



WEBINAR
October 7, 2020 | 6:00pm - 7:00pm

SLEEP AS A CRUCIAL FACTOR FOR MAXIMIZING PEAK PERFORMANCE

**\$10.00 BCA MEMBERS
\$15.00 NON-MEMBERS**



PATRICK BYRNE

PAT PIONEERED SLEEP AND FATIGUE ANALYSIS AND SOLUTIONS IN PROFESSIONAL SPORTS BEGINNING IN 2008. HIS SYSTEMS HAVE PROVEN TO INCREASE PERFORMANCE FOR ATHLETES, TEAMS AND WORKERS, GLOBALLY. PATRICK HAS IMPROVED PERFORMANCE IN TEAMS IN THE NBA, NFL, MLB, NHL, MLS, AFL AND OLYMPIC AND NATIONAL TEAMS.

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