

Hello Athletes, Coaches, Parents:

As you are all aware, track and field along with all sport operates a bit differently since the Covid19 pandemic. We are excited that it looks like we will have the opportunity to have a modified 2021 Indoor season, with some challenges and unknowns. We are confident we can work through these challenges and provide an opportunity for athletes to compete while respecting public health guidelines. We ask for your patience and cooperation in helping make these events as smooth as possible given the circumstances. Please see below for initial information. While this covers most of the information, there may be additional pieces as we get closer to the events.

All athletes must be members of a provincial branch to compete. Athletics NS has introduced an Indoor Season membership at the rate of \$40 from October 1-April 30

Athlete must have signed their Athletics Canada Covid waiver via TrackieREG – if you need the link please email our office at [athletics@sportnovascotia.ca](mailto:athletics@sportnovascotia.ca)

Athletes must bring completed Covid Questionnaire with them and hand it in at registration

There will be no spectators allowed at the track level due to space restrictions at the facility

There will be a coaches section near the entrance of the fieldhouse. Coaches will NOT be allowed at any other areas around the track. (Exception for HJ) This is a required change in order to allow more athletes on the track at any given time.

Athletes will only be permitted to compete in 1 event per meet

Due to these limits which will greatly increase the time required, it is possible that events are limited in some cases

Coaches must always always wear a mask

Athletes must wear a mask when entering and exiting the building and while not performing activity

Due to all of these new procedures and unknowns, please be prepared for changes after final entries are received