



Come Try It - Throws!

Have you always wanted to throw around heavy things?

Well here's your chance! No experience necessary.

When:

Tuesday, June 22 and July 13

5-7:30pm

Where:

Rollie Miles Athletic Park

Who:

Age 12 and up, para and able-bodied athletes welcome

What:

Shot Put, Discus, Hammer, Javelin, Seated Shot Put (para)



Registration: FREE at TrackieReg.com/cometryitthrows

Contact edmontontfc@gmail.com for more info.