



2021 Foote Field Open

*Hosted by University of Alberta – Track and Field
& Green and Gold Track and Field Club*

Foote Field: 11601 68 Ave Edmonton, AB

Primary Purpose and Scope:

Planning for Foote Field Open assumes Alberta is in Stage 3 reopening of Alberta's Open for Summer Plan: <https://www.alberta.ca/enhanced-public-health-measures.aspx>

The primary objective of the 2021 Foote Field Open is to provide a competitive opportunity for high school and university aged athletes. Other age categories will be included as able once the scope of the event can be further understood. Select para events will be included. *We intend to offer all events, COVID management and university guidelines will dictate this.* Field size caps and event scope may require limits in order to meet guidelines set forth by AHS, Athletics Alberta and University of Alberta. Summer programming for U14, U12, U10 & U8 can be found at: <https://www.ualberta.ca/sport-system/sport-camps/index.html>

Timelines:

Wednesday June 23 rd	@ 4:00PM	- Entries open online
Saturday July 3	@ 4:00PM	- Entries close, and entry confirmation process begins
Monday July 5	@ 4:00PM	- Entry confirmations finalized. All non-accepted entries are refunded - Coach registration deadline
Tuesday July 6 th	@ 4:00PM	- Schedule finalized
Friday July 9 th	@ 4:00PM	- Competition begins
Sunday July 11 th	@ 3:00PM	- Competition concludes

Entries and Documents:

ALL entries must take place on Trackie.ca <http://www.trackiereg.com/FFO-2021>

Contact Us:

Meeting Manager:	Wes Moerman	wes.moerman@ualberta.ca	780.937.8963
Competition Director:	Rob Fisher	robfisher004@gmail.com	780.975.2847
Timing / Results	Vernon Schmidt	vernon@ellistiming.ca	

Short Forms / Terminology

JUMPS	THROWS	TRACK
LJ = Long Jump	DT = Discus Throw	WC = Wheelchair
TJ = Triple Jump	SP = Shot Put	SC = Steeple Chase
HJ = High Jump	HT = Hammer Throw	M = Meter (s)
PV = Pole Vault	JT or Jav = Javelin Throw	H = Hurdle (s)

Track / Hurdle Event Offerings: 2021 Foote Field Open

2021 Foote Field Open TRACK	U14 (form. Bantam)	U16 (form. Midget)	U18 (form. Youth)	U20 (form. Junior)	Senior / Open	Masters Specific	Seated / Wheelies	Para Specific
Sprints								
80m / 100m	✓ 80m	✓ 100m	✓ 100m	✓ 100m	✓ 100m	✓ 100m	✓ 100m	✓ 100m
150m / 200m	✓ 150m	✓ 200m	✓ 200m	✓ 200m	✓ 200m	✓ 200m	✓ 200m	✓ 200m
300m/ 400m		✓ 300m	✓ 400m	✓ 400m	✓ 400m	✓ 400m		
Hurdles								
Women Sprint	✓ 80m 27-30" / 7.5m b/w	✓ 80m 30" / 8.0m b/w	✓ 100m 30" 8.5m b/w	✓ 100m 33" 8.5m b/w	✓ 100m 33" 8.5m b/w	✓ ACS		
Men Sprint	✓ 80m 30" 7.5m b/w	✓ 100m 33" 8.5m b/w	✓ 110m 36" 9.14m b/w	✓ 110m 39" 9.14m b/w	✓ 110m 42" 9.14m b/w	✓ ACS		
Intermediate Hurdles	✓ 200m 27-30" / 35m b/w	✓ 200m 30" / 35m b/w	✓ 400m W-30" M- 33" /35m b/w	✓ 400m W- 30" M36" /35m b/w	✓ 400m W- 30" M36" /35m b/w			
Mid D / Long D								
800m		✓	✓	✓	✓			
1200m /1500m	✓ 1200m	✓ 1200m	✓ 1500m	✓ 1500m	✓ 1500m			
Steeple Chase		✓ 1500 no water	✓ 2000m	✓ 3000m	✓ 3000m			
Race Walk			✓ 3Km	✓ 3Km	✓ 3Km	✓ 3Km		
3000/5000m				✓ 5km	✓ 5km	✓ 5km		

Jumps, Throws, Relays Event Offerings: 2021 Foote Field Open

2021 Foote Field Open FIELD & Relays	U14 (form. Bantam)	U16 (form. Midget)	U18 (form. Youth)	U20 (form. Junior)	Senior	Masters Specific	Seated / Wheelies	Para Specific
Jumps								
Long Jump		✓	✓	✓	✓	✓		
Triple Jump		✓	✓	✓	✓			
Pole Vault		✓	✓	✓	✓			
High Jump	✓	✓	✓	✓	✓	✓		
Throws								
Shot Put	✓ 3Kg	✓ w 3kg ✓ M 4Kg	✓ w 3kg ✓ M 5Kg	✓ w 4kg ✓ M 6Kg	✓ w 4kg ✓ M 7.26Kg	✓	✓	
Discus		✓ 1Kg	✓ W 1kg ✓ M 1.5Kg	✓ W 1kg ✓ M 1.75Kg	✓ W 1kg M 2.0Kg	✓	✓	
Javelin / Ball Throw		✓ W 500g ✓ M 600g	✓ W 500g ✓ M 700g	✓ W 600g ✓ M 800g	✓ W 600g ✓ M 800g	✓	✓	
Hammer / Club		✓ W 3KG ✓ M 4KG	✓ W 3KG ✓ M 5KG	✓ W 4kg ✓ M 6Kg	✓ W 4kg ✓ M 7.26Kg	✓	✓	
Relays								
4x100m	✓	✓	✓	✓	✓	✓		

U16 / U18 / Masters Long Jump may be required to move days pending entry numbers. That decision will be made at the time of release of the final schedule (Tuesday July 6, 2021)

TENTATIVE Schedule Structure: 2021 Foote Field Open

Final Schedule made following competition of entries. Released Tuesday July 6, 2021

Age Category	Friday July 9, 2021 Tentative Start Time ~5:30PM	Saturday July 10, 2021 2-3 sessions with breaks between 1 st session Tentative Start Time ~11:00AM	Sunday July 11, 2021 1 Session with Tentative Start Time ~11:00AM End Time ~ 3:00PM
U16 & U18 + U20 & Senior	<u>Track:</u> 200m – heats/finals 1200/1500m - evening <u>Jumps:</u> Long Jump** <u>Throws:</u> Javelin Shot Put	<u>Track:</u> 100m – heats/finals 100mH/110mH – heats/finals 800m 4x100m 5000m – evening <u>Jumps:</u> Pole Vault High Jump <u>Throws:</u> Discus Throw	<u>Track:</u> 300/400m 200/400m Hurdles Steeplechase Race Walk <u>Jumps:</u> Triple Jump <u>Throws:</u> Hammer Throw
U14	1200m	80m Hurdles Shot Put 150m	200m Hurdles High Jump 80m
Masters Specific	<u>Track:</u> 200m <u>Jumps:</u> Long Jump** <u>Throws:</u> Javelin; Shot Put	<u>Track:</u> 100m; Sprint Hurdles <u>Throws:</u> Discus Throw	<u>Track:</u> 400m <u>Jumps:</u> High Jump <u>Throws:</u> Hammer Throw
Seated / Wheelies	<u>Track:</u> 100; 200m <u>Field:</u> Javelin; Shot Put	<u>Field:</u> Discus Throw	<u>Field:</u> Club Throw
Para Specific	100m & 200m		

U16 / U18 / Masters Long Jump may be required to move days pending entry numbers. That decision will be made at the time of release of the final schedule (Tuesday July 6, 2021)

Covid Mitigation

Full details of COVID mitigation will be included in the final schedule (Tuesday July 6, 2021).

Anyone with COVID related symptoms is asked to stay away. Information on symptoms and testing can be found at:

<https://www.alberta.ca/covid-19-testing-in-alberta.aspx>

Full refunds will be provided for anyone making this appropriate choice.

Participants, officials and coaches should expect a screening process to occur either on the morning of each competition or at check in.

Participants, officials and coaches should be prepared to exercise good distancing while preparing / warming up for competition. Actual competition will be conducted without distancing (ie full 8 lanes run) and masks will not be required for competition. Participants should be prepared for those contexts.

Masks are encouraged to be worn when physical distancing cannot be maintained.

Order of Events and Direction of Races

All track events will be run with FAT (FinishLynx) and will be run with assisting winds. Where possible horizontal jumps and javelin competitions will be run with assisting winds

Races will be run Fast -> Slow for all age categories

Entries, Pricing, Payment and Scratches

COACH Registration:

All coaches must register at www.trackiereg.com/FFO-2021-COACH

Deadline: Monday July 5, 2021 @ 4:00PM

Athlete Registration:

All entries must be made online at <http://www.trackiereg.com/FFO-2021>

All entry payment must be made online. A processing fee is charged and is dependent upon number of entries made. Full details available on trackiereg.ca

DEADLINE = Saturday JULY 3, 2021 @ 4:00PM

****note the earlier deadline from normal Bears and Pandas Competition Process****

Fees:

1st Event = \$30; 2nd Event = \$20 3rd Event = \$10 (for all remaining events) Relay = \$30

Scratches:

Scratches made before the entry deadline of Saturday July 3, 2021 at 4:00PM are automatically refunded. Scratches after closure of entries will not be refunded.

Performance Seeds

Standard practice would be to input a legitimate seed from April 2019 – Present. Given the nature of the pandemic we ask for honest seeds to be inputted at the time of entry.

Seed marks will be examined for peculiarities and suspect seed marks will be further examined. The Host Organizing Committee (HOC) reserves the right to adjust seeds, including issuing no seed as deemed necessary.

Age Categories and Membership

All participants must be registered members of a Provincial Athletics Association and a membership ID is required to enter. For further information about membership in Athletics Alberta, refer to:

<https://athleticsalberta.com/membership/membership-details/>

U14 – Born in 2008 and 2009

U16 – Born in 2006 and 2007

U18 – Born in 2004 and 2005

U20 – Born in 2002 and 2003

Sr. – Born in 2001 or earlier

Masters – age 35+

Equipment and Marshalling

- 1) Initial Screening required a minimum of **1 hour prior** to start of event
 - This will occur adjacent to the marshal table
 - At this time heats and sections may be reduced or combined based upon screened athletes
- 2) Track events – Check into marshal table to receive hip number **30 min prior** to scheduled start time
- 3) Field events – After screening is complete, report to event site **20 min minimum** prior to event start

Equipment

- Throwing implements will be provided. The referee must certify personal implements before they will be permitted for use during the competition. This is done at the event site up until 45min before the scheduled start time of the event
- Pole-vaulters must provide personal poles. Minimum starting height of 2.30m will be in place