

BACK TO TRACK in BRAMPTON

MINI-MEET #1

Competition Date: Friday, August 7, 2020, 7pm to 10pm

Hosted by: Bullets Track Club

Meet Director: Jim Catton

Technical Director: John Caufield

Sanctioned by Athletics Ontario

Venue: Terry Fox Stadium, 9050 Bramalea Rd, Brampton, ON L6S 6G7

Entry Fees: \$20 per athlete.

Registration: [Back to Track in Brampton Registration Link- click here](#)

- Limit of 48 participants. Ideally 24 females and 24 males.
- All participants must be registered with Athletics Ontario and have signed the Athletics Canada Assumption of Risk Waiver
- All Participants (Athletes, Coaches, Officials and Volunteers) must complete the Covid Survey between 7pm on Thursday August 6th and 7pm on Friday August 7th.
- All participants must sign the Bullets Track Club/ Athletics Ontario Waiver before the event.
- Registration includes entry into the 100m AND the 200m. If you don't want to run both events simply scratch your entry at check in.
- Heat and Lane Assignments will be posted online prior to the meet.
- Coaches must register to be allowed access to the facility. [Register Here](#).

Results: Heat, Lane Assignments and Live Results will be posted on this [Athletics Ontario Link](#).

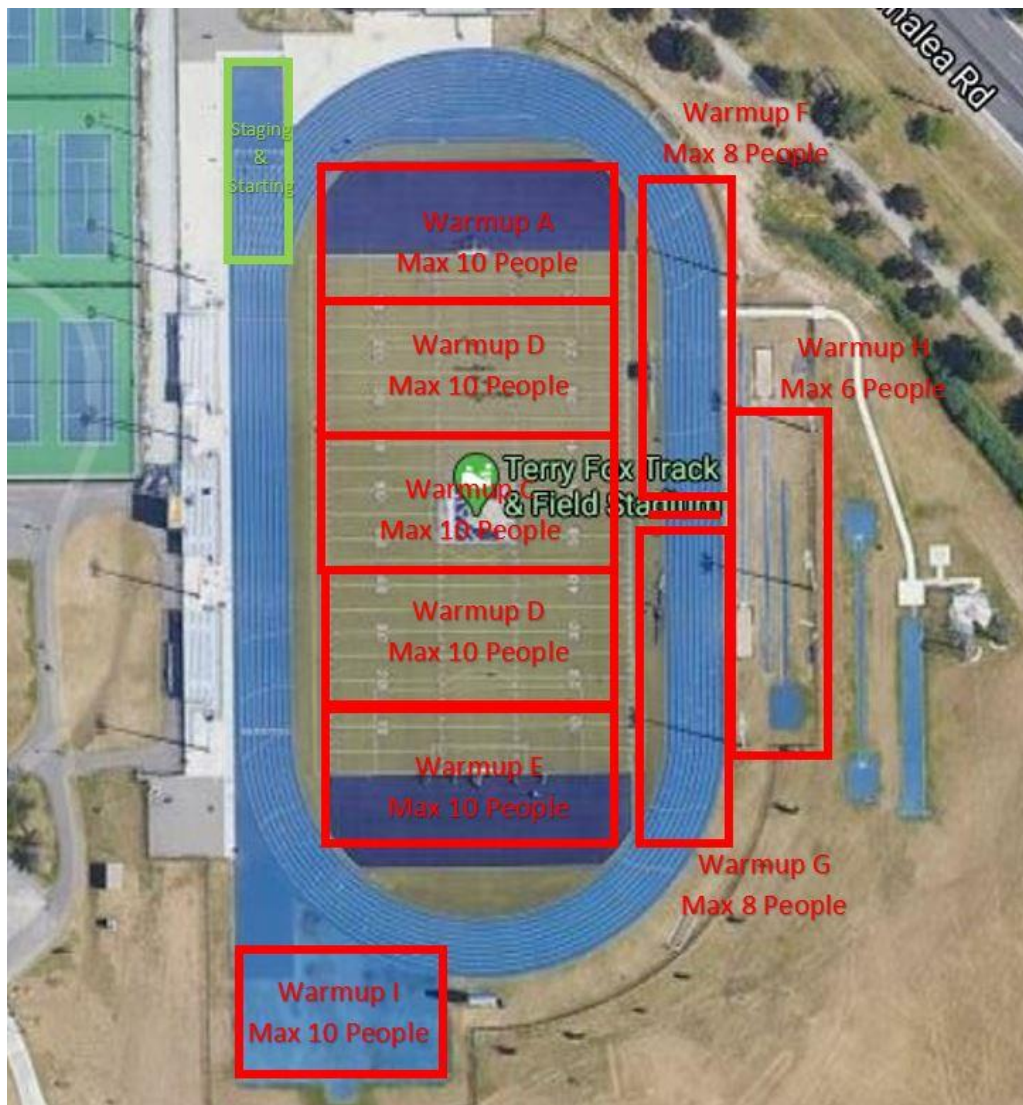
Events: Open 100m (Female & Male Categories) and Open 200m (Female & Male Categories)

Track

- Four athletes per heat. Every other lane will be used for the 100m and 200m.
- Heat 1 will run lanes 1-3-5-7, Heat 2 will run lanes 2-4-6-8, Heat 3 will run lanes 1-3-5-7 and so on
- All participants will have the opportunity to run two 100m races and a 200m time trial
- The first round of the 100m will be seeded by entry standards. The second round will be seeded by qualifying time in the first round. Rounds will be run slowest to fastest.
- The 200m will be seeded according to entry seed time, again slowest to fastest.
- There will be a minimum 30 minute break between the last gender category 100m heat and the first heat of the 100m second round.
- There will be a minimum 30 minute break between the last male 100m second round race and the first female 200m race.

Warmup Areas

- There are 9 warm-up areas in the stadium for athletes to use.
- All warmup areas must have no more than 10 people in them, including coaches.
- Warmup areas A through E are on the infield.
- Warmup areas F and G are on the back straight-away of the track. Every other lane will be open. Each area is 50m in length. Max 8 people including coaches
- Warmup Areas H are the Long Jump and Pole Vault Runways. Maximum of 3 participants and 3 coaches in this area. 1 Athlete/Coach pair for each runway.
- Warmup Area I is the High Jump Area. Again, Max 10 people at 1 time.
- There is also a Pole Vault and Javelin Runway outside and large grass warm-up area outside of the track. Please maintain physical distancing standards if you warm-up there.



Schedule

6:00pm Check in begins outside the stadium

7:00pm Stadium is open for registered athletes, coaches, officials and volunteers

7:30pm 100m (F) Round 1, 6 heats

7:45pm 100m (M) Round 1, 6 heats

8:15pm 100m (F) Round 2, 6 heats

8:30pm 100m (M) Round 2, 6 heats

9:00pm 200m (F) Timed Final, 6 heats

9:30pm 200m (M) Timed Final, 6 heats

Health Precautions

- All Officials, Coaches and Volunteers must wear a facemask while in the stadium
- It is recommended that all visitors, parents and athletes wear masks while outside the stadium
- Athletes are encouraged to wear a facemask while not competing.
- Starting blocks will be disinfected between heats. Personal starting blocks will not be allowed during the competition.
- No Spectators are allowed in the stadium. Only coaches, athletes and volunteers are allowed into the stadium.
- Please respect the 2m rule while engaging officials and volunteers during the meet. Wear your mask.

COVID-19

Core Four



Stay apart

Maintain 2-metres distance from everyone outside your **safe social circle**.



Lather up

Wash your hands with soap and water; or use hand sanitizer.



Mask up

Wear a non-medical mask where maintaining physical distancing is difficult and **where masks are mandatory**. Protect the supply of medical grade masks for health care workers.



Get tested

Get tested if you think you have COVID-19 or may have been exposed to it. Stay home, self-isolate and prevent potential spread.

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For more information visit peelregion.ca/coronavirus

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