



Hello Athletes, Coaches, Parents:

As you are all aware, track and field along with all sport operates a bit differently since the Covid19 pandemic. We are approaching the 2020-21 Indoor season and have some information to pass along. Hosting events during the 2020-21 Indoor season will have many challenges and many unknowns. We are confident we can work through these challenges and provide an opportunity for athletes to compete while respecting public health guidelines. We ask for your patience and cooperation in helping make these events as smooth as possible given the circumstances. Please see below for initial information. While this covers most of the information, there may be additional pieces as we get closer to the events.

- All athletes must be members of a provincial branch to compete. Athletics NS has introduced an Indoor Season membership at the rate of \$40 from October 1-April 30
- Athlete must have signed their Athletics Canada Covid waiver via TrackieREG – if you need the link please email our office at [athletics@sportnovascotia.ca](mailto:athletics@sportnovascotia.ca)
- Athletes must bring completed Covid Questionnaire with them and hand it in at registration
- There will be no spectators allowed at the track level due to space restrictions at the facility
- Coaches will require a coach pass (1 pass per team will be given out). Please note for a coach to be in good standing, current Safe Sport requirements must be complete – please contact Jonathan Doucette to check your status
- Due to a 50 person capacity limit at track level, athletes will be brought to track level 1 event at a time. 1 basketball court will be used as the general warmup area. When the previous event is cleared from the track, athletes will be brought to track level where they will be given a minimum of 10 minutes of on track warmup time. More information on this process will be given after the close of registrations
- Athlete numbers will also be limited to 50 in the warm-up area. This will mean athletes competing at the end of the day will not be permitted in the warmup area in the morning.
- Athletes will only be permitted to compete in 1 event per meet
- Due to these limits which will greatly increase the time required, it is possible that events are limited in some cases
- Coaches must always always wear a mask
- Athletes must wear a mask when entering and exiting the building and while not performing activity
- Due to all of these new procedures and unknowns, please be prepared for changes after final entries are received