

310 Running Invitational #2 - Final Schedule

Event			# of Athletes	# of Heats	Enter Track	First Heat	Depart Track
Open	Women	800	17	5	9:00 am	9:30 am	10:05 am
Open	Men	800	28	7	9:35 am	10:05 am	10:55 am
Open	Women	200	27	7	10:25 am	10:55 am	11:30 am
Open	Men	200	27	7	11:00 am	11:30 am	12:05 pm
Lunch							
Open	Women	400H	6	2	11:50 pm	12:30 pm	12:50 pm
Open	Men	400H	1	1	12:05 pm	12:45 pm	1:05 pm
Open	Women	300H	2	1	12:20 pm	1:00 pm	1:20 pm
U16	Women	200H	3	1	12:35 pm	1:15 pm	2:30 pm
Open	Women	200 Finals	16	4	1:00 pm	1:30 pm	2:00 pm
Open	Men	200 Finals	16	4	1:20 pm	1:50 pm	2:20 pm
U16	Women	2000	6	2	1:40 pm	2:10 pm	2:40 pm
U16	Men	2000	4	1	2:05 pm	2:35 pm	3:05 pm
Open	Women	3000	12	3	2:15 pm	2:45 pm	3:30 pm
Open	Men	3000	13	4	3:00 pm	3:30 pm	4:30 pm