



## Delta Pickleball Assoc.

### Novice Introduction to Pickleball

What is pickleball and how do I get started ? Let the fun begin.

So if you've watched a few games, possibly have some experience with other paddle or racquet sports (tennis, badminton, racquetball, squash, table tennis), watch some YouTube beginner videos, and hit the ball around a little, you may want to take a free DPA lesson. You will need to first join our association (insurance reasons). Just click on the 'join/renew' button on our webpage.

We have put together some very valuable information to get you started out on the courts and on your way to having too much fun. Here are a few short YouTube videos to watch. If you watch these then you will know what we are talking about at the session. Please do so as then we can spend time on courts hitting the ball. There are 1,000's of videos out there on pickleball so go ahead and watch away. But if you don't want to get too overloaded, check out the links on the following page.

You just need to wear good court shoes with non-marking soles, bring some water, appropriate outdoor clothes for the day, and a sense of good fun. We have paddles, balls and all that is needed to try for the lesson.

For local details concerning Pickleball in Delta, and lots of other helpful information see our website: [www.deltapickleball.org](http://www.deltapickleball.org)

And we will be following Covid safety *and ask that you are vaccinated.*

## **Pickleball Videos - Homework before Beginners Lessons**

### **Introduction to Pickleball**

[www.youtube.com/watch?v=WLWj2LXecHU](http://www.youtube.com/watch?v=WLWj2LXecHU)

[www.youtube.com/watch?v=fTvPYdKZq00](http://www.youtube.com/watch?v=fTvPYdKZq00)

### **Non-Volley Zone or Kitchen Rule**

[www.youtube.com/watch?v=xGfLXDTzJck](http://www.youtube.com/watch?v=xGfLXDTzJck)

[www.youtube.com/watch?v=QacxhVqHzvY](http://www.youtube.com/watch?v=QacxhVqHzvY)

### **Scoring**

[www.youtube.com/watch?v=eMEpFipIdrk](http://www.youtube.com/watch?v=eMEpFipIdrk)

### **Court Lines - Ball in or out**

[www.youtube.com/watch?v=vSn5Kcjnt7k](http://www.youtube.com/watch?v=vSn5Kcjnt7k)

## **From the 'Additional Documents' section of our website:**

- [Guide to Player Play Levels](#)
- [Delta Pickleball Assoc. Mission Statement, Etiquette, & Code of Conduct](#)
- [Sandy's Pickleball Shopping Secrets](#)
- [Buy n Sell \(used paddles & stuff\)](#)
- [Pickleball Paddles 101](#)
- [DPA Spring 21 Newsletter](#)

### **How to Use a Paddle Rack**

When you show up, how do you get into a game?

[www.youtube.com/watch?v=jub4CxpLAyc](http://www.youtube.com/watch?v=jub4CxpLAyc)

### **How and What Gear to get**

Lots of great guides and places On DPA website

See the links above

## Safety Glasses

These are not mandatory, but highly encouraged

## Pickleballs

There are many types, weights, and stiffness - but the main differences are the larger holes for indoor balls, and the smaller ones for outdoor balls.

## Court Scheduler

Where to show up to find a game? **“Play Time Scheduler”** is not the only way, but a good start. It is *not* a court reservation system, but rather a way to meet with similar level players and make sure there are a minimum of four players. You will need to set up a free account to use this service.

[playtimescheduler.com/login.php](http://playtimescheduler.com/login.php)

The DPA Club website has schedules posted under the “Delta Courts” tab so you can check for our dedicated DPA lessons, events, and playing times at each of the Delta club venues.

There also is an actual booking scheduler program **“Sign Up Genius”** which we use for Lessons, clinics, and special events - these are all sanctioned events which you can sign up for. You might want to set up a free account now, so you will be ready to book Lessons, Skills & Drills, and other planned sessions.

<https://www.signupgenius.com/go/508094badaf22a6f94-lessons>

## How to set up a Portable Net

Many mixed use courts have City of Delta lock boxes with portable nets. The lock code is available by calling the City of Delta number on the side of the box. Please be nice to this equipment as we want it to last.

<https://www.youtube.com/watch?v=-4nSOXUPrG0>

Video edit - My suggestion is put the middle net post in last. And for take down, please leave posts in the net, fold in half, and roll net. Net height should be 34” in the middle and 36” on side lines. A measure stick should be boxes with nets.