

**NTFC – JD Regional / HS & PV invitational Schedule**

<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>
9:30	Discus	U16, U18	Mixed
9:30	60m H	U10,U11,U12	F, then M
9:45	80m H	U13,U14, U16	F, then M
10:00	100mH	U20F, U18F, U16M	Mixed
10:00	Shot put	U14,U13,U12,U11,U10	Mixed
10:30	High jump	U14, U16, U18, U20	Mixed
10:30	100m	U14,U13,U12,U11,U10	F, then M
10:30	Hammer	U16, U18	Mixed
11:00	100m	U16, U18, U20	F, then M
11:15	Discus	U14,U13,U12,U11	Mixed
11:30	Long Jump	U16, U18, U20	Mixed
11:30	600m	U12,U11,U10	F, then M
11:45	800m	U14,U13	F, then M
12:00	800m	U16, U18, U20	F, then M
12:00	Javelin	U16, U18, U20	Mixed
12:00	Shot put	U16, U18, U20	Mixed
12:15	1500m RW	U16,U14	F
12:15	Pole Vault	U16, U18, U20	Mixed
12:30	800m RW	U13,U12,U11,U10	Mixed
1:30	Long Jump	U14,U13,U12,U11,U10	Mixed
2:00	800m (PENT)	U16, U20	F
2:10	1000m (PENT)	U16	M
2:30	200m	U16, U18, U20	F, then M

Schedule Subject to Change:

Version 1.1 current as of June 21. 2021