**Before Arrival**

**Individuals must self-screen to limit the introduction of infection:**

* Prior to attending Sports Fields and Multi Use Fields, every participant must do the [self-assessment for COVID-19](https://covid-19.ontario.ca/?_ga=2.57981480.369146347.1588192423-2067268684.1583164607) on the Ontario Ministry of Health website and if they do not pass the assessment they should not use the Sports Fields and Multi Use Fields until they pass the assessment and do not have signs and symptoms of COVID-19. All participants can visit the [City's website](https://www.toronto.ca/home/covid-19/) to determine if further care is required and learn about assessment centres.
* All participants should be aware of signs and symptoms of COVID-19, including:
  + Fever
  + Cough
  + Difficulty breathing
  + Muscle aches
  + Tiredness
  + Sore throat
  + Headache
  + Runny nose
  + New loss of taste or smell

The World Health Organization advises that symptoms may appear in as few as 2 days or as long as 10 to 14 days after contracting COVID-19. Those who are infected with COVID-19 may have few or no symptoms. Hence, there is the possibility of asymptomatic and pre-symptomatic spread of COVID-19.

**At the Stadium**

Athletes, staff, and coaches inside the stadium as well as spectators outside:

Practice [physical distancing](https://www.toronto.ca/wp-content/uploads/2020/03/9812-Practicing-Social-Distancing_EN.pdf) and maintain a 2 metre distance from others.

No spectators will be allowed entry to the Stadium. Spectators may wish to bring chairs for viewing outside of the stadium.

People who become ill while at any Sports Fields and Multi Use Fields should go home immediately, in a private vehicle if possible, and self-isolate. They should review the City of Toronto [website](https://www.toronto.ca/home/covid-19/) for more information about COVID-19.

If a participant at any Sports Fields and Multi Use Fields tests positive for COVID-19, their local Public Health Unit (Toronto Public Health for Toronto residents) will follow-up with close contacts who may include other Sports Fields and Multi Use Fields participants. Other Sports Fields and Multi Use Fields participants who came in close contact with the infected individual may be required to self-isolate.