



UNITED TAMIL SPORTS CLUB
MTA CHAMPIONSHIPS WARM-UP
A Pee wee, Mite, Atom and Senior Track & Field Meet



Sanctioned by	Minor Track Association	
Hosted by	United Tamil Sports Club	
Date	Saturday, March 14th, 2020	
Time	9:30 am	
Location	Toronto Track & Field Centre 231 Ian MacDonald Blvd York University, Toronto	
Facility	Chevron Surface on 5-lane 200m banked oval and 8-lane sprint straight and on all field approaches, Concrete throwing circle. Maximum spike length – 5 mm (9mm for High Jump)	
Meet Director	Siva Kandiah Unitedsc@hotmail.com	
Entries chairperson	Suzanne Leroux 416-733-2962 suzanneleroux@rogers.com	
Age categories	PEEWEE	born in 2014-2015
	MITE	born in 2012-2013
	TYKE	born in 2010-2011
	ATOM	born in 2008-2009
	SENIOR	born in 2006-2007
Entry deadline	Wednesday, March 11th, 2020, at 11:59 pm Fees: \$10.00 per individual entry \$20.00 per relay team	
Late deadline	Friday, March 13th, 2020, at noon Fees: \$20.00 per individual entry \$30.00 per relay team Entries will not be accepted on meet day.	
Online Entries	All entries must be completed online at www.trackiereg.com https://www.trackie.com/online-registration/register/united-tamil-sports-club-warm-up-meet/464534/	
	Note: There is a \$5.00 insurance coverage surcharge per athlete for non-MTA registered athletes. This provides all-day coverage at the meet venue.	
	No telephone entries. NO REFUNDS.	
Waiver	Each participant is required to submit a waiver form or a blanket waiver by the coach with Power of Attorney (list all athletes). The waiver forms must be submitted at the registration desk the day of the competition.	

Meet rules

- 1 Athletes may enter in three individual events, of which no more than two may be track events (relays not included).
- 2 In all running events, girls will precede boys, from youngest to oldest age division.
- 3 Seeding will be done according to the rules of the MTA.
- 4 Lanes, heats and sections will be assigned according to the rules of the MTA.
- 5 Events with less than five athletes may be combined with another age division.
- 6 Starting blocks for Atoms and Seniors only.
- 7 Age classification as of December 31st, 2020

Specifications**for Hurdling events – 60m**

Division	Height
Mite	12" / 30 cm
Tyke	18" / 45 cm
Atom	24" / 60 cm
Senior	27" / 68 cm

for Shot Put

Division	Weight
Mite	1.50 kg
Tyke	2.00 kg
Atom	2.73 kg
Senior	3.00 kg

Awards

Medals will be presented to the 1st, 2nd and 3rd place finishers in each event.
Ribbons will be presented to 4th to 8th place finishers.

EVENTS

	PG	PB	MG	MB	TG	TB	AG	AB	SG	SB
60m	X	X	X	X	X	X	X	X	X	X
200m			X	X	X	X	X	X	X	X
400m			X	X	X	X	X	X	X	X
800m			X	X	X	X	X	X	X	X
1200m					X	X				
1500m							X	X	X	X
60m Hurdles			X	X	X	X	X	X	X	X
High Jump					X	X	X	X	X	X
Long Jump	X	X	X	X	X	X	X	X	X	X
Triple Jump							X	X	X	X
Shot Put			X	X	X	X	X	X	X	X
4x200m Relay			X	X	X	X	X	X	X	X

UNITED TAMIL SPORTS CLUB WARM-UP SCHEDULE

This is a tentative schedule. The final schedule will be prepared after the deadline.

This is a running schedule and may be advanced or delayed as required.

	TRACK	FIELD		
		Long Jump	Shot Put	High Jump
9:30	60m Hurdles	Peewee &Mite Girls	Senior Girls	Atom Girls
		Peewee &Mite Boys		
	1200m / 1500m		Senior Boys	
		Tyke Girls		Atom Boys
		Tyke Boys	Atom Girls	
	400m			
		Atom Girls	Atom Boys	Tyke Girls
		Atom Boys		
	60m			
		Senior Girls		Tyke Boys
		Senior Boys		
	Lunch Break	Lunch Break	Lunch Break	Lunch Break
12:30	800m	Triple Jump		Senior Girls
		Atom & Senior Girls	Tyke Girls	
	200m			Senior Boys
		Atom & Senior Boys	Tyke Boys	
	4 x 200m relay			
			Mite Girls & Boys	



MINOR TRACK ASSOCIATION



SANCTIONED AND REQUIRED BY:
MINOR TRACK ASSOCIATION

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2020 UNITED TAMIL SPORTS CLUB MTA CHAMPIONSHIPS WARM-UP MEET

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Minor Track Association of Ontario
City of Toronto
Toronto Track & Field Centre
United Tamil Sports Club

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

_____ Date	_____ Print Name	_____ Signature of Athlete
_____ Date	_____ Print Name	_____ Signature of Parent or Legal Guardian (if under 18 years old)