



2020 FALL FIELD FEST

Sunday September 20, 2020



Location:

Ray Lewis Track & Field Complex

Mohawk Sports Park

1100 Mohawk Rd E, Hamilton, ON, L8T 2S4

Two parking lots are designated. Please see Site Map included in this package.

BEFORE YOU ARRIVE

- Please ensure that ALL participants have completed the pre-screening health questionnaire. This includes athletes, coaches, officials, and spectators.

COVID SCREENING LINK

WHEN YOU ARRIVE

- Please go immediately to the Initial **Check-in Desk**. The volunteers will verify that you have completed your health screening. Coaches, volunteers, athletes, and officials will receive an orange wrist-band which will allow you entry to the facility at the appropriate time. There are no bib numbers for athletes.

SPECTATORS

- Spectators must remain outside of the fenced area. Viewing opportunity will unfortunately be limited in most events :(Please trust in the athletes and coaches today and support your athletes from a distance.

CALL ROOM

- The desk/ area at the entrance to the track is the **Call Room**. Athletes (and coaches) will only be allowed entry to the facility at a designated time and must immediately exit when their event is finished. Please see the schedule on the following pages. You will not be allowed in prior to the indicated times. The numbers have been closely monitored and we are close to the legal limits all day.

WASHROOMS

- There are 3 port-a-potties on site along with hand sanitizing stations. There is also disinfectant spray and paper towels at the port-a-potties. Anyone using them is expected to sanitize them before and after use. If you need to use a port-a-potty, you may enter the facility but must exit immediately when finished.

IMPLEMENTS & WEIGH IN

- Athletes are required to bring their own implements and implements are not to be shared.
- Athletes are required to retrieve their own implements.
- There is a scale located at the hammer/discus cage, at the javelin runway, and at each shot put circle. Prior to the start of your flight, the official will have each athlete come in and weigh their implements. The athlete will place their own implement(s) on the scale and the official will simply verify.
- In the case of a record broken, implements will be subject to further inspection.

VERTICAL JUMPS

- The mats will be covered by one tarp that is secured. After each athlete jumps, the landing surface that he/she made contact with will be sprayed with a disinfectant and wiped. The tarp will be reversed or replaced after each event. Athletes are asked to wash their hands in between jumps/ after making contact with the tarp.

HORIZONTAL JUMPS

- Athletes are asked to wash their hands in between jumps/ after making contact with the sand.

RESULTS

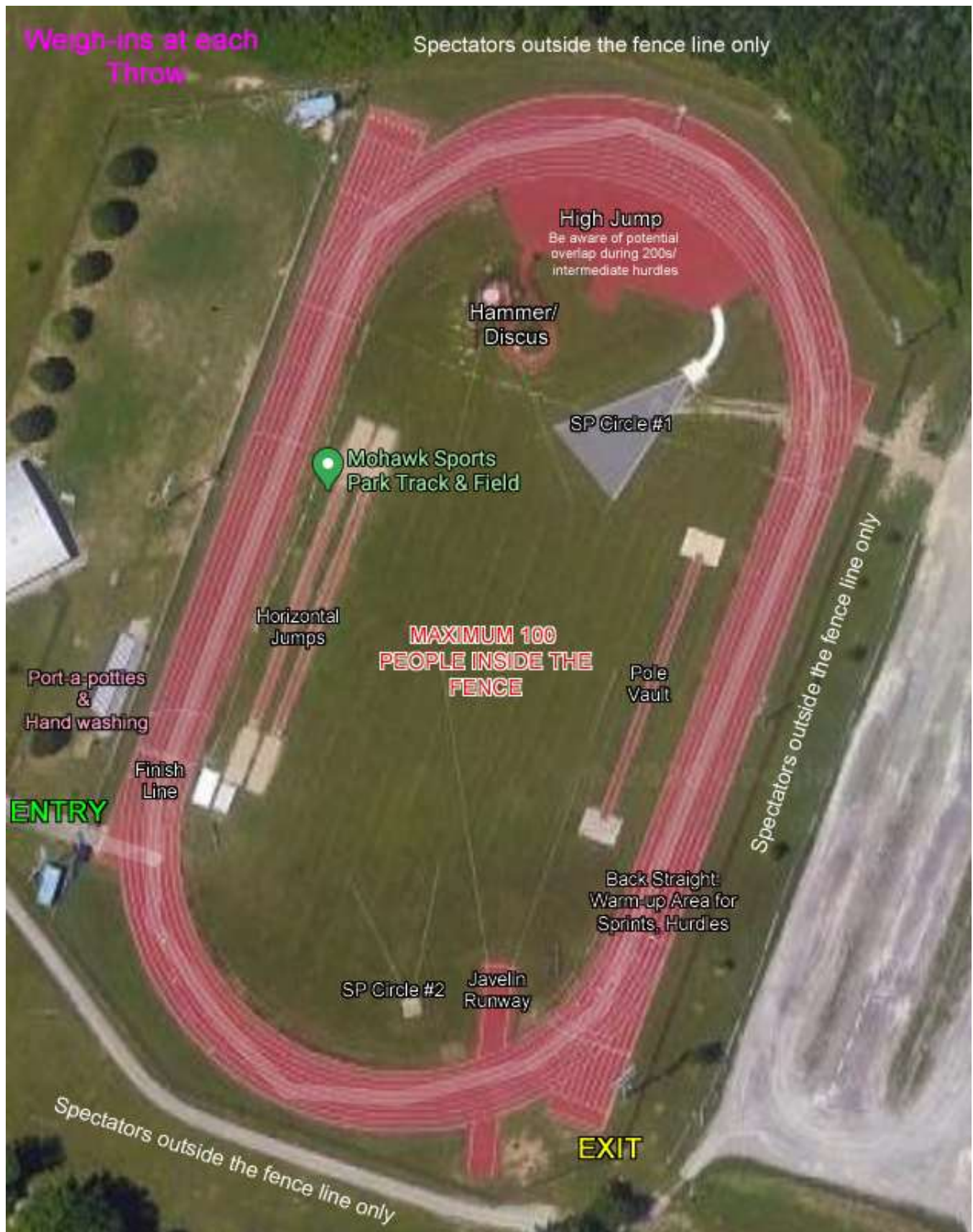
Link for live results: <https://athleticsontario.ca/statistics/results/live/2020/0920-fall-field-fest/index.htm>

AWARDS

- Awards will be available starting at noon and will be located by the initial athlete Check-in Desk and the Call Room (outside of the main track facility). Medals will be given for each FIELD EVENT only in the U18 and younger age divisions. Please check back after noon if you think you won a medal.

Site Maps:

Inside the Facility



Overall/ Outside the Facility



Additional COVID Notes:

- All participants (athletes, coaches, officials, volunteers, and spectators) will be required to complete a COVID pre-screening attestation prior to entering the facility. If you are experiencing any symptom of COVID-19 or have had close contact with anyone with COVID-19 or have been out of the country within the last 14 days, you MAY NOT participate or enter the facility.
- Only registered coaches will be permitted access to the facility.
- Physical distancing must be maintained at all times. All participants are encouraged to wear a mask when physical distancing is not possible. *(Athletes do not wear a mask when warming up or competing).*



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CALL ROOM SCHEDULE



For back-to-back events at the same event area, competitors will only be allowed in when the previous event has finished. The official will notify the Call Room that the next group may enter. Athletes will still be given warm-up time but must have conducted the majority of their warm-up outside the facility.

NOTE: High Jump and Pole Vault competitors must exit the facility immediately when they are eliminated from the competition. Sorry.

FIELD:

Enter Facility Through Call Room Only	Event Start	Event	# of Competitors
8:30 am	9:00 am	Men's HT 1	11
8:30 am	9:00 am	Men's JT 1	8
8:30 am	9:00 am	Women's HJ 1	11
8:30 am	9:00 am	Women's TJ 1	5
9:05 am	10:05 am	Men's PV	8
<i>Immediately after Men's HT 1</i>	10:05 am	Women's HT 1	11
<i>Immediately after Men's JT 1</i>	10:05 am	Women's JT 1	9
9:35 am	10:05 am	Women's LJ 1	12
<i>Immediately after Women's HT 1</i>	11:10 am	Women's HT 2	7
<i>Immediately after Women's JT 1</i>	11:10 am	Men's JT 2	11
10:50 am	11:10 am	Women's HJ 2	6
10:50 am	11:10 am	Women's TJ 1	6
10:50 am	11:10 am	Men's SP 1	11
<i>Immediately after Women's HT 2</i>	12:15 pm	Women's HT 3	9
<i>Immediately after Men's JT 2</i>	12:15 pm	Men's JT 3	4
		Women's JT 4	2
<i>Immediately after Women's HJ 2</i>	12:15 pm	Men's HJ 1	10
11:45 am	12:15 pm	Men's LJ 1	7
12:20 pm	1:20 pm	Women's PV	9
<i>Immediately after Women's HT 3</i>	1:20 pm	Men's DT 1	8
12:50 pm	1:20 pm	Men's TJ 2	8
12:50 pm	1:20 pm	Women's SP 1	12
12:50 pm	1:20 pm	Women's SP 2	10
<i>Immediately after Men's DT 1</i>	2:25 pm	Women's DT 1	10
1:55 pm	2:25 pm	Women's JT 2	10
1:55 pm	2:25 pm	Men's HJ 2	5
1:55 pm	2:25 pm	Women's LJ 2	12
<i>Immediately after Women's DT 1</i>	3:30 pm	Men's DT 2	11
3:00 pm	3:30 pm	Women's SP 3	11
<i>Immediately after Women's LJ 2</i>	3:30 pm	Men's LJ 2	11
3:00 pm	3:30 pm	Women's TJ 2	9
3:00 pm	3:30 pm	Men's SP 2	11
<i>Immediately after Men's DT 2</i>	4:35 pm	Women's DT 2	11
4:05 pm	4:35 pm	Women's JT 3	11
4:05 pm	4:35 pm	Men's LJ 3	8
<i>Warm up on opposite runway</i>			
<i>Immediately after Women's SP 3</i>	4:35 pm	Men's SP 3	8
<i>Immediately after Women's DT 2</i>	5:40 pm	Men's DT 3	11
5:10 pm	5:40 pm	Women's LJ 3	11
<i>Warm up on opposite runway</i>			
<i>Immediately after Men's DT 3</i>	6:45 pm	Women's DT 3	6

TRACK:

Athletes in the 100, 200, and Sprint Hurdles may use the back straightaway for warm-up starts and strides when they enter the facility.

Enter Facility Through Call Room Only	Event Start	Event	Heat #	# of Competitors
RACE WALKS & STEEPLECHASE				
8:30 am	9:00 am	800 m RW	1	3
8:40 am	9:10 am	5000 m RW	1	1
9:15 am	9:45 am	1500 m SC 30"	1	2
9:25 am	9:55 am	2000 m SC 30"	1	1
9:35 am	10:05 am	2000 m SC 36"	1	1
9:45 am	10:15 am	3000 m SC 36"	1	1
SPRINT HURDLES				
10:10 am	10:40 am	U14 Girls 80mH 30"	1	1
10:15 am	10:45 am	U16 Girls 80mH 30"	1	2
10:20 am	10:50 am	U16 Girls 80mH 30"	2	3
10:30 am	11:00 am	U18 Girls 100mH 30"	1	4
10:35 am	11:05 am	U18 Girls 100mH 30"	2	4
10:40 am	11:10 am	U18 Girls 100mH 30"	3	3
10:50 am	11:20 am	U16 Boys 100mH 33"	1	3
10:55 am	11:25 am	U16 Boys 100mH 33"	2	3
11:00 am	11:30 am	Masters Men 100mH 36"	1	1
11:10 am	11:40 am	U18 Boys 110mH 36"	1	3
11:15 am	11:45 am	U18 Boys 110mH 36"	2	4
11:25 am	11:55 am	U20 Men 110mH 39"	1	2
		Open Men 110mH 42"		1
100 M SPRINTS				
11:55 am	12:15 pm	Girls 100 m	1	3
11:55 am	12:19 pm	Girls 100 m	2	3
11:55 am	12:23 pm	Girls 100 m	3	4
12:05 pm	12:27 pm	Girls 100 m	4	4
12:05 pm	12:31 pm	Girls 100 m	5	4
12:20 pm	12:40 pm	Boys 100 m	1	3
12:20 pm	12:44 pm	Boys 100 m	2	4
12:20 pm	12:48 pm	Boys 100 m	3	4
12:30 pm	12:52 pm	Boys 100 m	4	4
12:30 pm	12:56 pm	Boys 100 m	5	4
12:30 pm	1:00 pm	Boys 100 m	6	4
12:40 pm	1:04 pm	Boys 100 m	7	4
12:40 pm	1:08 pm	Boys 100 m	8	4
12:40 pm	1:12 pm	Boys 100 m	9	4
INTERMEDIATE HURDLES				
1:00 pm	1:30 pm	U13 Girls 200mH	1	2
1:05 pm	1:35 pm	U15 Girls 200mH	1	2
1:15 pm	1:45 pm	U16 Girls 200mH 30"	1	3
1:20 pm	1:50 pm	U16 Boys 200mH 30"	1	2
1:30 pm	2:00 pm	U18/U20/Open Women's 400mH 30"	1	4
1:40 pm	2:10 pm	U18 Boys 400mH 33"	1	4
1:50 pm	2:20 pm	U20 Men 400mH 36"	1	1
200 M SPRINTS				
2:20 pm	2:40 pm	Girls 200 m	1	3
2:25 pm	2:45 pm	Girls 200 m	2	4
2:30 pm	2:50 pm	Girls 200 m	3	4
2:35 pm	2:55 pm	Girls 200 m	4	4
2:40 pm	3:00 pm	Girls 200 m	5	4
2:45 pm	3:05 pm	Girls 200 m	6	4
2:50 pm	3:10 pm	Girls 200 m	7	4
2:55 pm	3:15 pm	Boys 200 m	1	3
3:00 pm	3:20 pm	Boys 200 m	2	4
3:05 pm	3:25 pm	Boys 200 m	3	4
3:10 pm	3:30 pm	Boys 200 m	4	4
3:15 pm	3:35 pm	Boys 200 m	5	4
3:20 pm	3:40 pm	Boys 200 m	6	4
3:25 pm	3:45 pm	Boys 200 m	7	4
3:30 pm	3:50 pm	Boys 200 m	8	4