



Truro Lions Track & Field Club

Contact: trurolions@gmail.com

Date: Sunday, Oct 4, 2020

Time: 12:00pm start

Covid screening and warm-up after 11:00am, Circle will open at 11:30am.

Events: Shot Put, Discus, Hammer Throw (in this order)

Location: TAAC Grounds, Truro

No washroom facility available on-site. Public washrooms open at the mall (Michaels entrance) on Robie St. until 5pm.

Cost: \$5 per event, register on Trackiereg, no late entries

This event is an Athletics NS Sanctioned Meet. Open to NS athletes only.

Additional \$10 non-member fee.

All participants must sign or provide the "Athletics Canada Covid 19 Daily Attestation & Questionnaire" upon arrival (Document attached)

Athletes must bring their own implements, and their own chalk if you choose to use it. Each athlete must use the implement designated for their exclusive use during the competition. If equipment must be shared, it must be disinfected between each use.

Athletes will be required to retrieve their own implement from the field.

A maximum of 8 athletes per field event section.

Maximum 50 people on-site. Area will be closed to the public.