

2020 JACK BROW SCHEDULE



FRIDAY JUNE 26TH

FIELD EVENTS:

Time	High Jump	Long Jump Pit A	Long Jump Pit B	Triple Jump Pit A	Triple Jump Pit B	Hammer	Shot Put
5:00pm	Open/Masters W/M	U10G U12G U14G	U10B U12B U14B	U18M	U18W	Open/Masters W U20W	U10G U12G U14G
5:30pm	U16M					Open/Masters M U20M	U10B U12B U14B
6:00pm				Open/Masters W U20W	Open/Masters M U20M	U16 – U14G	Para Athletes - Ambulatory Men
6:30pm	U16W						
7:00pm						U16 – U14B	Para Athletes - Ambulatory Women

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
5:00pm	110mH 100mH 80mH	Timed Finals	OpenM, U20M, U18M U16M, OpenW, U20W, U18W U16W, U14G, U14B
6:15pm	300m	Timed Finals	U16 M/W
6:30pm	400m	Timed Finals	W/C, Para, Open, U20, U18 M/W
7:00pm	1500m	Timed Finals	W/C, Para - Ambulatory
7:15pm	1500m Steeplechase (no water)	Timed Finals	U16W
7:30PM	1500m Steeplechase (no water)	Timed Finals	U16M
7:45PM	2000m Steeplechase	Timed Finals	U18W
8:00pm	2000m Steeplechase	Timed Finals	U18M
8:15pm	3000m Steeplechase	Timed Finals	Open – U20W
8:30pm	3000m Steeplechase	Timed Finals	Open – U20M

TIMES ARE APPROXIMATE. EVENTS MAY START UP TO 30 MINUTES EARLY.

SATURDAY JUNE 27TH

FIELD EVENTS:

Time	Javelin	Discus	Shot Put	High Jump	Triple Jump Pit C	Triple Jump Pit D
8:00am	Open/Masters M U20M U18M	U12G U14G	U16M			
8:30am						
9:00am	Open/Masters W U20W U18W		U16W			
9:30am					U16W	U16M
10:00am	U16M	U12B U14B	U18W			
10:30am						
11:00am	U16W					
11:30am						
12:00pm		Open/Masters W U20W				
1:00pm		Open/Masters M U20M				
1:30pm						
4:00pm				U18M U20M		
5:00pm			U18M	U18W U20W		

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
8:00am	2000m	Timed Finals	U16, 2007 M/W
8:30am	3000m	Timed Finals	U18
9:00am	5000m	Timed Finals	Masters, Open, U20
9:45am	100m	Heats	W/C, Para, Masters, Open, U20. U18. U16
11:00am	Junior Development Pentathlon begins		
7:00pm	4 x 400m Relay	Timed Finals	Open – U18 M/W
7:25pm	4 x 400 Mixed Relay	Timed Finals	Open – U18
7:45pm	100m	Finals	W/C, Para, Masters, Open, U20. U18. U16

SUNDAY JUNE 28TH

FIELD EVENTS:

Time	High Jump	Long Jump Pit A	Long Jump Pit B	Shot Put	Discus	Javelin	Pole Vault
8:00am	U10G	U16W	U16M	Open/Masters W U20W	U14G U14B		
8:30am	U10B						
9:00am	U14G	U18W	U18M	Open/Masters M U20M	U16W U16M		
9:30am						U12G U12B	U14G U14B
10:00am	U14B	Open/Masters W U20W	Open/Masters M U20M		U18W U18M		
10:30am						U13G U13B	U16W U16M
11:00am							U18W U18M
11:30am							
12:30pm							
1:00pm	U12G			U14G			Open/Masters W U20W
1:30pm				U14B			
2:00pm	U12B						Open/Masters M U20M

TRACK EVENTS:

Time	Event	Comment	Age Group(s)
8:00am	1000m	Timed Finals	U12-U10
8:30am	1200m	Timed Finals	U16-U14
8:45am	1500m	Timed Finals	M, Open to U18
9:00am	60mH	Timed Finals	U12-U10
9:30am	200m	Timed Finals	W/C, Para, M, Open to U12
10:30am	60m	Timed Finals	U10-U12
11:15am	Lollipop Run - 5 years and under		
11:30am	Run, Jump, Throw – 6-8 years		
11:45am	400mH	Timed Finals	Open to U18
12:10pm	300mH	Timed Finals	U16
12:25pm	200mH	Timed Finals	U14
1:45pm	100m	Timed Finals	U14-U10
2:45pm	600m	Timed Finals	U12-U10
3:15pm	800m	Timed Finals	W/C, Para, M, Open to U14
4:00pm	4x100m relays	Timed Finals	W/C, Para, Masters, Open, U20, U18, U16, U14, U12, U10

