



# RUN JUMP THROW WHEEL

## Online NCCP Instructor Course

Learn to use Track & Field games and activities  
to teach FUNdamental Movement Skills  
to children of all abilities  
*through an interactive online workshop*

Facilitated by: Andrew Lenton, Coach Developer



### Schedule

1. June 3 – Introduction to RunJumpThrowWheel
2. June 10 – Safety, Emergency Action Planning, & Lesson Planning
3. June 17 – Analyze Movement
4. June 24 – RunJumpThrowWheel in Action

**All modules are delivered via webinar on  
Wednesdays, 7:00 – 8:30pm**

### Registration:

[www.trackiereg.com/RJTWOnline/BCJune2020](http://www.trackiereg.com/RJTWOnline/BCJune2020)

### Registration Deadline:

Monday June 1<sup>st</sup>, 2020 at 11:59PM

### Fee:

BC Athletics Members = \$52.00

Non – BC Athletics Members = \$65.00

For more RJTW information, contact BC Athletics

604-333-3554

[runjumpthrowwheel@bcathletics.org](mailto:runjumpthrowwheel@bcathletics.org)

[www.bcathletics/TrackAndField/LTADProgram/run-jump-throw-wheel/](http://www.bcathletics/TrackAndField/LTADProgram/run-jump-throw-wheel/)