

RUNNERS' EDGE AND THOROLD ELITE TC

Present

1st Annual

EDGE ELITE DISTANCE NIGHT 1



Wednesday June 30, 2021

**Welland Centennial Secondary School
240 Thorold Rd
Welland, ON
L3C 3W1**

TECHNICAL PACKAGE



EDGE ELITE DISTANCE NIGHT 1



Wednesday June 30, 2021

Location: Welland Centennial Secondary School
240 Thorold Rd, Welland, ON, L3C 3W1

Parking at the back of the school near the track. Parking lot is off of Centennial Dr.

Hosted by: Runners' Edge and Thorold Elite TC

Sanctioned by: Athletics Ontario

Meet Directors: Steven Fife thoroldelitetc@gmail.com
Benny Ralston bennyralston@gmail.com

Entries Chairperson: Steven Fife thoroldelitetc@gmail.com

Health & Safety Officer:

Eligibility: Athletes registered with Athletics Ontario, Minor Track Association, Ontario Masters Association

**All athletes must be registered with Provincial Sport Organization.
No non-members permitted.**

Regular Deadline: Sunday June 27, 2021 @ 11:59 pm

Late Deadline: Tuesday June 29, 2021 @ 12:00 pm
Entries received after this deadline may be accepted at the discretion of the meet directors and only if maximum field sizes are not reached.

Entry Fees: \$20 per event

An additional \$5.00 processing fee applies to all late entries.

Online Registration: www.trackiereg.com/EdgeElite1
All entries are to be completed online at Trackie

Waiver: Mandatory for all athletes and to be completed online

Age Divisions: All ages eligible. All events will be open category.

Number of Attempts: All athletes in all throws and horizontal jumps will receive six attempts.

Washrooms:

Please be aware that there are no washrooms available on site. However, there is a Tim Hortons directly beside the location with public washroom access.

IMPLEMENTS & WEIGH IN

- Athletes are required to bring their own implements and implements are not to be shared.
- Athletes are required to retrieve their own implements.
- Implements will not undergo an initial weigh-in; however, In the case of a record broken, implements will be subject to further inspection.



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Tentative Schedule



- Schedule will be adjusted based on entry numbers in each event
- A Final schedule as well as Heat/ Flight lists will be sent out on the evening of Wed May 26
- Final schedule may still be advanced +/- 15 minutes as required

Time	Track	Javelin	Shot put	Jumps
4:15 pm	Registration/ facility opens for initial warm-ups			
5:00 pm	Girls 200 m	Boys Javelin		Girls Long jump
5:30 pm	Boys 200 m			
6:00 pm	Girls 1000 m	Girls Javelin		Boys Long jump
6:30 pm	Boys 1000 m			
7:00 pm	Girls 400 m		Boys Shot put	
7:30 pm	Boys 400 m			
8:00 pm	Girls 1500 m		Girls Shot put	Mixed Triple jump
8:30 pm	Boys 1500 m			

COVID Notes:

- All participants (athletes, coaches, officials, volunteers, and spectators) will be required to complete a COVID pre-screening attestation prior to entering the facility. If you are experiencing any symptom of COVID-19 or have had close contact with anyone with COVID-19 or have been out of the country within the last 14 days, you MAY NOT participate or enter the facility.
- **Coaches and spectators are required to register in advance at TrackieReg.com/EdgeElite1Coaches**
- Only registered coaches will be permitted access to the facility. Spectators must remain outside of the fenced area.
- Physical distancing must be maintained at all times. All participants are encouraged to wear a mask when physical distancing is not possible. (*Athletes do not wear a mask when warming up or competing*).
- All Return to Competition guidelines will be followed with respect to health, safety, and sanitation. A Health & Safety officer will be appointed to ensure compliance.
- Athletes are required to bring their own implements and implements are not to be shared. Any request to use a club implement must be made well in advance and is not guaranteed. If any implement is used by more than one athlete it is to be properly sanitized between uses.
- Athletes are required to retrieve their own implements.
- Athletes in long jump and triple jump must wash their hands in between jumps or after making contact with the sand. There will be sanitizer available at the site of competition but you are encouraged to bring your own.
- Sprint events will be run with a blank lane between competitors and blocks will be sanitized between use.
- Distance events starts may be adapted to promote further separation between the competitors on the start line while still maintaining the integrity of a highly-competitive race.