

Schedule for Jennifer Rogers Swan 2021

Friday, April 16th & Saturday, April 17th, 2021

Valley Royals,

This is a Sanctioned Event for In-Club Youth Performance Trials - Results are Official

Friday PM	Track	Throws	Jumps
3:00	SPECTATORS NOT PERMITTED IN THROWS ZONE OR POLE VAULT ZONE	Signs & Flagging	Signs & Delineators
4:00		Hammer	Pole Vault
		M&F U16 to U22	M& F U22 & under
5:30		Discus	
		M&F U16 to U22	
7:00			

SPECTATORS NOT PERMITTED ON ROTARY STADIUM GROUNDS ON SATURDAY

Saturday	Track	Shot Put Area	Jumps
8:00	Signs & Flagging	Signs & Flagging	Signs & Delineators
Saturday 9:00 to 11 AM			
9:00	1500 m U22, U20, U18	Warm Up Zone for Track Athletes	Long Jump Age 10
9:30	1200 m U14, U16		Long Jump U18
10:00	1000 m Age 11		
10:30	1000 m Age 9, 10		
One Hour Break for GENERAL SANITIZING (11:00 AM to 12:00 Noon)			
Saturday 12:00 to 2:00 PM			
12:00	100 m U22	Warm Up Zone for Track Athletes	Long Jump Age 9
12:15	100 m U20		
12:30	100 m U18		Long Jump U20, U22
12:45	100 m U16		
1:00	100 m U14		
1:15	100 m Age 11		Long Jump U16
1:30	100 m Age 10		
1:45	100 m Age 9		
One Hour Break for GENERAL SANITIZING (2:00 to 3:00 PM)			
Saturday 3:00 to 5:00 PM			
3:00	300 m U14	Warm Up Zone for Track Athletes	Long Jump Age 11
3:30	300 m U16		Long Jump U14
4:00	400 m U18		
4:30	400 m U20, U22		
5:00			

Thanks for participating! If everyone could put litter in the trash cans provided that would be appreciated.

Athlete Age is as of the end of this calendar year (how old you will turn on your Birthday this year)

Age Categories for JDs

Age Categories

9 Age 9	U16
10 Age 10	U18
11 Age 11	U20
U14 Age 12 & 13	U22

Track events will be run as stated for age, first girls then boys

Genders and Ages may be combined when space/lanes allows (Results separated out by gender)

Abbotsford

Volunteers
Set Up Crew Safety Check-In & Touchpoint Cleaning
Take Down Crew

Volunteers
Set Up Crew
Safety Check-In & Touchpoint Cleaning Track Belongings Security Volunteers
Safety Check-In & Touchpoint Cleaning Track Belongings Security Volunteers
Safety Check-In & Touchpoint Cleaning Track Belongings Security Volunteers
Take Down Crew
It would be great!

var)

for Youth

Age 14 & 15

Age 16 & 17

Age 18 & 19

Age 20 & 21

Age Category)