



Events for 2021 Kamloops Open Invitational

DATE: July 9-10, 2021

Events

Friday (tent. start 5:00 pm)	Saturday (start 10:00 am)
60m (9-11)	200m (11+)
100m (all)	300m (11-15)
400m/400mH (U18+)	1000m (9-11)
600m (9-11)	1200m(12-15)
800m (12+)	1500m (U18+)
3000m (16+)	60mH/80mH (9-11/12-13)
High Jump (all)	100m Hurdles (M15, W16-Sr)
Triple Jump (13+)	110m Hurdles (M16-Sr)
Javelin Throw (10+)	Long Jump (all)
	Pole Vault (13+)
	Hammer Throw (12+)
	Shot Put (all)