

2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-

Irving Oil Field House

Performance List

Event 2 Men 35-49 60 Meter Hurdles Yellow 39" Masters

Saturday 2020-03-14 - 08:30

Lane	Name	Age	Team	Seed Time
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M35-39

1	Singh, Diljot	37	India	8.32
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M40-44

1	Cunningham, Neil	42	Ottawa Lions	10.00
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M45-49

1	Sidhu, Parminder Singh	45	UNA	8.85
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Event 3 Men 50-59 60 Meter Hurdles Yellow 36" Masters

Saturday 2020-03-14 - 08:30

Name	Age	Team	Seed Time
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1	Folkes, Shawn	52	Unattached O	12.00
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2	Muir, Robert	52	Ottawa Lions	13.25
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3	Britton, Ross	56	Saint John T	NT
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Event 4 Men 60-69 60 Meter Hurdles Red 33" Masters

Saturday 2020-03-14 - 08:35

Lane	Name	Age	Team	Seed Time
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M60-64

1	Lawrence, Dale	62	Unattached-S	11.70
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Event 5 Men 70-79 60 Meter Hurdles White 30" Masters

Saturday 2020-03-14 - 08:40

Name	Age	Team	Seed Time
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1	Sandhu, Hardev Singh	71	Greyhounds M	12.60
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2	Shah, Surinder	77	Greyhounds M	NT
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Event 6 Men 80+ 60 Meter Hurdles White 27" Masters

Saturday 2020-03-14 - 08:45

Lane	Name	Age	Team	Seed Time
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M80-84

1	Mey, Karl	84	Greyhounds M	15.50
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2	Van Der Wal, Hylke	82	Unattached-S	NT
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Event 8 Women 35-39 60 Meter Hurdles Yellow 33" Masters

Saturday 2020-03-14 - 08:35

Name	Age	Team	Seed Time
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1	Touchette, Monia	38	Lanaudière-O	NT
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Event 9 Women 40-49 60 Meter Hurdles Red 30" Masters

Saturday 2020-03-14 - 08:40

Lane	Name	Age	Team	Seed Time
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W40-44

1	Kaur, Kulwinder	43	UNA	10.50
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W45-49

1	Arnason, Sandi	47	Riversdale A	11.11
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Event 11 Women 60+ 60 Meter Hurdles White 27" Masters

Saturday 2020-03-14 - 08:45

Lane	Name	Age	Team	Seed Time
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W60-64

1	Peabody, Sharon	62	Saint John T	15.62
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2	Welch, Jo	64	Unattached N	NT
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W70-74

1	Lee, Deborah	70	Greyhounds M	13.50
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Event 12 Women 30+ Indoor Pentathlon White 27" Masters

Pos	Name	Age	Team	Points
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W80-84

1	Graf, Tami	84	UNA	2200
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W60-64

1	Lauridsen, Susanne	62	U OF C Athle	2572
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2	Gieni, Muriel	62	Riversdale A	NP
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Event 13 Men 30+ Indoor Pentathlon White 27" Masters

Pos	Name	Age	Team	Points
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M75-79

1	Delhomeau, Roland	75	Saskatoon CE	2000
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M70-74

1	Zowkewych, Peter	70	University o	2600
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M65-69

1	Deitrich, Woody	68	Club North W	2532
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2	Berquist, Brian	67	Riversdale A	2400
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M60-64

1	Dufourneau, Alain	60	Vainqueurs P	NP
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M55-59

1	Britton, Ross	56	Saint John T	NP
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M50-54

1	Muir, Robert	52	Ottawa Lions	2100
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M45-49

1	Justason, Andrew	49	Fredericton	3000
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2	Renaud, Pascal	48	C. A. Univer	NP
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M40-44

1	Klein, Erik	44	Saint John T	NP
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Event 16 Women 30+ 3000 Meter Run Masters

Saturday 2020-03-14 - 09:15

Lane	Name	Age	Team	Seed Time
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W45-49

1	Gelinas, Sheila	45	UNA	12:50.53
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W55-59

1	Ohler, Makie	58	University o	11:40.00
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W75-79

1	Allison, Sheila	75	Greyhounds M	16:44.00
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Event 17 Men 30+ 3000 Meter Run Masters

Saturday 2020-03-14 - 09:40

Lane	Name	Age	Team	Seed Time
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M35-39

1	Young, Justin	38	Fredericton	10:09.00
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M40-44

1	Frenette, Gilles	44	Ottawa Lions	11:09.00
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2	Ryabkov, Nikolay	41	Unattached-N	11:30.00
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M45-49

1	Stowbridge, Dean	49	Saint John T	10:30.00
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Performance List

M45-49...(Event 17 Men 30+ 3000 Meter Run Masters)

2	Leef, Ryan	47	Athletics YU	10:30.00
3	Brown, Jason	45	Unattached-N	NT
4	Jacobson, Ryan	48	Unattached-N	NT

M50-54

1	Lepage, Carol	52	Athlétisme C	10:06.48
2	Coffin, Alex	52	Saint John T	10:25.00

M55-59

1	Arseneau, Sylvain	56	Athlétisme C	12:00.00
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M60-64

1	Flett, Gordon	60	Roadkill Run	12:34.31
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M65-69

1	Jackson, Rob	65	Unattached-N	11:00.00
2	Chee, Wayne	66	University o	12:45.00

M75-79

1	Gee, Arthur	76	Greyhounds M	17:07.54
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Event 18 Women 30+ 3000 Meter Race Walk Masters

Saturday 2020-03-14 - 11:00

Lane Name	Age	Team	Seed Time
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W35-39

1	Lachance, Kim	36	Vainqueurs P	NT
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W50-54

1	Kaur, Charanjit	51	India	25:00.03
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W55-59

1	Bouillon, Marlène	55	Vainqueurs P	19:11.33
2	Denault, Debra	56	Bytown Walke	21:53.00

W60-64

1	Archibald, Sandy	61	Bytown Walke	19:15.00
2	Slovitt, Nicky	60	Ontario Race	20:00.00
3	Cheechoo, Rachael	62	Unattached N	22:15.00

W65-69

1	Mercure, Louise	65	Les Vainqueu	22.30
2	Flipsen, Johanna	65	Heartland RA	17:19.93
3	Kozell, Kris	68	Ontario Race	18:00.00
4	De Thy, Anne	67	Ontario Race	19:45.00

W70-74

1	Chiozza, Teresa	70	Ontario Race	19:00.00
2	Quinlan, Angela	74	Bytown Walke	22:45.00

W80-84

1	Cheetham, Renate	83	Greyhounds M	25:22.00
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Event 19 Men 30+ 3000 Meter Race Walk Masters

Saturday 2020-03-14 - 11:00

Lane Name	Age	Team	Seed Time
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M60-64

1	Virk, Mohinder Singh	62	India	16:20.00
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M65-69

1	Charrois, Henry	69	Edmonton Rac	NT
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M80-84

1	LeBlanc, Hervé	81	Vainqueurs P	20:00.00
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Event 30 Women 30+ 800 Meter Run Masters

Saturday 2020-03-14 - 01:00

Lane Name	Age	Team	Seed Time
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W30-34

1	Barbour, Courtney	33	Halifax Road	2:40.00
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W40-44

1	Kaur, Harjit	42	Street no. 4	2:04.09
2	Sakharov, Tanya	40	Variety Vill	2:28.53

W45-49

1	James, Paula	47	Valley Athle	2:28.00
2	Smith, Cheryl	46	Valley Athle	2:40.00

W50-54

1	Maguire, Liz	54	Ottawa Lions	2:30.00
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W60-64

1	Hérard, Thérèse	63	Lanaudière-O	2:51.84
2	Willis, Katherine	62	University o	3:15.00

W65-69

1	Northcott, Clara	66	University o	6:12.00
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W75-79

1	Allison, Sheila	75	Greyhounds M	4:03.97
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W80-84

1	Cheetham, Renate	83	Greyhounds M	5:22.00
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Event 31 Men 30+ 800 Meter Run Masters

Saturday 2020-03-14 - 01:15

Lane Name	Age	Team	Seed Time
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M35-39

1	Smith, Kyle	35	Halifast Ath	1:56.00
2	Johnson, Mark	39	Jamcan Inter	2:10.00
3	McBride, Nicholas	38	Halifax Road	2:20.00
4	Young, Justin	38	Fredericton	2:20.00

M40-44

1	Blanchard, James	42	Unattached-N	2:05.54
2	Costa, Chris	41	Laurel Creek	2:08.00
3	Joncas, Marc	40	Unattached-N	2:25.00

M45-49

1	Paine, Noel	45	Ottawa Lions	2:15.00
2	Marr, Brent	47	Saint John T	2:39.00
3	Comeau, Marcel	49	Unattached-N	NT
4	Brown, Jason	45	Unattached-N	NT
5	Jacobson, Ryan	48	Unattached-N	NT

M50-54

1	Geohagen, Niegel	52	Jamcan Inter	2:33.00
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M55-59

1	Sherar, Michael	57	University o	2:10.00
2	Osland, Paul	56	University o	2:10.00
3	Rosvall, Bruce	57	Fast Tracks	2:17.63
4	Thibodeau, Paul	57	Unattached-N	2:40.19
5	MacMackin, Bill	55	Saint John T	2:50.00

M60-64

1	Sabourin, Vincent	61	UNA	3.03
2	Chapman, Ric	60	Unattached O	2:32.00

2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-**Irving Oil Field House****Performance List****M60-64...(Event 31 Men 30+ 800 Meter Run Masters)**

3	Hutchinson, Brent	63	Brantford T.	2:45.00
4	Flett, Gordon	60	Roadkill Run	2:53.62
5	Kuntz, Eric	61	Unattached-S	NT

M65-69

1	Chee, Wayne	66	University o	3:00.00
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M70-74

1	Sandhu, Hardev Singh	71	Greyhounds M	4:00.00
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M75-79

1	Gee, Arthur	76	Greyhounds M	3:43.72
2	Shah, Surinder	77	Greyhounds M	NT

M80-84

1	Mey, Karl	84	Greyhounds M	3:50.00
2	Christensen, Vern	80	University o	4:00.00
3	Kelly, Frank	81	Unattached-N	5:00.00

Event 36 Women 30+ 200 Meter Dash Masters**Saturday 2020-03-14 - 02:45**

Lane	Name	Age	Team	Seed Time
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W35-39

1	Kaur, Baljinder	35	UNA	26.00
2	Mullings, Sheree	39	Jamcan Inter	29.30
3	Ouellet, Marie-Ève	35	Filoup	34.29
4	Jennings, Nordia	38	Unattached-N	NT

W40-44

1	Steeves, Tara	41	Unattached-N	NT
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W45-49

1	King, Debbie	45	Jamcan Inter	29.40
2	Arnason, Sandi	47	Riversdale A	30.80
3	Thompson, Marsha	49	Jamcan Inter	32.00
4	Gelinas, Sheila	45	UNA	NT

W50-54

1	Bailey-Mason, Gwyneth	54	University o	34.00
2	Bortolussi, Dala	52	Rive-Sud	34.00

W55-59

1	Roberts, Kim	55	Greater Monc	36.13
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W60-64

1	Welch, Jo	64	Unattached N	36.20
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W65-69

1	Del Grande, Karla	67	Variety Vill	29.73
2	McDonah, Morag	65	Unattached N	33.00

W75-79

1	LaFayette-Boyd, Carol	78	Excel Athlet	33.00
2	Allison, Sheila	75	Greyhounds M	42.13

W80-84

1	Cheetham, Renate	83	Greyhounds M	58.50
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Event 37 Men 55+ 200 Meter Dash Masters**Saturday 2020-03-14 - 03:00**

Lane	Name	Age	Team	Seed Time
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M55-59

1	Faucher, Serge	56	Ottawa Lions	25.55
2	Rehlau, Bill	57	Calgary Spar	28.60
3	Bourque, Edouard	59	Unattached-N	NT

M60-64

1	Melchior, Ron	64	Unattached N	30.00
2	Kuntz, Eric	61	Unattached-S	NT

M65-69

1	Pelletier, Yvan	65	Fredericton	30.60
2	Deitrich, Woody	68	Club North W	31.99

M70-74

1	Sandhu, Hardev Singh	71	Greyhounds M	31.70
2	Maceachern, Alex	74	Chebucto Ath	37.00
3	Graham, Brian	73	Greyhounds M	NT

M75-79

1	Gee, Arthur	76	Greyhounds M	34.22
2	Shah, Surinder	77	Greyhounds M	NT

M80-84

1	Mey, Karl	84	Greyhounds M	37.52
2	Van Der Wal, Hylke	82	Unattached-S	NT

Event 38 Men 50-54 200 Meter Dash Masters Prelims**Saturday 2020-03-14 - 03:05**

Name	Age	Team	Seed Time
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1	Warburton, Christopher	55	Variety Vill	24.53
2	Reid, Richard	52	Jamcan Inter	24.77
3	Pellerin, Robert	50	Indépendant	26.80
4	James, Edward	52	Valley Athle	28.00
5	Penney, Neil	50	Unattached N	28.00
6	Ferron, Wayne	53	Unattached O	28.00
7	Corbin, Anthony	51	Pictou Count	30.00
8	Singh, Charanjit	50	Masters athl	NT

Event 39 Men 45-49 200 Meter Dash Masters**Saturday 2020-03-14 - 03:10**

Name	Age	Team	Seed Time
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1	John, Nigel	48	Unattached O	23.50
2	Mason, Alex-Bobbie	48	University o	25.95
3	Beechey, Matt	50	Invictus Ath	26.00
4	Marr, Brent	47	Saint John T	29.00
5	Forest, Martin	50	Lanaudière-O	29.36

Event 40 Men 40-44 200 Meter Dash Masters**Saturday 2020-03-14 - 03:15**

Name	Age	Team	Seed Time
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1	Sidhu, Parminder Singh	45	UNA	25.00
2	Mirco, Sheldon	44	Unattached O	25.98
3	Costa, Chris	41	Laurel Creek	26.00
4	Cunningham, Neil	42	Ottawa Lions	26.00
5	Petrie, Jimmy	44	Unattached O	29.75
6	Smith, Troy	44	Valley Athle	31.00

Event 41 Men 30-39 200 Meter Dash Masters**Saturday 2020-03-14 - 03:20**

Lane	Name	Age	Team	Seed Time
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1	Singh, Jaisalpreet	40	UNA	23.95
2	Gill, Manjinder Singh	40	UNA	26.30

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Performance List

M30-34...(Event 41 Men 30-39 200 Meter Dash Masters)

3	Sharma, Chandan	34	UNA	26.30
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M35-39

1	Diabate, Ibrahim	35	Montreal Tra	23.30
2	Singh, Ranjodh	37	UNA	24.10
3	Gbaguidi, Alexandre	39	Perfmax-Raci	24.23

Event 50 Women 30+ 60 Meter Dash Masters**Sunday 2020-03-15 - 09:30**

Lane	Name	Age	Team	Seed Time
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W35-39

1	Mullings, Sheree	39	Jamcan Inter	8.53
2	Reyes, Lorena	37	Jamcan Inter	8.64
3	Touchette, Monia	38	Lanaudière-O	9.12
4	Ouellet, Marie-Ève	35	Filoup	9.91
5	Grant Cookey, Lauren	36	Unattached N	NT
6	Jennings, Nordia	38	Unattached-N	NT

W40-44

1	Steeves, Tara	41	Unattached-N	NT
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W45-49

1	King, Debbie	45	Jamcan Inter	8.60
2	Thompson, Marsha	49	Jamcan Inter	9.00
3	Arnason, Sandi	47	Riversdale A	9.24

W50-54

1	Bortolussi, Dala	52	Rive-Sud	9.54
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W55-59

1	Roberts, Kim	55	Greater Monc	11.00
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W60-64

1	Melvin, Wendy	60	University o	9.70
2	Welch, Jo	64	Unattached N	10.30
3	Lauridsen, Susanne	62	U OF C Athle	NT

W65-69

1	Del Grande, Karla	67	Variety Vill	8.77
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W70-74

1	Lee, Deborah	70	Greyhounds M	10.90
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W75-79

1	LaFayette-Boyd, Carol	78	Excel Athlet	9.40
2	Allison, Sheila	75	Greyhounds M	12.06

W80-84

1	Cheetham, Renate	83	Greyhounds M	15.77
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Event 51 Men 30+ 60 Meter Dash Masters**Sunday 2020-03-15 - 09:45**

Lane	Name	Age	Team	Seed Time
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M30-34

1	Sharma, Chandan	34	UNA	6.85
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M35-39

1	Gbaguidi, Alexandre	39	Perfmax-Raci	7.27
2	Ghali, M.Marouane	39	A.S.E.A.	7.79
3	Eglo, Didier	39	A.S.E.A.	7.82
4	Singh, Rajbir	36	Masters athl	NT

M40-44

1	Cunningham, Neil	42	Ottawa Lions	7.80
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2	Klein, Erik	44	Saint John T	8.04
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3	Mirco, Sheldon	44	Unattached O	8.07
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4	Petrie, Jimmy	44	Unattached O	9.03
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5	Smith, Troy	44	Valley Athle	9.40
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M45-49

1	John, Nigel	48	Unattached O	7.39
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2	Thompson, Brad	46	Unattached N	7.99
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3	Mason, Alex-Bobbie	48	University o	7.99
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4	Osaji, Emeka	47	Unattached B	8.30
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5	Marr, Brent	47	Saint John T	8.60
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6	Savard, Mario	48	Athlétisme C	8.75
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7	London, Vance	46	UNA	NT
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M50-54

1	Beechey, Matt	50	Invictus Ath	7.99
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2	Pellerin, Robert	50	Indépendant	8.03
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3	Penney, Neil	50	Unattached N	8.20
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4	Corbin, Anthony	51	Pictou Count	10.00
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5	Dagenais, Daniel	53	Indépendant	NT
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M55-59

1	Warburton, Christopher	55	Variety Vill	7.50
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2	Brockbank, Rob	55	A.S.E.A.	8.10
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3	Rehlau, Bill	57	Calgary Spar	8.37
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4	Britton, Ross	56	Saint John T	NT
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5	Bourque, Edouard	59	Unattached-N	NT
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M60-64

1	Melchior, Ron	64	Unattached N	9.00
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2	Kuntz, Eric	61	Unattached-S	NT
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M65-69

1	Deitrich, Woody	68	Club North W	8.92
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2	Pelletier, Yvan	65	Fredericton	8.99
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3	Singh, Baljit	65	UNA	11.22
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4	Singh, Balwinder	66	UNA	65.05
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5	Berquist, Brian	67	Riversdale A	NT
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M70-74

1	Sandhu, Hardev Singh	71	Greyhounds M	9.40
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2	Maceachern, Alex	74	Chebucto Ath	10.10
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3	Graham, Brian	73	Greyhounds M	NT
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M75-79

1	Gee, Arthur	76	Greyhounds M	10:25.00
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2	Shah, Surinder	77	Greyhounds M	NT
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M80-84

1	Mey, Karl	84	Greyhounds M	11.62
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Event 52 Women 30+ 5000 Meter Run Masters**Sunday 2020-03-15 - 10:00**

Lane	Name	Age	Team	Seed Time
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W35-39

1	Hamilton, Emily	37	Physi-Kult	18:00.00
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W60-64

1	Blanchard, Patty	63	Unattached-N	21:30.00
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2	Hérard, Thérèse	63	Lanaudière-O	22:11.63
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W65-69

1	Northcott, Clara	66	University o	23:55.00
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Performance List****W80-84...(Event 52 Women 30+ 5000 Meter Run Masters)**

1	Cheetham, Renate	83	Greyhounds M	36:30.00
2	Graf, Tami	84	UNA	45:00.00

Event 53 Men 30+ 5000 Meter Run Masters**Sunday 2020-03-15 - 10:00**

Lane	Name	Age	Team	Seed Time
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M35-39

1	Young, Justin	38	Fredericton	16:58.00
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M40-44

1	Joncas, Marc	40	Unattached-N	18:30.00
2	Ryabkov, Nikolay	41	Unattached-N	19:00.00

M45-49

1	Strowbridge, Dean	49	Saint John T	17:30.00
2	Leef, Ryan	47	Athletics YU	19:00.00

M50-54

1	Coffin, Alex	52	Saint John T	15:00.00
2	Lepage, Carol	52	Athlétisme C	18:45.00

M55-59

1	Arseneau, Sylvain	56	Athlétisme C	20:00.00
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M60-64

1	Virk, Mohinder Singh	62	India	20:30.00
2	Beaudoin, Marc	62	Unattached-N	23:30.00

M65-69

1	Jackson, Rob	65	Unattached-N	18:45.00
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Event 58 Women 30+ 400 Meter Dash Masters**Sunday 2020-03-15 - 11:30**

Lane	Name	Age	Team	Seed Time
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W35-39

1	Kaur, Gurjeet	36	Athletics	1:30.15
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W40-44

1	Sakharov, Tanya	40	Variety Vill	66.00
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W45-49

1	Smith, Cheryl	46	Valley Athle	68.00
2	Gelinas, Sheila	45	UNA	76.97

W50-54

1	Bailey-Mason, Gwyneth	54	University o	74.00
2	Bortolussi, Dala	52	Rive-Sud	79.00

W60-64

1	Lauridsen, Susanne	62	U OF C Athle	NT
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W65-69

1	Del Grande, Karla	67	Variety Vill	68.39
2	McDonah, Morag	65	Unattached N	1:25.00

W75-79

1	Allison, Sheila	75	Greyhounds M	1:41.20
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W80-84

1	Cheetham, Renate	83	Greyhounds M	2:22.00
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Event 59 Men 30+ 400 Meter Dash Masters**Sunday 2020-03-15 - 11:45**

Lane	Name	Age	Team	Seed Time
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M35-39

1	Diabate, Ibrahim	35	Montreal Tra	51.30
2	Johnson, Mark	39	Jamcan Inter	55.00

M40-44

1	Costa, Chris	41	Laurel Creek	54.80
2	Blanchard, James	42	Unattached-N	55.07
3	Cunningham, Neil	42	Ottawa Lions	65.00
4	Smith, Troy	44	Valley Athle	77.00

M45-49

1	John, Nigel	48	Unattached O	53.50
2	Mason, Alex-Bobbie	48	University o	60.00
3	Paine, Noel	45	Ottawa Lions	60.00
4	Leef, Ryan	47	Athletics YU	61.00
5	Marr, Brent	47	Saint John T	68.00
6	Manesh, Taranjot Singh	49	UNA	75.00
7	Brown, Jason	45	Unattached-N	NT
8	Jacobson, Ryan	48	Unattached-N	NT

M50-54

1	Lawson, Peter	52	University o	54.30
2	Reid, Richard	52	Jamcan Inter	55.57
3	Beechey, Matt	50	Invictus Ath	59.00
4	James, Edward	52	Valley Athle	63.44
5	Ferron, Wayne	53	Unattached O	64.00
6	Geohagen, Niegel	52	Jamcan Inter	64.00

M55-59

1	Sherar, Michael	57	University o	55.63
2	Faucher, Serge	56	Ottawa Lions	56.63
3	Rosvall, Bruce	57	Fast Tracks	58.91
4	MacMackin, Bill	55	Saint John T	70.00
5	Bourque, Edouard	59	Unattached-N	NT

M60-64

1	Chapman, Ric	60	Unattached O	61.00
2	Flett, Gordon	60	Roadkill Run	76.66
3	Kuntz, Eric	61	Unattached-S	NT

M70-74

1	Sandhu, Hardev Singh	71	Greyhounds M	78.00
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M75-79

1	Gee, Arthur	76	Greyhounds M	1:26.82
2	Shah, Surinder	77	Greyhounds M	NT

M80-84

1	Mey, Karl	84	Greyhounds M	1:28.00
2	Kelly, Frank	81	Unattached-N	2:00.00
3	Van Der Wal, Hylke	82	Unattached-S	NT

Event 62 Women 30+ 1500 Meter Race Walk Masters**Sunday 2020-03-15 - 01:00**

Lane	Name	Age	Team	Seed Time
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W35-39

1	Lachance, Kim	36	Vainqueurs P	NT
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2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-**Irving Oil Field House****Performance List****W55-59...(Event 62 Women 30+ 1500 Meter Race Walk Master**

1	Bouillon, Marlène	55	Vainqueurs P	9:29.81
2	Denault, Debra	56	Bytown Walke	10:30.00

W60-64

1	Archibald, Sandy	61	Bytown Walke	9:37.00
2	Slovitt, Nicky	60	Ontario Race	9:40.00
3	Cheechoo, Rachael	62	Unattached N	10:53.00

W65-69

1	Mercure, Louise	65	Les Vainqueu	10.45
2	Flipsen, Johanna	65	Heartland RA	8:23.56
3	Kozell, Kris	68	Ontario Race	8:39.16
4	De Thy, Anne	67	Ontario Race	9:23.10
5	Gage, Joanne	66	Bytown Walke	10:30.00

W70-74

1	Chiozza, Teresa	70	Ontario Race	9:22.00
2	Quinlan, Angela	74	Bytown Walke	11:23.00

W80-84

1	Cheetham, Renate	83	Greyhounds M	12:27.00
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Event 63 Men 30+ 1500 Meter Race Walk Masters**Sunday 2020-03-15 - 01:00**

Lane	Name	Age	Team	Seed Time
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M45-49

1	Paine, Noel	45	Ottawa Lions	7:30.00
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M50-54

1	Geohagen, Niegel	52	Jamcan Inter	10:33.00
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M65-69

1	Charrois, Henry	69	Edmonton Rac	NT
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M80-84

1	LeBlanc, Hervé	81	Vainqueurs P	9:30.00
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Event 66 Women 30+ 1500 Meter Run Masters**Sunday 2020-03-15 - 02:05**

Lane	Name	Age	Team	Seed Time
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W30-34

1	Barbour, Courtney	33	Halifax Road	5:20.00
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W35-39

1	Hamilton, Emily	37	Physi-Kult	4:57.00
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W45-49

1	James, Paula	47	Valley Athle	4:55.00
2	Smith, Cheryl	46	Valley Athle	5:20.00
3	Gelinas, Sheila	45	UNA	5:58.10

W50-54

1	Maguire, Liz	54	Ottawa Lions	5:05.00
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W55-59

1	Ohler, Makie	58	University o	5:40.00
2	Roberts, Kim	55	Greater Monc	7:00.00

W60-64

1	Willis, Katherine	62	University o	6:30.00
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W75-79

1	Allison, Sheila	75	Greyhounds M	8:04.00
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Event 67 Men 30+ 1500 Meter Run Masters**Sunday 2020-03-15 - 02:15**

Lane	Name	Age	Team	Seed Time
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M35-39

1	Young, Justin	38	Fredericton	4:43.00
2	McBride, Nicholas	38	Halifax Road	4:50.00
3	Thompson, Craig	38	Unattached O	5:00.00

M40-44

1	Frenette, Gilles	44	Ottawa Lions	5:05.00
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M45-49

1	Leef, Ryan	47	Athletics YU	4:50.00
2	Eastwood, Peter	46	Yhz Track &	5:52.50
3	Brown, Jason	45	Unattached-N	NT

M50-54

1	Lepage, Carol	52	Athlétisme C	4:46.33
2	Muir, Robert	52	Ottawa Lions	4:50.00
3	Coffin, Alex	52	Saint John T	4:59.26

M55-59

1	Osland, Paul	56	University o	4:30.00
2	Sherar, Michael	57	University o	4:30.00
3	Arseneau, Sylvain	56	Athlétisme C	5:00.00
4	Burns, Jim	56	Saint John T	6:30.00

M60-64

1	Sabourin, Vincent	61	UNA	6.25
2	Hutchinson, Brent	63	Brantford T.	5:45.00
3	Flett, Gordon	60	Roadkill Run	5:57.78

M65-69

1	Jackson, Rob	65	Unattached-N	5:00.00
2	Chee, Wayne	66	University o	6:10.00
3	Smith, Doug	69	University o	7:00.00

M75-79

1	Gee, Arthur	76	Greyhounds M	7:47.94
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M80-84

1	Christensen, Vern	80	University o	7:00.00
2	Mey, Karl	84	Greyhounds M	7:50.00
3	Kelly, Frank	81	Unattached-N	9:00.00

Event 101 Women 35-49 Weight Throw 9.08kg/20# Masters**Saturday 2020-03-14 - 09:00**

Pos	Name	Age	Team	Seed Mark
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W40-44

1	Kaur, Rajwinder	44	UNA	15.40m
2	Ingles, Penelope	44	UNA	9.62m
3	Lagace, Rebecca	43	Saint John T	8.00m

Event 102 Women 50-59 Weight Throw 7.26kg/16# Masters**Saturday 2020-03-14 - 09:00**

Pos	Name	Age	Team	Seed Mark
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W55-59

1	Easton, Leah	55	Throwers Clu	9.00m
2	LeBlanc, Heather	59	Aetos Athlet	8.12m

2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-**Irving Oil Field House****Performance List****W50-54...(Event 102 Women 50-59 Weight Throw 7.26kg/16# M**

1 McCarthy, Tracey (willow) 52 Unattached O 9.25m

Event 103 Women 60-74 Weight Throw 5.45kg/12# Masters**Saturday 2020-03-14 - 09:00****Pos Name Age Team Seed Mark****W70-74**

1 Green, Lucille 72 Throwers Clu 7.50m

2 Cameron, Adrienne 72 Saint John T ND

W65-69

1 Garner, Doreen 66 Throwers Clu 11.40m

2 Hessel, Laura 68 Unattached A 9.15m

1 Allison, Sheila 75 Greyhounds M ND

W60-64

2 Welch, Jo 64 Unattached N 9.09m

3 Jardine, Ellen 64 Throwers Clu 9.09m

4 Peabody, Sharon 62 Saint John T 9.02m

5 Ecklund, Deborah 61 UNA ND

Event 104 Women 75+ Weight Throw 4.0kg/8.9# Masters**Saturday 2020-03-14 - 09:00****Pos Name Age Team Seed Mark****W80-84**

1 Cheetham, Renate 83 Greyhounds M ND

Event 111 Women 30+ Long Jump Masters**Saturday 2020-03-14 - 01:00****Pos Name Age Team Seed Mark****W75-79**

1 LaFayette-Boyd, Carol 78 Excel Athlet 3.07m

2 Allison, Sheila 75 Greyhounds M 2.29m

W70-74

1 Lee, Deborah 70 Greyhounds M 3.15m

2 Cameron, Adrienne 72 Saint John T ND

W50-54

1 Dunn, Tracy 50 Saint John T 2.52m

W45-49

1 Arnason, Sandi 47 Riversdale A 4.01m

W40-44

1 Ingles, Penelope 44 UNA ND

W35-39

1 Reyes, Lorena 37 Jamcan Inter 5.56m

2 Touchette, Monia 38 Lanaudière-O 3.77m

W30-34

1 Kaur, Sukhjit 33 UNA ND

Event 113 Men 30+ Pole Vault Masters**Saturday 2020-03-14 - 01:30****Pos Name Age Team Seed Mark****M80-84**

1 Van Der Wal, Hylke 82 Unattached-S NH

M70-74

1 Seitz, Stan 73 Ottawa Lions 2.50m

2 Sandhu, Hardev Singh 71 Greyhounds M NH

M55-59

1 Britton, Ross 56 Saint John T NH

M45-49

1 Justason, Andrew 49 Fredericton 3.30m

Event 120 Men 30+ Long Jump Masters**Saturday 2020-03-14 - 02:00****Pos Name Age Team Seed Mark****M80-84**

1 Mey, Karl 84 Greyhounds M 3.00m

2 Van Der Wal, Hylke 82 Unattached-S ND

M75-79

1 Gee, Arthur 76 Greyhounds M 3.40m

2 Shah, Surinder 77 Greyhounds M ND

M70-74

1 Zowkewych, Peter 70 University o 3.90m

2 Belyea, Ross 74 Unattached-N 3.60m

3 Seitz, Stan 73 Ottawa Lions 3.45m

4 Maceachern, Alex 74 Chebucto Ath 3.26m

5 Sandhu, Hardev Singh 71 Greyhounds M ND

6 Graham, Brian 73 Greyhounds M ND

M65-69

1 Deitrich, Woody 68 Club North W 4.27m

2 Berquist, Brian 67 Riversdale A 3.80m

M60-64

1 Lawrence, Dale 62 Unattached-S 4.30m

2 Flett, Gordon 60 Roadkill Run 3.36m

M55-59

1 Lord, Peter 57 Unattached N 5.16m

2 Rehlau, Bill 57 Calgary Spar 4.84m

3 Brockbank, Rob 55 A.S.E.A. 4.35m

4 Gautier, Paul 56 Saint John T 4.00m

5 Bourque, Edouard 59 Unattached-N ND

M50-54

1 Beechey, Matt 50 Invictus Ath 4.90m

2 Forest, Martin 50 Lanaudière-O 4.21m

3 Ferron, Wayne 53 Unattached O 4.00m

M45-49

1 John, Nigel 48 Unattached O 6.32m

2 Galloway, David 45 Truro Lions 5.40m

3 Pontes, Jack 49 Jamcan Inter 4.84m

4 Mason, Alex-Bobbie 48 University o 4.60m

5 Manesh, Taranjot Singh 49 UNA 3.75m

6 Savard, Mario 48 Athlétisme C ND

M40-44

1 Singh, Gurdip 42 UNA 5.85m

M35-39

1 Singh, Ranjodh 37 UNA 5.60m

2 Ghali, M.Marouane 39 A.S.E.A. 4.55m

2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-

Irving Oil Field House
Performance List**Event 124 Men 30-34 Weight Throw 15.8kg/35# Masters**

Saturday 2020-03-14 - 03:00

Name	Age	Team	Seed Mark
1 Dumont, Mathieu	33	C. A. Univer	11.00m

Event 125 Men 35-49 Weight Throw 15.88 kg/35# Masters

Saturday 2020-03-14 - 03:00

Pos	Name	Age	Team	Seed Mark
1	Simpson, Alan	50	Pictou Count	7.00m

Event 126 Men 50-59 Weight Throw 11.34kg/25# Masters

Saturday 2020-03-14 - 03:00

Pos	Name	Age	Team	Seed Mark
1	Gautier, Paul	56	Saint John T	15.00m

M55-59**M50-54**

1	Folkes, Shawn	52	Unattached O	9.00m
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Event 127 Men 60-69 Weight Throw 9.08kg/20# Masters

Saturday 2020-03-14 - 03:00

Pos	Name	Age	Team	Seed Mark
1	Hessel, Patrick	68	Unattached A	10.11m
1	Zowkewych, Peter	70	University o	9.50m

M65-69

2	Hebb, Brian	63	Truro Lions	13.00m
3	McDonald, Calvin	64	Saint John T	11.00m
4	Dabrowa, Jerzy	62	Unattached O	9.30m

M60-64

1	Gautier, Paul	56	Saint John T	15.00m
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Event 128 Men 70-79 Weight Throw 7.26kg/16# Masters

Saturday 2020-03-14 - 03:00

Pos	Name	Age	Team	Seed Mark
1	Delhomeau, Roland	75	Saskatoon CE	11.00m
2	Jefferson, David	76	Saint John T	10.00m
3	Gee, Arthur	76	Greyhounds M	8.03m
4	Shah, Surinder	77	Greyhounds M	ND

M75-79

1	Wyroba, Jerzy	71	Unattached O	10.00m
2	Sandhu, Hardev Singh	71	Greyhounds M	ND

M70-74

1	Dunn, Tracy	50	Saint John T	1.07m
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Event 129 Men 80+ Weight Throw 5.45kg/12# Masters

Saturday 2020-03-14 - 03:00

Pos	Name	Age	Team	Seed Mark
1	Mey, Karl	84	Greyhounds M	ND

M80-84

1	Mullings, Sheree	39	Jamcan Inter	1.00m
2	Touchette, Monia	38	Lanaudière-O	NH

Event 132 Men 30+ High Jump Masters

Sunday 2020-03-15 - 09:00

Pos	Name	Age	Team	Seed Mark
1	Mey, Karl	84	Greyhounds M	1.10m

M75-79

1	Delhomeau, Roland	75	Saskatoon CE	1.20m
2	Gee, Arthur	76	Greyhounds M	1.00m
3	Jefferson, David	76	Saint John T	0.90m
4	Shah, Surinder	77	Greyhounds M	NH

M70-74

1	Zowkewych, Peter	70	University o	1.35m
2	Seitz, Stan	73	Ottawa Lions	1.25m
3	Sandhu, Hardev Singh	71	Greyhounds M	NH

M65-69

1	Deitrich, Woody	68	Club North W	1.30m
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M60-64

1	Lawrence, Dale	62	Unattached-S	1.40m
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M55-59

1	Brockbank, Rob	55	A.S.E.A.	1.45m
2	Gautier, Paul	56	Saint John T	1.40m

M50-54

1	Folkes, Shawn	52	Unattached O	1.65m
2	Penney, Neil	50	Unattached N	1.50m
3	Beechey, Matt	50	Invictus Ath	1.50m
4	Muir, Robert	52	Ottawa Lions	1.41m

M45-49

1	Galloway, David	45	Truro Lions	1.55m
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M40-44

1	MacKenzie, Shane	41	UNA	1.70m
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Event 133 Women 30+ High Jump Masters

Sunday 2020-03-15 - 10:30

Pos	Name	Age	Team	Seed Mark
1	Lee, Deborah	70	Greyhounds M	1.10m
2	Cameron, Adrienne	72	Saint John T	NH

W70-74

1	Lauridsen, Susanne	62	U OF C Athle	1.18m
2	Peabody, Sharon	62	Saint John T	1.00m
3	Gieni, Muriel	62	Riversdale A	NH

W60-64

1	Dunn, Tracy	50	Saint John T	1.07m
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W50-54

1	Arnason, Sandi	47	Riversdale A	1.25m
2	Thompson, Marsha	49	Jamcan Inter	1.25m

W45-49

1	Ingles, Penelope	44	UNA	1.00m
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W40-44

1	Mullings, Sheree	39	Jamcan Inter	1.00m
2	Touchette, Monia	38	Lanaudière-O	NH

W35-39

2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-**Irving Oil Field House****Performance List****W30-34...(Event 133 Women 30+ High Jump Masters)**

1 Kaur, Sukhjot 33 UNA NH

Event 136 Men 30-34 Shot Put 4kg Masters**Sunday 2020-03-15 - 09:45**

Name	Age	Team	Seed Mark
1 Dumont, Mathieu	33	C. A. Univer	11.00m

Event 137 Men 35-49 Shot Put 7.26kg Masters**Sunday 2020-03-15 - 09:45**

Pos	Name	Age	Team	Seed Mark
M45-49				
1	Hachey, Serge	47	Athlétisme C	10.52m
2	Justason, Andrew	49	Fredericton	9.63m
3	Mason, Alex-Bobbie	48	University o	7.00m

M40-44

1	Singh, Harkirat	43	UNA	12.13m
1	Simpson, Alan	50	Pictou Count	8.00m

M35-39

2	Bambrick, David	36	Unattached N	11.97m
3	Singh, Rajbir	36	Masters athl	ND

Event 138 Men 50-59 Shot Put 6 kg Masters**Sunday 2020-03-15 - 09:45**

Pos	Name	Age	Team	Seed Mark
M55-59				
1	Gautier, Paul	56	Saint John T	13.00m
2	Okeefe, Kevin	58	Unattached N	ND
3	Britton, Ross	56	Saint John T	ND

M50-54

1	Folkes, Shawn	52	Unattached O	10.60m
2	Singh, Kulbir	52	UNA	9.05m
3	Singh, Satnam	54	UNA	9.00m

Event 139 Men 60-69 Shot Put 5 kg Masters**Sunday 2020-03-15 - 11:00**

Pos	Name	Age	Team	Seed Mark
M65-69				
1	Singh, Balwinder	66	UNA	11.05m
2	Hessel, Patrick	68	Unattached A	9.65m
1	Zowkewych, Peter	70	University o	10.50m

M60-64

2	Hebb, Brian	63	Truro Lions	11.30m
3	Dabrowa, Jerzy	62	Unattached O	10.29m
4	Lawrence, Dale	62	Unattached-S	10.00m
5	McDonald, Calvin	64	Saint John T	9.59m
6	Flett, Gordon	60	Roadkill Run	7.26m
7	Kuntz, Eric	61	Unattached-S	ND
8	Kruger, Willem	60	Unattached-N	ND

Event 141 Men 70-79 Shot Put 4.0 kg Masters**Sunday 2020-03-15 - 11:00**

Pos	Name	Age	Team	Seed Mark
M75-79				
1	Jacobs, Moe	76	Throwers Clu	9.50m
2	Jefferson, David	76	Saint John T	8.00m
3	Gee, Arthur	76	Greyhounds M	7.08m
4	Shah, Surinder	77	Greyhounds M	ND

M70-74

1	Wyroba, Jerzy	71	Unattached O	11.00m
2	Graham, Brian	73	Greyhounds M	ND
3	Sandhu, Hardev Singh	71	Greyhounds M	ND

Event 142 Men 80+ Shot Put 3 kg Masters**Sunday 2020-03-15 - 11:00**

Pos	Name	Age	Team	Seed Mark
M80-84				
1	Mey, Karl	84	Greyhounds M	7.15m

Event 145 Women 30+ Triple Jump Masters**Sunday 2020-03-15 - 11:00**

Pos	Name	Age	Team	Seed Mark
W75-79				
1	LaFayette-Boyd, Carol	78	Excel Athlet	7.00m
2	Allison, Sheila	75	Greyhounds M	5.61m
W70-74				
1	Lee, Deborah	70	Greyhounds M	7.00m

W60-64

1	Lauridsen, Susanne	62	U OF C Athle	6.90m
2	Peabody, Sharon	62	Saint John T	5.70m
3	Gieni, Muriel	62	Riversdale A	ND

W45-49

1	Arnason, Sandi	47	Riversdale A	8.68m
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W40-44

1	Kaur, Kulwinder	43	UNA	8.80m
2	Ingles, Penelope	44	UNA	5.51m

Event 146 Men 30+ Triple Jump Masters**Sunday 2020-03-15 - 12:00**

Pos	Name	Age	Team	Seed Mark
M80-84				
1	Mey, Karl	84	Greyhounds M	6.00m

M75-79

1	Delhomeau, Roland	75	Saskatoon CE	7.00m
2	Gee, Arthur	76	Greyhounds M	6.83m
3	Jefferson, David	76	Saint John T	5.00m
4	Shah, Surinder	77	Greyhounds M	ND

M70-74

1	Zowkewych, Peter	70	University o	8.20m
2	Belyea, Ross	74	Unattached-N	7.70m
3	Maceachern, Alex	74	Chebucto Ath	7.10m
4	Graham, Brian	73	Greyhounds M	ND
5	Sandhu, Hardev Singh	71	Greyhounds M	ND

2020 Canadian Masters & Atlantic Indoor Championships - 2020-03-14 to 2020-03-**Irving Oil Field House****Performance List****M65-69...(Event 146 Men 30+ Triple Jump Masters)**

1	Berquist, Brian	67	Riversdale A	8.00m
2	Deitrich, Woody	68	Club North W	7.75m

M60-64

1	Lawrence, Dale	62	Unattached-S	8.60m
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M55-59

1	Smith, Christopher	58	UNA	12.22m
2	Rehlau, Bill	57	Calgary Spar	9.38m
3	Gautier, Paul	56	Saint John T	9.00m
4	Bourque, Edouard	59	Unattached-N	ND

M50-54

1	Beechey, Matt	50	Invictus Ath	10.00m
2	Ferron, Wayne	53	Unattached O	9.00m

M45-49

1	Galloway, David	45	Truro Lions	11.00m
2	Pontes, Jack	49	Jamcan Inter	10.80m

M40-44

1	Singh, Gurdip	42	UNA	13.26m
2	Petrie, Jimmy	44	Unattached O	10.00m

M35-39

1	Ghali, M.Marouane	39	A.S.E.A.	10.99m
2	Eglo, Didier	39	A.S.E.A.	ND

Event 194 Women 35-49 Shot Put 4.0 kg Masters**Sunday 2020-03-15 - 12:30**

Pos	Name	Age	Team	Seed	Mark
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W45-49

1	Kaur, Baljit	46	UNA	11.00m
2	Thompson, Marsha	49	Jamcan Inter	8.00m
3	King, Debbie	45	Jamcan Inter	8.00m

W40-44

1	Kaur, Rajwinder	44	UNA	9.41m
2	Lagace, Rebecca	43	Saint John T	8.00m
1	Dunn, Tracy	50	Saint John T	6.40m

W35-39

2	Kaur, Kashmir	39	Punjab Polic	11.59m
3	Mullings, Sheree	39	Jamcan Inter	8.30m

Event 195 Women 50-59 Shot Put 3.0 kg Masters**Sunday 2020-03-15 - 01:30**

Pos	Name	Age	Team	Seed	Mark
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W55-59

1	Easton, Leah	55	Throwers Clu	8.00m
2	LeBlanc, Heather	59	Aetos Athlet	7.84m

W50-54

1	McCarthy, Tracey (willow)	52	Unattached O	9.50m
2	Parks, Tami	54	Unattached N	ND

Event 196 Women 60-74 Shot Put 3.0 kg Masters**Sunday 2020-03-15 - 01:30**

Pos	Name	Age	Team	Seed	Mark
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W70-74

1	Lee, Deborah	70	Greyhounds M	6.50m
2	Cameron, Adrienne	72	Saint John T	ND

W65-69

1	Garner, Doreen	66	Throwers Clu	10.00m
2	Hessel, Laura	68	Unattached A	7.77m
1	Allison, Sheila	75	Greyhounds M	ND

W60-64

2	Jardine, Ellen	64	Throwers Clu	7.70m
3	Ecklund, Deborah	61	UNA	ND
4	Gieni, Muriel	62	Riversdale A	ND

Event 197 Women 75+ Shot Put 2.0 kg Masters**Sunday 2020-03-15 - 01:30**

Pos	Name	Age	Team	Seed	Mark
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W80-84

1	Cheetham, Renate	83	Greyhounds M	ND
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