



Power Speed - Fall Season Starting September 14th

The Saint John Track Club offers a fall program for 6 weeks from September 14th to October 28th

Ages 12+ A power speed throws & Jumps training program geared for a range of ages. Open to anyone wanting to prepare for indoor track season events in fall and winter

Coaches: Sue Ellis, Dave Thomas, Chris Belof

<u>Day / Time</u>	<u>Location</u>
Monday & Thursday 5:30-6:30 pm	Lily Lake – Monday Field House or UNBSJ - Wednesday

Online Registration below: Registration will close on September 20th

Registration must be done online at: <http://www.trackiereg.com/FALL2020SJTC>
ANB fees cover fall 2020 fees.

PROGRAM / ATHLETE GROUP FEES	Club Fee Per Season	Annual ANB (If not already paid)
Ages 12 +	\$100	\$50+HST

For more info contact:

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