**PARTICIPATION WAIVER**

EVENT PARTICULARS: Miramichi River Runners 5 km Road Race (the “Race”) organized by Miramichi River Runners (the “Race Organizers”)

**Understanding of Risk and Release of Responsibility**:

I understand that participating in a road race is a potentially dangerous event. Further, the weather, footing and vehicle traffic conditions may be adverse and greatly increase the danger. I certify that I am medically fit to participate without risk to myself or others. I understand that I am totally responsible for my own safety. In consideration of my being permitted to participate in the Race, I hereby remise, release and forever discharge, waive and save harmless, protect and indemnify the Race Organizers, Athletics Canada, Athletics New Brunswick, Sport New Brunswick, Run New Brunswick, any and all clubs, associations, sanctioning bodies, sponsors, participants, competitors, entrants and all respective agents, officials, volunteers, servants, and representatives from and against any and all kinds of action claims, costs and expenses and demands in respect of death, injury, loss or damage to my person or property howsoever caused as a result of my being permitted to attend or in any way take part prior to, during or subsequent to the Race, whether as an entrant, competitor, spectator or otherwise, not with-standing that some may have been contributed to or occasioned by the negligence of any of the afore-said, their agents, officials, servants or representatives. Further, I hereby grant permission to any of the above to disseminate photographs or other race result information to the public; through any medium they so choose, from time to time. **I also understand that while precautions have been taken to minimize the risk of infection with COVID-19, the risk is not nil. I agree to adhere to infection control measures outlined by the Race Organizers.** By submitting this entry, I acknowledge having read, understood and agreed to the above. This document will bind my heirs, executors, administrators, successors, and assigns.

In addition to general New Brunswick Public Health guidelines for hand-washing, respiratory hygiene and physical distancing, I hereby agree to adhere to the following race-specific guidelines:

1. I will wear a face mask covering the nose and mouth before the race, at the start line and after the race.
2. I will refrain from expelling or dispersing any bodily fluids (Spitting, uncovered nose-blowing).
3. When passing another runner during the race, please say “passing.” The slower runner should move left. The faster runner should move right, creating as much distance as is safe.

Name of Participant/Volunteer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact Details (phone/email): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Parent or Guardian if runner is under 19 years of age)

Date: April 25,2021

**DECLARATION OF HEALTH**

1. I hereby certify that I do not have any of the following symptoms:
* fever
* new cough or cough that is getting worse
* sore throat
* runny nose
* headache
* diarrhea
* loss of taste or smell
* new onset of muscle pain
* new onset of fatigue
* purple markings on the fingers or toes (for children)
1. I have not had contact with a confirmed case of COVID-19 in the last 14 days.
2. I have not been diagnosed with COVID-19 in the last 14 days.
3. I have not returned from travel outside of the Atlantic province within the last 14 days.
4. I have not been told by Public Health to self-isolate in the last 14 days.
5. I have not been in close contact with a person with a respiratory illness who has travelled outside of the Atlantic Provinces within the last 14 days.

Name of Participant/Volunteer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact Details (phone/email): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Parent or Guardian if runner is under 19 years of age)

Date: April 25,2021 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_