



2nd PACIFIC KARATE e-CHAMPIONSHIPS

MARCH 14, 2021 from 9AM

BROADCAST: KARATE BC YOUTUBE CHANNEL

OPEN WORLDWIDE

SANCTIONED BY



KARATE BC

PRESENTED BY

ZONE 6
Vancouver Island
Karate Society

**2 FULL CATEGORIES WITH DIVISIONS:
TRADITIONAL KATA
KUMITE COMBOS**

**COMMEMORATIVE
AWARDS!**

Entry Fee:
CAD\$20 first event,
CAD\$10 each additional event
(+CAD\$1 for non-KarateBC registered competitors)

ONLINE REGISTRATION WINDOW:

January 15 ~ March 1, 2021 11:59pm

www.trackiereg.com/2ndPacificKarateEChamp

BE The PACIFIC KARATE eCHAMPION!

All karate clubs worldwide are warmly invited to participate in the “2nd Pacific eChampionships”, to be web broadcast via YouTube on Sunday, March 14, 2021.

The Pacific eChampionships has divisions for kata and kumite athlete of all ages and abilities;

Traditional Kata

Kobudo Kata

Para-Kata

E-Kumite

All video performances are pre-judged prior to the broadcast date using modified World Karate Federation (WKF) rules.

To make sure anyone can easily view the competition, all the division videos will be broadcast back to back on the Karate BC YouTube channel, with each athlete's final scores instantly being announced at the end of their video. Fun color commentary by live commentators is also planned, and the competition will be automatically archived for viewing anytime in the future.

There are several awards to be won!

1. PDF award certificate to be emailed to all athletes; 1st, 2nd, 3rd, 4th and participant
2. Optional physical award for athletes who would like a memento for an extra fee.
3. Top athlete awards to be mailed;
 - a. Overall Male Athlete based on highest kata & kumite results
 - b. Overall Female Athlete based on highest kata & kumite results
4. Top clubs awards to be mailed;
 - a. Top Kata Club Champions
 - b. Top Kumite Club Champions
 - c. Overall Club Champions

The 2nd Pacific eChampionships is being hosted by the Vancouver Island Karate Society (VIKS), which is Zone 6 of the 8 sport zones in British Columbia. The VIKS organizing committee kindly thanks the participating athletes, club instructors, zone volunteers, officials, Karate BC and event sponsors for helping to host this exciting event!

While we all look forward to seeing athletes, instructors, volunteers and officials again at our karate community's exciting in-person tournaments, let's continue to be creative in offering online events to help improve athlete's skills so they will be more than ready to compete after the pandemic is over.

Sincerely,

Richard Mosdell
Vancouver Island Karate Society, president

Richard Jane
Tournament director

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2nd Pacific Karate eChampionships

YouTube Broadcast, Karate BC channel

WEB BROADCAST DATE Sunday, March 14, 2021, 9am PST
[Karate BC YouTube channel](#)

REGULAR FEES - deadline Monday, March 1

All athletes: \$20 first event \$10 each additional event
Non-Karate BC members: \$1 extra

Optional physical award, price based on home address;
\$5 Canada \$10 United States \$15 International

REGISTRATION www.trackiereg.com/2ndPacificKarateEChamp

MAXIMUM NUMBER OF ENTRIES: 250 individual athlete entries, then registration is closed.

EASY 1-STEP REGISTRATION PROCESS

Register on Trackie and upload TWO “traditional kata” videos and/or ONE “E-Kumite” video.

When choosing a club, please check the drop down listing first if your club is already included before adding a new club name.

Video Verification Process

Organizing committee will verify all submitted videos prior to the date of the event to ensure that they meet the required specifications.

Participants whose submitted videos do not meet the required specifications will be notified by email no later than **Wednesday, March 3, 2020**, indicating the reason(s) their video was not accepted.

RULES: WORLD KARATE FEDERATION with some modifications

[WKF kata & kumite rules 2020](#) *

Kobudo (weapons): [Karate BC Kobudo Competition Rules and Divisions](#)

*Rule modifications are explained below.

EQUIPMENT REGULATIONS

Kata White karate uniform and personal belt (any color) worn as per the WKF rules

Kumite White karate uniform and personal belt (any color) worn as per the WKF rules
WKF style blue, red or white gloves (blue, red, or white shin guards optional)

BROADCAST SCHEDULE

The final competition schedule for the order of divisions will be emailed to all athletes 24-48hrs prior to broadcast. Be advised divisions may run one hour plus or minus the first posted start times.

“TRADITIONAL KATA”

1. **SUMMARY:** Karate athletes register with TWO pre-recorded kata video performances of two different kata. Prior to the tournament broadcast, officials judge every category. Event organizers then prepare the videos with final scores for one streaming online broadcast which allows for almost zero breaks between videos.

The athlete performances must be new and only for this competition, therefore at the beginning of each video, the athlete is required to state “2nd Pacific eChampionships”.

2. **SCORING:**

Division of 2 to 5 athletes, 1 round only

Division of 6 or more athletes, 2 rounds

Round 1 - officials score every athlete’s first kata to determine the first to last ranking.

Round 2 - based on the round 1 rankings, the top 4 ranked athletes are in the final with officials judging their 2nd kata to determine the final placements of 1st, 2nd, 3rd and 4th.

3. **JUDGING:**

Official’s faces and comments are not recorded for broadcast.

Only their scores are collected before the web broadcast.

Both rounds use the WKF kata scoring system.

4. **KATA LIST:**

The purpose of a kata list is to increase fairness within divisions of similar levels.

Athletes or club instructors with any questions about which kata are foundational are free to contact the organizing committee before registration & video upload.

- a. **NOVICE DIVISIONS**

Kata 1: Foundational kata: any Kihon, Pinan, Heian, Gekisai, etc

Kata 2: Foundational kata: any Kihon, Pinan, Heian, Gekisai, etc

- b. **INTERMEDIATE DIVISIONS**

Kata 1: Foundational kata: any Kihon, Pinan, Heian, Gekisai, etc

Kata 2: Any WKF free kata

- c. **ADVANCED & ELITE DIVISIONS**

Kata 1: Any WKF free kata

Kata 2: Any WKF free kata

5. **KATA Scoring Criteria**

TECHNICAL SCORE (TOTAL : 70%)

a. Stances

b. Techniques

c. Transitional movements

ATHLETIC SCORE (TOTAL : 30%)

a. Strength

b. Speed

c. Power

- d. Timing
- e. Correct breathing
- f. Focus (KIME)
- g. Conformance

Conformance: Consistency in the performance means the basics (kihon) of the style (ryu-ha) in the kata. For example, all stances are performed the same size and all blocks performed the same height and position, etc.

Each official scores technical and athletic from 5.0 to 10.0 in 0.2 increments, with the average being 7.0, then the percentage multiplier of 70% for technical and 30% for athletic is applied.

Ties are resolved as per WKF rules.

“E-KUMITE”

1. SUMMARY: Kumite athletes register with ONE pre-recorded kumite video performance.

A continuous kumite performance is 9 required drills towards a stationary target (kicking stand, BOB stand, heavy bag) or a stationary medium-sized ball held by a partner at full arms length and at head height (i.e. soccer ball, volleyball, dodgeball, etc).

The video operator announces the 9 drills one at a time for the athlete to perform.

The athlete performances must be new and only for this competition, therefore at the beginning of each video, the athlete is required to state “2nd Pacific eChampionships”.

2. ACTUAL PERFORMANCE:

Video Operator records the performance with a stationary camera at a 90 degree angle view to where the athlete performs the drills in order to see the drills directly from the side.

To start, athlete faces the camera and announces “2nd Pacific eChampionships”, then turns to stand in a natural ready position stance (*hachiji dachi* or *shizen dachi*) facing the stationary object 1 to 2 metres away while waiting for the Video Operator to call out the drill names.

Video operator paces the athlete’s performance by calling out each drill for the athlete to perform. The athlete does not start the drill until the video operator announces it.

When the video operator announces a drill, the athlete transitions to a fighting stance, engages with the target to complete the drill, then withdraws backwards to finalize their scoring attempt. After each drill is completed, the athlete returns to the standing up, arms down ready position to wait for the next drill to be called out, just like in regular kumite competition waiting for the official to announce the awarding of a point.

Drill 1: Any 1 scoring punch

Drill 2: Any different 1 scoring punch

Drill 3: Any 1 leg scoring kick

Drill 4: Any different 1 leg scoring kick

Drill 5: Any combination of 2 or more scoring punches

Drill 6: Any different combination of 2 or more scoring punches

Drill 7: Any combination of 2 or more scoring punches & kicks, or 2 or more scoring kicks, that finishes with a scoring kick

Drill 8: Any different combination of 2 or more scoring punches & kicks, or 2 or more scoring kicks, that finishes with a scoring kick

Drill 9: “Freestyle”, meaning any 10 or more scoring punches and kicks that lasts approximately 10 seconds. Athletes should appear continuously engaged correctly scoring techniques on the target, re-adjusting to different positions to begin another scoring attack. Bouncing in one place for long moments (over 5 seconds) will be considered a deduction in points by the officials.

Athletes individually decide on the actual techniques for each drill based on the above criteria. This freedom to determine exact scoring techniques allows athletes and their club instructors to decide an individual’s best scoring skills.

3. CONTACT CONTROL: No contact on the target is allowed. The athlete treats the stationary object like a real kumite opponent as per the WKF rules and ALL athletes must stop scoring punches & scoring kicks approximately 10 centimetres from the front or side of the object to demonstrate greater control.

For a stationary kicking stand, the athlete aims at the head and middle level target areas, to the front & the side, about 10cm away.

For a stationary ball held at arm’s length at head height by a partner, the athlete aims all scoring techniques in front or beside the ball, about 10cm away

4. KUMITE SCORING CRITERIA:

TECHNICAL SCORE (TOTAL: 50%)

- a. Good form
- b. Sporting attitude
- c. Vigorous application

ATHLETIC SCORE (TOTAL: 50%)

- a. Strength (Vigorous application, Sporting Attitude)
- b. Speed (Vigorous application, Sporting Attitude)
- c. Balance (Good form, Awareness)

d. Awareness (ZANSHIN)

e. Good timing

f. Correct distance

Good form:

Correct: No signalling of attack intention, good technique chambering (beginning), full extension of punch/kick (middle) and complete technique retraction without 'dropping' the technique (end).

Keeping hands up, good posture, light and intentionally balanced body position.

Incorrect: Unintentionally/continuously dropping guard, poor posture or a stance that inhibits good movement.

Telegraphed/pulled back arm or leg, swinging kicks/punches, poor extension/overextension of technique and dropping the hands/legs immediately after striking the target.

Transitional movements (Good form, good timing)

Correct: Clean, intentional footwork between distances, smooth changes between effective techniques and good feints to stance switchups.

Incorrect: Shuffling and 'heavy' footwork, stop-start changes in positions and punching on-the-spot without moving forward.

Timing (Correct distance, Awareness).

Correct: Striking while transitioning through the distance of best effect towards the target and judging the timing delivery of a technique.

Incorrect: Moving too close or far away from the target, striking after finishing a movement (not using the potential energy from momentum) and poor fake-out timing.

Control (Correct distance, Awareness, Vigorous Application) Self-explanatory.

Focus (Awareness, Sporting Attitude):

Correct: Treating the target as an opponent who can counter attack by staying engaged in the drill at all times.

Incorrect: Continuously looking away from target, mentally disengaging from the drill and looking away on moment of technique impact/retraction.

Conformance: Athletes correctly perform the e-kumite drills prescribed techniques.

SCORING:

Division of 2 to 5 athletes, 1 round only

Division of 6 or more athletes, 2 rounds

Round 1 - officials score every athlete's first kata to determine the first to last ranking.

Round 2 - based on the round 1 rankings, the top 4 ranked athletes are in the final with officials judging their 2nd kata to determine the final placements of 1st, 2nd, 3rd and 4th.

Each official scores technical and athletic from 5.0 to 10.0 in 0.2 increments, with the average being 7.0, then the percentage multiplier of 70% for technical and 30% for athletic is applied.

Ties are resolved as per WKF rules.

VIDEO REQUIREMENTS

Competitors are reminded to select a safe location to perform and record their video(s), and to comply with all applicable COVID-19 related laws and restrictions.

Technical Specifications

- a. The entire body of the competitor, from their head to toe, must be visible throughout the performance.
- b. Include 5 seconds to the video at the beginning and at the end of the performance. The competitor should simply stand in the ready position before and after their performance.
- c. The recording must take place in a location with adequate lighting that permits the competitor's face to be visible when the competitor is facing the camera.
- d. KATA VIDEO: At the start of the performance, the camera should preferably be placed directly in FRONT of the athlete, with a maximum camera position angle of 45 degrees in each direction from the front of the competitor. The camera must not be positioned behind, or to the side of the competitor at the start of the Kata performance.

At the start of the video, the athlete must turn their face towards the camera to announce "2nd Pacific eChampionships".

E-KUMITE VIDEO: At the start of the performance, the camera should preferably be placed directly to the SIDE of the athlete. The athlete has to be visible for the whole performance and the view of the athlete can not be blocked by the stationary kicking stand or stationary partner.

At the start of the video, the athlete must turn their face towards the camera to announce "2nd Pacific eChampionships".

- e. No edits of any kind are permitted to be made to the video. The entire performance must be recorded using a single camera, and in a single, continuous take.
- f. A minimum video resolution of 720p (1280x720) is required. Most smartphones are capable of recording at this resolution. Maximum 250mb per upload.
- g. Sound must be recorded in conjunction with the video. The recording must take place in a location with minimal ambient noise.

h. The video must be filmed in the horizontal format.

STYLE CHARTS FOR DIVISIONS

The following table indicates kyu levels for each belt of different styles. Other styles are welcome, please contact the organizing committee if needing help on which divisions to register.

DIVISIONS	CHITO/SHITO	GIMA-HA	WADO	GOJU	SHOTOKAN
Novice	6-5	10-7	8-7	10-8	9-8
Intermediate	4-3	6-4	6-4	7-4	7-4
Advanced	2-1	3-1	3-1	3-1	3-1
Black: Recreational & Elite	All Dans	All Dans	All Dans	All Dans	All Dans

2nd Pacific Karate eChampionships - Divisions

Some divisions might be combined depending on the number of athletes registered.

Female Divisions			
	Female - Kata		Female - Kumite
1	Girls 7 & Under - Kata All belts	22	Girls 7 & Under - Paddle Kumite All belts
2	Girls 8/9 - Kata Novice	23	Girls 8/9 - Kumite Novice
3	Girls 8/9 - Kata Intermediate	24	Girls 8/9 - Kumite Intermediate
4	Girls 8/9 - Kata Adv/Black	25	Girls 8/9 - Kumite Adv/Black
5	Girls 10/11 - Kata Novice	26	Girls 10/11 - Kumite Novice
6	Girls 10/11 - Kata Intermediate	27	Girls 10/11 - Kumite Intermediate
7	Girls 10/11 - Kata Adv/Black	28	Girls 10/11 - Kumite Adv/Black
8	Girls 12/13 - Kata Novice	29	Girls 12/13 - Kumite Novice
9	Girls 12/13 - Kata Intermediate	30	Girls 12/13 - Kumite Intermediate
10	Girls 12/13 - Kata Adv/Elite	31	Girls 12/13 - Kumite Adv/Elite
11	Girls 14/15 - Kata Novice	33	Girls 14/15 - Kumite Novice
12	Girls 14/15 - Kata Intermediate	34	Girls 14/15 - Kumite Intermediate
13	Girls 14/15 - Kata Adv/Elite	35	Girls 14/15 - Kumite Adv/Elite
14	Girls 16/17 - Kata Novice	37	Girls 16/17 - Kumite Novice
15	Girls 16/17 - Kata Intermediate	38	Girls 16/17 - Kumite Intermediate
16	Girls 16/17 - Kata Adv/Elite	39	Girls 16/17 - Kumite Adv/Elite
17	Women 18yrs & up - Kata Novice	41	Women 18yrs & up Kumite Novice
18	Women 18yrs & up - Kata Intermediate	42	Women 18yrs & up Kumite Intermediate
19	Women 18yrs & up - Kata Adv/Elite	43	Women 18yrs & up - Kumite Adv/Elite

20	Masters Women 35yrs & up - Kata Nov/Int	45	Masters Women 35yrs & up - Kumite Nov/Int
21	Masters Women 35yrs & up - Kata Adv/Elite	46	Masters Women 35yrs & up - Kumite Adv/Elite
Male Divisions			
	Male - Kata		Male - Kumite
47	Boys 7 & Under - All Belts Kata	68	Boys 7 & Under - Paddle All Belts Kumite
48	Boys 8/9 - Kata Novice	69	Boys 8/9 – Kumite Novice
49	Boys 8/9 - Kata Intermediate	70	Boys 8/9 – Kumite Intermediate
50	Boys 8/9 - Kata Adv/Black	71	Boys 8/9 – Kumite Adv/Black
51	Boys 10/11 - Kata Novice	72	Boys 10/11 – Kumite Novice
52	Boys 10/11 - Kata Intermediate	73	Boys 10/11 - Kumite Intermediate
53	Boys 10/11 - Kata Adv/Black	74	Boys 10/11 - Kumite Adv/Black
54	Boys 12/13 - Kata Novice	75	Boys 12/13 - Kumite Novice
55	Boys 12/13 - Kata Intermediate	76	Boys 12/13 - Kumite Intermediate
56	Boys 12/13 - Kata Adv/Elite	77	Boys 12/13 - Kumite Adv/Elite
57	Boys 14/15 - Kata Novice	79	Boys 14/15 – Kumite Novice
58	Boys 14/15 - Kata Intermediate	80	Boys 14/15 – Kumite Int
59	Boys 14/15 – Kata Adv/Elite	81	Boys 14/15 - Kumite Adv/Elite
60	Boys 16/17 - Kata Novice	83	Boys 16/17 - Kumite Novice
61	Boys 16/17 – Kata Intermediate	84	Boys 16/17 – Kumite Int
62	Boys 16/17 – Kata Adv/Elite	85	Boys 16/17 - Kumite Adv/Elite
63	Men 18yrs & up Kata Novice	87	Men 18yrs & up Kumite Novice
64	Men 18yrs & up Kata Intermediate	88	Men 18yrs & up Kumite Intermediate
65	Men 18yrs & up Kata Adv/Elite	89	Men 18yrs & up Kumite Adv/Elite
66	Masters Men 35yrs & up Kata Nov/Int	91	Masters Men 35yrs & up Kumite Nov/Int
67	Masters Men 35yrs & up Kata Adv/Black	92	Masters Men 35yrs & up Kumite Adv/Black
Kobudo all genders			
93	Kobudo 14yrs & under	94	Kobudo 15yrs to 39yrs
95	Kobudo 40yrs and up		
Para-Karate Demonstration Divisions all genders			
AWAD Kata			
101	Intellectual Disability any age		
102	Visual Impairment any age		
103	Physical Disability any age		

2nd Pacific Karate eChampionships, March 14, 2021

web broadcast: Karate BC YouTube channel

This is an internal club sign-up form. Online registration is by club or by individual;

www.trackiereg.com/2ndPacificKarateEChamp

Registration deadline Monday, March 1, 2021.

CLUB: _____

	Surname	First Name	Age	M / F	Event CODES	X Reg. Fee	TOTAL
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