



2020 Alberta Cross Country Final Schedule

Age Category	Year of Birth	Race Distance	Start Time
Open Women	1985 – 2000	8000m	11:00 am
Master Women	Born before 1985	8000m	11:00 am
U20 Women	2001 – 2002	6000m	11:00 am
Open Men	1985 – 2000	8000m	12:00 pm
Master Men	Born before 1985	8000m	12:00 pm
U20 Men	2001 – 2002	8000m	12:00 pm
U10 Girls	2011 or later	1000m	1:00 pm
U10 Boys	2011 or later	1000m	1:15 pm
U12 Girls	2009 – 2010	1200m	1:30 pm
U12 Boys	2009 – 2010	1200m	1:50 pm
U14 Girls	2007 – 2008	2000m	2:10 pm
U14 Boys	2007 – 2008	2000m	2:35 pm
U16 Girls	2005 – 2006	4000m	3:00 pm
U16 Boys	2005 – 2006	4000m	3:30 pm
U18 Girls	2003 – 2004	4000m	4:00 pm
U18 Boys	2003 – 2004	6000m	4:30 pm