

## Toronto Open Prep Meet 1

<b>Time</b>	<b>Event</b>
10:00am	Open and AMB Shot Put
10:15am	Seated Discus
10:30am	Mixed Open Long Jump
10:45am	Seated Shot Put
11:15am	Open and AMB Discus
12:00pm	Mixed Open Triple Jump
1:15pm	WC 100m
1:20pm	Open Women 100m
1:25pm	Open Men 100m
1:40pm	WC 800m
1:50pm	Open Women 1500m
1:55pm	Open Men 1500m
2:30pm	WC 400m
2:45pm	WC 100m Final
2:50pm	Open Women 100m Final
2:55pm	Open Men 100m Final