

# 2020 Athletics Nova Scotia Last Chance Meet

November 27-28, 2020

Canada Games Center

Halifax, NS



**Sanction:** Athletics Nova Scotia

**Host:** Athletics Nova Scotia

**Date:** Friday and Saturday, November 27-28, 2020

**Event Site:** -

- Canada Games Center, Halifax, 26 Thomas Raddall Dr.
- Six lane elevated synthetic track
- Horizontal jumps pit
- Maximum spike length is 7mm
- Washrooms and change rooms are available on-site.

**Timing:** FinishLynx Photoelectric timing

**Categories:** U14 (born 2007-08), U16 (born 2005-06), U18 (born 2003-04) U20 (2001-02), Senior (2000 or later), Masters (1985+)

\*Please note that there may be a wide range of age groups racing together, pending final entries. If sufficient entries are not received in any event, athletes will be combined\*

## Schedule

· The tentative schedule is subject to change based on entries. The schedule is available at [www.trackiereg.ca](http://www.trackiereg.ca). The final schedule will be posted on Thursday, November 26<sup>th</sup>, 2020

## Events Offered:

	PeeWee	U14	U16	U18	U20/Senior	Masters
Running		60m 150m 800m 1200m	60m 200m 400m 800m 1200m 2000m	60m 200m 400m 800m 1500m Mile 3000m	60m 200m 400m 800m 1500m Mile 3000m	60m 200m 400m 800m 1500m Mile 3000m

Hurdles						
Jumps		High jump Long jump Triple Jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump
Combined Events						

### Seeding

Please include accurate seed/race times from 2019-20 season. Seed times are required. When seed times are not available, please provide your best estimate do athletes can be grouped appropriately.

All events will be timed section finals due to time constraints

Athletes will be split into age groups where applicable

Preferred lanes will be assigned by seed times for all Timed Section Finals.

### Marshalling

Friday Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Athletes will check in downstairs in the basketball court, closest to the front of the Canada Games Center. Athletes will begin their warmup in this area and be brought up to track level 1 event at a time. At this time, athletes will be given a minimum of 10 additional minutes of on track warm-up.

### Scratches

Scratches will be accepted via trackiereg until 11:59 p.m. Tuesday, November 24th

### Registration:

Entries must be received by 11:59 p.m. Tuesday, November 24<sup>th</sup>, 2020

First event: \$25

\$5 Officials Fee assigned to each registration

Please use the online registration system at [www.trackiereg.ca](http://www.trackiereg.ca)

Please note: This meet will be **pre-registration** only!

**No entries will be accepted on the day of the meet.**

Please designate one person from your club to pick up the entry package.

**Check in and Bib # Pick-up:** Beginning at 9:00 a.m. on Saturday, November 28rd, 2020

