

**2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-14**  
**Irving Oil Field House**  
**Session Report**

Session: 1 Track Events

Day 1 - Saturday 2020-03-14 - Starts at 08:30 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
08:30	#1 Men 30-34 60 Meter Hurdles Green 42" Masters	Finals	0	0
08:30	#2 Men 35-49 60 Meter Hurdles Yellow 39" Masters	Finals	3	1
08:30	#3 Men 50-59 60 Meter Hurdles Yellow 36" Masters	Finals	3	1
08:35	#4 Men 60-69 60 Meter Hurdles Red 33" Masters	Finals	1	1
08:35	#7 Women 30-34 60 Meter Hurdles Yellow 33" Mast	Finals	0	0
08:35	#8 Women 35-39 60 Meter Hurdles Yellow 33" Mast	Finals	1	1
08:40	#5 Men 70-79 60 Meter Hurdles White 30" Masters	Finals	2	1
08:40	#9 Women 40-49 60 Meter Hurdles Red 30" Masters	Finals	2	1
08:40	#10 Women 50-59 60 Meter Hurdles White 30" Maste	Finals	0	0
08:45	#6 Men 80+ 60 Meter Hurdles White 27" Masters	Finals	2	1
08:45	#11 Women 60+ 60 Meter Hurdles White 27" Masters	Finals	3	1
08:55	#12 Indoor Pentathlon: #1 Women 30+ 60 Meter Hurd	Finals	3	1
08:55	#14 Indoor Pentathlon: #1 Women 14-29 60 Meter Hu	Finals	2	1
09:05	#13 Indoor Pentathlon: #1 Men 30+ 60 Meter Hurdles	Finals	10	1
09:05	#15 Indoor Pentathlon: #1 Men 14-29 60 Meter Hurdle	Finals	0	0
09:15	#16 Women 30+ 3000 Meter Run Masters	Finals	3	1
09:40	#17 Men 30+ 3000 Meter Run Masters	Finals	14	1
10:00	#21 Men 16-29 3000 Meter Run Atlantics	Finals	6	1
10:15	#20 Women 16-29 3000 Meter Run Atlantics	Finals	4	1
10:30	#22 Women 15-16 2000 Meter Run Atlantics	Finals	3	1
10:30	#23 Men 15-16 2000 Meter Run Atlantics	Finals	3	1
11:00	#18 Women 30+ 3000 Meter Race Walk Masters	Finals	14	1
11:00	#19 Men 30+ 3000 Meter Race Walk Masters	Finals	3	1
12:00	#24 Women 16-17 60 Meter Hurdles Yellow 30" Atlan	Finals	9	2
12:00	#26 Women 18-19 60 Meter Hurdles Yellow 33" Atlan	Finals	1	1
12:00	#28 Women 20-29 60 Meter Hurdles Yellow 33" Atlan	Finals	0	0
12:00	#25 Men 16-17 60 Meter Hurdles Green 36" Atlantics	Finals	0	0
12:00	#27 Men 18-19 60 Meter Hurdles Green 39" Atlantics	Finals	3	1
12:00	#29 Men 20-29 60 Meter Hurdles Yellow 42" Atlantics	Finals	1	1
01:00	#30 Women 30+ 800 Meter Run Masters	Finals	11	1
01:15	#31 Men 30+ 800 Meter Run Masters	Finals	30	3
01:30	#32 Women 12-29 800 Meter Run Atlantics	Finals	16	2
01:30	#14 Indoor Pentathlon: #5 Women 14-29 800 Meter R	Finals	2	1
01:30	#12 Indoor Pentathlon: #5 Women 30+ 800 Meter Run	Finals	3	1
01:45	#33 Men 12-29 800 Meter Run Atlantics	Finals	20	2
02:00	#15 Indoor Pentathlon: #5 Men 14-29 1000 Meter Run	Finals	0	0
02:00	#13 Indoor Pentathlon: #5 Men 30+ 1000 Meter Run M	Finals	10	1
02:15	#34 Women 14-29 200 Meter Dash Atlantics	Prelims	23	4
02:30	#35 Men 14-29 200 Meter Dash Atlantics	Prelims	14	3
02:45	#36 Women 30+ 200 Meter Dash Masters	Finals	18	3
03:00	#37 Men 55+ 200 Meter Dash Masters	Finals	14	3
03:05	#38 Men 50-54 200 Meter Dash Masters	Prelims	8	2
03:10	#39 Men 45-49 200 Meter Dash Masters	Finals	5	1

**2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-****Irving Oil Field House****Session Report**

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<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
03:15	#40 Men 40-44 200 Meter Dash Masters	Finals	6	1
03:20	#41 Men 30-39 200 Meter Dash Masters	Finals	6	1
03:30	#42 Women 10-13 150 Meter Dash Atlantics	Finals	5	1
03:30	#43 Men 10-13 150 Meter Dash Atlantics	Finals	1	1
04:15	#34 Women 14-29 200 Meter Dash Atlantics	Finals	0	4u
04:25	#35 Men 14-29 200 Meter Dash Atlantics	Finals	0	4u
04:35	#38 Men 50-54 200 Meter Dash Masters	Finals	0	1u
04:40	#45 Mixed 15-29 4x400 Meter Relay Atlantics	Finals	0	0
	Athlete Count: 233		=====	=====
	Entry / Heat Totals:		288	64

**2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-****Irving Oil Field House****Session Report**

Session: 2 Field Events

Day 1 - Saturday 2020-03-14 - Starts at 09:00 AM

Starts at	Event	Round	Entries	Heats
09:00	#100 Women 30-34 Weight Throw 9.08kg/20# Masters	Finals	0	0
09:00	#101 Women 35-49 Weight Throw 9.08kg/20# Masters	Finals	3	1
09:00	#102 Women 50-59 Weight Throw 7.26kg/16# Masters	Finals	3	1
09:00	#103 Women 60-74 Weight Throw 5.45kg/12# Masters	Finals	9	1
09:00	#104 Women 75+ Weight Throw 4.0kg/8.9# Masters	Finals	1	1
10:00	#12 Indoor Pentathlon: #2 Women 30+ High Jump Ma	Finals	3	1
10:00	#14 Indoor Pentathlon: #2 Women 14-29 High Jump A	Finals	2	1
10:00	#13 Indoor Pentathlon: #2 Men 30+ Long Jump Maste	Finals	10	1
10:00	#15 Indoor Pentathlon: #2 Men 14-29 Long Jump Atla	Finals	0	0
11:00	#110 Women 16-29 Long Jump Atlantics	Finals	6	1
11:00	#12 Indoor Pentathlon: #3 Women 30+ Shot Put Maste	Finals	3	1
11:00	#14 Indoor Pentathlon: #3 Women 14-29 Shot Put Atla	Finals	2	1
11:00	#13 Indoor Pentathlon: #3 Men 30+ Shot Put Masters	Finals	10	1
11:00	#15 Indoor Pentathlon: #3 Men 14-29 Shot Put Atlanti	Finals	0	0
12:00	#13 Indoor Pentathlon: #4 Men 30+ High Jump Maste	Finals	10	1
12:00	#15 Indoor Pentathlon: #4 Men 14-29 High Jump Atla	Finals	0	0
12:00	#12 Indoor Pentathlon: #4 Women 30+ Long Jump Ma	Finals	3	1
12:00	#14 Indoor Pentathlon: #4 Women 14-29 Long Jump A	Finals	2	1
12:00	#111 Women 12-15 Long Jump Atlantics	Finals	12	1
12:00	#105 Men 12-13 Shot Put 3kg Atlantics	Finals	0	0
12:00	#106 Men 14-15 Shot Put 4 kg Atlantics	Finals	1	1
12:00	#107 Men 16-17 Shot Put 5 kg Atlantics	Finals	0	0
12:00	#108 Men 18-19 Shot Put 6kg Atlantics	Finals	0	0
12:00	#109 Men 20+ Shot Put 7.26kg Atlantics	Finals	5	1
01:30	#112 Women 30+ Long Jump Masters	Finals	10	1
01:30	#113 Women 30+ Pole Vault Masters	Finals	0	0
01:30	#114 Men 30+ Pole Vault Masters	Finals	5	1
01:30	#115 Women 12-13 Shot Put 3kg Atlantics	Finals	3	1
01:30	#116 Women 14-15 Shot Put 3 kg Atlantics	Finals	0	0
01:30	#117 Women 16-17 Shot Put 3 kg Atlantics	Finals	1	1
01:30	#118 Women 18-19 Shot Put 4kg Atlantics	Finals	0	0
01:30	#119 Women 20-99 Shot Put 4kg Atlantics	Finals	2	1
02:30	#121 Men 60+ Long Jump Masters	Finals	14	1
03:00	#123 Men 16-17 Weight Throw 9.08 kg / 20 Atlantics	Finals	0	0
03:00	#124 Men 18-19 Weight Throw 11.34kg/25# Atlantics	Finals	0	0
03:00	#125 Men 20+ Weight Throw 15.8kg/35# Atlantics	Finals	4	1
03:00	#126 Men 30-34 Weight Throw 15.8kg/35# Masters	Finals	1	1
03:00	#127 Men 35-49 Weight Throw 15.88 kg/35# Masters	Finals	1	1
03:00	#128 Men 50-59 Weight Throw 11.34kg/25# Masters	Finals	2	1
03:00	#129 Men 60-69 Weight Throw 9.08kg/20# Masters	Finals	5	1
03:00	#130 Men 70-79 Weight Throw 7.26kg/16# Masters	Finals	6	1
03:00	#131 Men 80+ Weight Throw 5.45kg/12# Masters	Finals	1	1
03:00	#133 Men 13-29 Pole Vault Atlantics	Finals	2	1

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Session: 2 Field Events

Day 1 - Saturday 2020-03-14 - Starts at 09:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
03:00	#132 Women 13-29 Pole Vault Atlantics	Finals	0	0
03:30	#122 Men 30-59 Long Jump Masters	Finals	17	2
04:30	#120 Men 12-29 Long Jump Atlantics	Finals	7	1
	Athlete Count: 112		=====	=====
	Entry / Heat Totals:		166	34

**2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-15**  
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**Session Report**

Session: 3 Track Events

Day 2 - Sunday 2020-03-15 - Starts at 09:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
09:00	#46 Tetrathlon: #1 Girls Under 12 60 Meter Dash Atla	Finals	5	1
09:00	#47 Tetrathlon: #1 Boys Under 12 60 Meter Dash Atla	Finals	6	1
09:10	#48 Men 14-29 60 Meter Dash Atlantics	Prelims	13	2
09:20	#49 Women 14-29 60 Meter Dash Atlantics	Prelims	33	5
09:30	#50 Women 30+ 60 Meter Dash Masters	Finals	20	3
09:45	#51 Men 30+ 60 Meter Dash Masters	Finals	40	5
10:00	#52 Women 30+ 5000 Meter Run Masters	Finals	5	1
10:00	#54 Women 18-29 5000 Meter Run Atlantics	Finals	0	0
10:00	#53 Men 30+ 5000 Meter Run Masters	Finals	10	1
10:00	#55 Men 18-29 5000 Meter Run Atlantics	Finals	2	1
11:20	#56 Women 12-15 300 Meter Dash Atlantics	Finals	7	2
11:25	#57 Men 12-15 300 Meter Dash Atlantics	Finals	2	1
11:30	#58 Women 30+ 400 Meter Dash Masters	Finals	11	2
11:40	#59 Men 30+ 400 Meter Dash Masters	Finals	34	6
12:10	#60 Women 16-29 400 Meter Dash Atlantics	Finals	9	2
12:20	#61 Men 16-29 400 Meter Dash Atlantics	Finals	9	2
12:30	#46 Tetrathlon: #4 Girls Under 12 600 Meter Run Atla	Finals	5	1
12:30	#47 Tetrathlon: #4 Boys Under 12 600 Meter Run Atla	Finals	6	1
01:00	#48 Men 14-29 60 Meter Dash Atlantics	Finals	0	8u
01:00	#49 Women 14-29 60 Meter Dash Atlantics	Finals	0	8u
01:15	#62 Women 30+ 1500 Meter Race Walk Masters	Finals	14	1
01:25	#63 Men 30+ 1500 Meter Race Walk Masters	Finals	4	1
01:45	#64 Women 16-29 1500 Meter Run Atlantics	Finals	6	1
01:55	#65 Men 16-29 1500 Meter Run Atlantics	Finals	6	1
02:05	#66 Women 30+ 1500 Meter Run Masters	Finals	10	1
02:30	#67 Men 30+ 1500 Meter Run Masters	Finals	24	2
02:45	#68 Women 12-15 1200 Meter Run Atlantics	Finals	5	1
02:45	#69 Men 12-15 1200 Meter Run Atlantics	Finals	5	1
03:15	#70 Women 13-29 4x200 Meter Relay Atlantics	Finals	0	0
03:15	#71 Men 13-29 4x200 Meter Relay Atlantics	Finals	0	0
03:30	#72 Women 30+ 4x200 Meter Relay Masters	Finals	0	0
03:30	#73 Men 30+ 4x200 Meter Relay Masters	Finals	0	0
03:45	#74 Women 30+ 4x800 Meter Relay Masters	Finals	0	0
03:45	#75 Men 30+ 4x800 Meter Relay Masters	Finals	0	0
	Athlete Count: 226		=====	=====
	Entry / Heat Totals:		291	62

**2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-15**  
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**Session Report**

Session: 4 Field Events

Day 2 - Sunday 2020-03-15 - Starts at 09:00 AM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
09:00	#134 Men 30+ High Jump Masters	Finals	18	2
09:00	#136 Women 13-29 Triple Jump Atlantics	Finals	4	1
09:00	#137 Men 13-29 Triple Jump Atlantics	Finals	2	1
09:15	#46 Tetrathlon: #3 Girls Under 12 Shot Put Atlantics	Finals	5	1
09:15	#47 Tetrathlon: #3 Boys Under 12 Shot Put Atlantics	Finals	6	1
09:45	#138 Men 30-34 Shot Put 4kg Masters	Finals	1	1
09:45	#139 Men 35-49 Shot Put 7.26kg Masters	Finals	7	1
09:45	#140 Men 50-59 Shot Put 6 kg Masters	Finals	6	1
10:15	#46 Tetrathlon: #2 Girls Under 12 Long Jump Atlantic	Finals	5	1
10:15	#47 Tetrathlon: #2 Boys Under 12 Long Jump Atlantic	Finals	6	1
10:30	#135 Women 30+ High Jump Masters	Finals	12	1
11:00	#141 Men 60-69 Shot Put 5 kg Masters	Finals	10	1
11:00	#143 Men 70-79 Shot Put 4.0 kg Masters	Finals	7	1
11:00	#144 Men 80+ Shot Put 3 kg Masters	Finals	1	1
11:00	#147 Women 30+ Triple Jump Masters	Finals	9	1
12:00	#148 Men 60-99 Triple Jump Masters	Finals	13	1
12:30	#146 Men 13-29 High Jump Atlantics	Finals	3	1
12:30	#145 Women 13-29 High Jump Atlantics	Finals	9	1
12:30	#150 Women 30-34 Shot Put 4kg Masters	Finals	0	0
12:30	#197 Women 35-49 Shot Put 4.0 kg Masters	Finals	8	1
01:30	#198 Women 50-59 Shot Put 3.0 kg Masters	Finals	4	1
01:30	#199 Women 60-74 Shot Put 3.0 kg Masters	Finals	8	1
01:30	#200 Women 75+ Shot Put 2.0 kg Masters	Finals	1	1
01:30	#149 Men 30-59 Triple Jump Masters	Finals	12	2
02:30	#201 Women 16-17 Weight Throw 7.26 kg / 16 Atlantic	Finals	1	1
02:30	#202 Women 18-19 Weight Throw 9.08 kg/ 20# Atlanti	Finals	0	0
02:30	#203 Women 20-99 Weight Throw 9.08kg/20# Atlantic	Finals	2	1
	Athlete Count: 113		=====	=====
	Entry / Heat Totals:		160	27