KAJAKSTFC

2021 PERFORMANCE TRIAL #4



MEET INFORMATION

Date: Sunday, April 18th, 2021

Location: Clement Track & Collier Throwing Center

Events: 100m / 200m / 400m / 1200m / 3000m / SMR (200-200-400-800) / Long

Jump / High Jump / Triple Jump / Javelin Throw / Hammer Throw

Participants: Open to KajaksTFC athletes U16 – U22

For select events only (in Red), Canadian Sport Institute (CSI) Targeted

Athletes.

Registration: Link: http://www.trackiereg.com/21PerformanceTrial4

Entries Due: Thursday, April 15th 2021 @ 11:59 pm – No Day of Event

Entry Fees: \$10.00 for non-KajaksTFC athletes. KajaksTFC athletes please contact

Karen at info@kajaks.ca for discount code.

Throwing Events: Any Non-KajaksTFC/CSI targeted athletes wishing to compete must

bring their own implements to compete. No implements will be

provided.

High Jump: Any Non-KajaksTFC/CSI targeted athletes wishing to compete must

bring their own tarp to be used during the event. Athletes will be required to install and remove the tarp before and after each attempt.

Provincial Health Orders: We will be abiding by all viaSport and BC Athletics provincial health

orders. Athletes must bring all necessary PPE for use during the meet.

Any deviation from these procedures will result in immediate

disqualification from the event.

Contacts: Garrett Collier (headcoach@kajaks.ca)

Karen Fisher Hagel (info@kajaks.ca)

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* TENTATIVE *

Track Events	
10:00 AM	3000m
10:30 AM	100m
11:00 AM	1200m
11:30 AM	200m
12:00 PM	Sprint Medley Relay (200m/200m/400m/800m)
1:00 PM	400m

Field Events	
12:00 PM	Triple Jump
12:30 PM	Javelin
	Javelin – CSI only
1:30 PM	Hammer
	Hammer – CSI only
2:30 PM	Long Jump
3:00 PM	High Jump
	High Jump – CSI only