleachers is the designated warm-up area. This area is for athletes and coaches ONLY. Spectators (parents, siblings...) are ONLY permitted in the bleachers.

WASHROOMS

Two porta-potties will be set up behind the main bleachers for spectators. An additional one will be set up in the soccer field for Athlete and Coach use only. The main washrooms are not available for this event.

WATER

A water fountain will be located in the soccer field near the gate entrance for athletes only. Bring plenty of ice and water. A Food Truck will be on site selling snacks and drinks.

SHADE

It's going to be hot so please be prepared. Clubs will be able to set up a tent in the soccer field – only coaches and athletes are permitted in the warm-up area to set it up. Athletes can also bring umbrellas to shield themselves.

MISCELLANEOUS

Athletes must check in 30 min before their event at the Tent which is in the soccer field at the North end near the gate to the Track by the 100m start

Competition numbers must be worn on the chest

All Races are timed finals, and no starting blocks will be used

Spikes must not be longer than 6mm in length and only pyramid spikes are to be used

Throwing implements will be provided and athletes will receive 3 attempts

Long Jump – U8, U10, U12 No Board, 1m Takeoff area, 3 jumps each. Distance will be measured from take-off. U14 will use the board as is standard practice.

RESULTS/AWARDS

Results will be posted at the base of the brown tower and can also be found online at:

https://calgarytrackcouncil.com

No awards will be presented for the Mile.

U8, U10, U12 & U14 Events - Medals to the top 3 Overall (points will be tabulated after the 4 events), Ribbons to the overall 4th through 10th. No individual event awards will be presented.

Awards will be available at the completion of the event (5:00 p.m. ish). Awards for each club will be placed in a bag and ONLY the Coaches will be able to pick them up to distribute to the athletes on their team.

RACING TO ZERO Survey

For Athletes (or parents to fill out on behalf of their athlete)

 $\frac{https://docs.google.com/forms/d/e/1FAIpQLSf_meesPFZ6wHOMbpSn8xvhuYOYAJDulT53Set_5j0mhQupnbw/viewform?usp=sf_link}{}$