## 2017 Butterdome Start Lines \& Notes

$\mathbf{5 0 m}, \mathbf{6 0 m}, \mathbf{1 5 0} \mathrm{m}, \mathbf{2 0 0} \mathrm{m} \boldsymbol{8 3 0 0} \mathrm{m}$ (including hurdle events)
Solid white lines as shown on the track diagram
100m White/black/white lines at end of back straight.
$\underline{400 \mathrm{~m} \& 600 \mathrm{~m}}$ White/blue/white start lines with a two turn cut-in.
800m White/green/white start lines with a one turn cut-in. With the agreement of all parties, this event may start without lanes using a waterfall start line. In addition, for larger fields, the athletes may be separated into two groups with $65 \%$ of the field using the regular arced start line and $35 \%$ using a second arced start line on the outer portion of the track. 800 m run in this fashion would be a one turn cut-in.
$\mathbf{1 , 0 0 0} \mathrm{m}$ to $\mathbf{3 , 0 0 0 m}$ A group start using the waterfall white start lines in the positions indicated on the track diagram.

Note that both waterfall start lines on this track have second, arced start lines marked in the outer lanes.
$\mathbf{4 \times 2 0 0 m}$ Relay White/red/white start line, with a three turn cut-in. First exchange is in lanes, the $2^{\text {nd }}$ and $3^{\text {rd }}$ exchanges are not done in lanes. $3^{\text {rd }}$ and $4^{\text {th }}$ runners place themselves in the order of the athletes at the 100 m corner and that order must then not be changed. Athletes may however move inside to vacant lanes as long as the order is not changed. The first, in lanes exchange zone is marked by red hooks. The second and third, not in lanes, exchange zone is marked with blue lines.
$\underline{4 \times 400 m}$ Relay White/blue/white start line with a two turn cut-in.
$\underline{4 \times 800 m}$ Relay White/green/white with a one turn cut-in.
$\mathbf{4 \times 1 0 0 m}$ Relay Use white/blue/white start line with a two turn cut-in. First exchange is in lanes at the end of the back straight, $2^{\text {nd }} \& 3^{\text {rd }}$ exchanges, not in lanes. In lanes and not in lanes exchange zones on the back straight are marked with yellow hooks and/or lines.

Break/cut- in lines at the Butterdome, at the beginning of the back and finish straight, are green.

## Butterdome Start Lines and Break Line Diagram



## Alberta Indoor Games <br> Provincial Relays and

U10/U12/U14/Masters Championships

## Track Schedule (as of February 13 1700h)

This finalized version of the schedule will be provided to coaches at Registration.
Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.
Please do NOT use tape on the Universiade Pavilion surface (track nor field).
Saturday, February 15, 2020
Note: The Saturday schedule is tentative and subject to scratches/changes received by Friday evening.

| Time MST | Track Events |  | Entries | Max <br> Lanes per Heat | Heats | Minutes per Heat | Total Minutes | Athlete Must Check in Before | Athlete Must Be in Call Room Before | Advancement or Note |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9:30 | 60m Hurdles Pentathlon - Masters Women |  | 2 | 8 | 1 | 5:00 | 5:00 | 9:10 | 9:15 |  |
| 9:35 | 60m Hurdles Pentathlon - Masters Men |  | 4 | 8 | 1 | 5:00 | 5:00 | 9:15 | 9:20 |  |
| 9:40 | 60m Timed Finals - Under-10 Boys |  | 11 | 9 | 2 | 3:00 | 6:00 | 9:20 | 9:25 |  |
| 9:46 | 60m Timed Finals - Under-10 Girls | Full | 9 | 9 | 1 | 3:00 | 3:00 | 9:26 | 9:31 |  |
| 9:49 | 60m Timed Finals - Under-12 Boys |  | 22 | 9 | 3 | 3:00 | 9:00 | 9:29 | 9:34 |  |
| 9:58 | 60m Timed Finals - Under-12 Girls | Full | 18 | 9 | 2 | 3:00 | 6:00 | 9:38 | 9:43 |  |
| 10:04 | 60m Timed Finals - Under-14 Boys |  | 25 | 9 | 3 | 3:00 | 9:00 | 9:44 | 9:49 |  |
| 10:13 | 60m Timed Finals - Under-14 Girls |  | 44 | 9 | 5 | 3:00 | 15:00 | 9:53 | 9:58 |  |
| 10:30 | 60m Heats - Under-16 Men |  | 19 | 8 | 3 | 3:30 | 10:30 | 10:10 | 10:15 | Top $2+2$ going to 1 race (8) |
| 10:40 | 60m Heats - Under-16 Women |  | 31 | 8 | 4 | 3:30 | 14:00 | 10:20 | 10:25 | Top $3+4$ going to 2 races (16) |
| 10:54 | 60m Heats - Under-18 Men |  | 18 | 8 | 3 | 3:30 | 10:30 | 10:34 | 10:39 | Top $2+2$ going to 1 race (8) |
| 11:05 | 60m Heats - Under-18 Women |  | 26 | 8 | 4 | 3:30 | 14:00 | 10:45 | 10:50 | Top $3+4$ going to 2 races (16) |
| 11:19 | 60m Heats - Under-20 Men |  | 10 | 8 | 2 | 3:30 | 7:00 | 10:59 | 11:04 | Top $3+2$ going to 1 race (8) |
| 11:26 | 60m Heats - Senior Men |  | 7 | 8 | 1 | 3:30 | 3:30 | 11:06 | 11:11 | *** Top $3+2$ going to 1 race |
| 11:29 | 60m Heats - Under-20 Women |  | 10 | 8 | 2 | 3:30 | 7:00 | 11:09 | 11:14 | Top $3+2$ going to 1 race (8) |
| 11:36 | 60m Heats - Senior Women |  | 6 | 8 | 1 | 3:30 | 3:30 | 11:16 | 11:21 | *** Top $3+2$ going to 1 race |
| 11:40 |  |  |  |  |  |  | 19:00 |  |  |  |
| 12:00 | 400m Timed Finals - Masters Women |  | 1 | 5 | 1 | 4:00 | 4:00 | 11:40 | 11:45 |  |
|  | 400m Timed Finals - Masters Men |  | 3 | 5 |  |  |  |  |  |  |
| 12:04 | 600m Timed Finals - Under-16 Men |  | 11 | 5 | 3 | 4:30 | 13:30 | 11:44 | 11:49 |  |
| 12:17 | 600m Timed Finals - Under-16 Women |  | 17 | 5 | 4 | 4:30 | 18:00 | 11:57 | 12:02 |  |
| 12:35 | 600m Timed Finals - Under-18 Men |  | 3 | 5 | 1 | 4:15 | 4:15 | 12:15 | 12:20 |  |
| 12:39 | 600m Timed Finals - Under-20 Men |  | 4 | 5 | 1 | 4:15 | 4:15 | 12:19 | 12:24 |  |
| 12:44 | 600m Timed Finals - Open Men |  | 4 | 5 | 1 | 4:15 | 4:15 | 12:24 | 12:29 |  |
| 12:48 | 600m Timed Finals - Under-18 Women |  | 4 | 5 | 1 | 4:15 | 4:15 | 12:28 | 12:33 |  |
|  | 600m Timed Finals - Under-20 Women | none | 0 | 5 |  |  |  |  |  |  |
| 12:52 | 600m Timed Finals - Open Women | Full | 5 | 5 | 1 | 4:15 | 4:15 | 12:32 | 12:37 |  |
| 12:56 |  |  |  |  |  |  | 4:00 |  |  |  |
| 13:00 | 1500m Race Walk - Women |  | 9 | 13 | 1 | 11:00 | 11:00 | 12:40 | 12:45 | Includes non-Masters |
| 13:11 | 1500m Race Walk - Men |  | 5 | 13 | 1 | 11:00 | 11:00 | 12:51 | 12:56 |  |
| 13:22 | Lunch Break |  |  |  |  |  | 35:00 |  |  |  |
| 14:00 | 600m Timed Finals - Under-10 Boys |  | 11 | 15 | 1 | 4:30 | 4:30 | 13:40 | 13:45 |  |
| 14:04 | 600m Timed Finals - Under-10 Girls |  | 9 | 15 | 1 | 4:30 | 4:30 | 13:44 | 13:49 |  |
| 14:09 | 600m Timed Finals - Under-12 Boys |  | 22 | 15 | 2 | 4:30 | 9:00 | 13:49 | 13:54 |  |
| 14:18 | 600m Timed Finals - Under-12 Girls |  | 18 | 15 | 2 | 4:30 | 9:00 | 13:58 | 14:03 |  |
| 14:27 | 1000m Timed Finals - Under-14 Boys |  | 25 | 15 | 2 | 5:30 | 11:00 | 14:07 | 14:12 |  |
| 14:38 | 1000m Timed Finals - Under-14 Girls |  | 44 | 12 | 4 | 5:30 | 22:00 | 14:18 | 14:23 |  |
| 15:00 | 800m Pentathlon - Masters Women |  | 2 | 10 | 1 | 5:00 | 5:00 | 14:40 | 14:45 |  |
| 15:05 | 1000m Pentathlon - Masters Men |  | 4 | 13 | 1 | 6:00 | 6:00 | 14:45 | 14:50 |  |
| 15:15 | 60m Final - Under-16 Men |  | 8 | 8 | 1 | 3:30 | 3:30 | 14:55 | 15:00 |  |
| 15:18 | 60m Final - Under-16 Women |  | 16 | 8 | 2 | 3:30 | 7:00 | 14:58 | 15:03 |  |
| 15:25 | 60m Final - Under-18 Men |  | 8 | 8 | 1 | 3:30 | 3:30 | 15:05 | 15:10 |  |

# Alberta Indoor Games <br> Provincial Relays and <br> <br> U10/U12/U14/Masters Championships 

 <br> <br> U10/U12/U14/Masters Championships}

## Track Schedule (as of February 13 1700h)

This finalized version of the schedule will be provided to coaches at Registration. Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.
Please do NOT use tape on the Universiade Pavilion surface (track nor field).
Saturday, February 15, 2020 Note: The Saturday schedule is tentative and subject to scratchesclchanges

| Time MST | Track Events |  | Entries | Max <br> Lanes <br> per <br> Heat | Heats | Minutes per Heat | Total Minutes | Athlete Must Check in Before | Athlete <br> Must Be <br> in Call <br> Room <br> Before | Advancement or Note |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 15:29 | 60m Final - Under-18 Women |  | 16 | 8 | 2 | 3:30 | 7:00 | 15:09 | 15:14 |  |
| 15:36 | 60m Final - Under-20 Men |  | 8 | 8 | 1 | 3:30 | 3:30 | 15:16 | 15:21 |  |
| 15:39 | 60m Final - Senior Men |  | 8 | 8 | 1 | 3:30 | 3:30 | 15:19 | 15:24 |  |
| 15:43 | 60m Final - Under-20 Women |  | 8 | 8 | 1 | 3:30 | 3:30 | 15:23 | 15:28 |  |
| 15:46 | 60m Final - Senior Women |  | 8 | 8 | 1 | 3:30 | 3:30 | 15:26 | 15:31 |  |
| 15:50 | 60m Timed Final - Masters Women |  | 5 | 8 | 1 | 3:30 | 3:30 | 15:30 | 15:35 |  |
| 15:53 | 60m Timed Final - Masters Men |  | 10 | 9 | 2 | 3:30 | 7:00 | 15:33 | 15:38 |  |
| 16:00 |  |  |  |  |  |  | 4:00 |  |  |  |
| 16:05 | 1500m Timed Finals - Men | Full | 13 | 13 | 1 | 8:00 | 8:00 | 15:45 | 15:50 |  |
| 16:13 | 1500m Timed Finals - Women |  | 7 | 13 | 1 | 8:00 | 8:00 | 15:53 | 15:58 |  |
| 16:25 | 2000m Timed Finals - Under-16 Men |  | 4 | 13 | 1 | 9:00 | 9:00 | 16:05 | 16:10 |  |
| 16:34 | 2000m Timed Finals - Under-16 Women |  | 3 | 13 | 1 | 10:00 | 10:00 | 16:14 | 16:19 |  |
| 16:45 | 4x200m Relays - Under-10 Mixed |  | 1 | 5 | 1 | 6:00 | 6:00 | 16:25 | 16:30 |  |
|  | 4x200m Relays - Under-12 Mixed |  | 1 |  |  |  |  |  |  |  |
| 16:51 | 4x200m Relays - Under-14 Mixed |  | 6 | 6 | 1 | 6:00 | 6:00 | 16:31 | 16:36 |  |
| 16:57 | 4x200m Relays - Senior Mixed |  | 1 | 5 | 1 | 6:00 | 6:00 | 16:37 | 16:42 |  |
|  | 4x200m Relays - Masters |  |  |  |  |  |  |  |  |  |
| 17:03 | 4x200m Relays - Under-10 Girls |  | 1 | 5 | 1 | 6:00 | 6:00 | 16:43 | 16:48 |  |
|  | 4x200m Relays - Under-12 Girls |  | 2 |  |  |  |  |  |  |  |
| 17:09 | 4x200m Relays - Under-10 Boys |  | 1 | 5 | 1 | 6:00 | 6:00 | 16:49 | 16:54 |  |
|  | 4x200m Relays - Under-12 Boys |  | 3 |  |  |  |  |  |  |  |
| 17:15 | 4x200m Relays - Under-16 Men |  | 2 | 5 | 1 | 6:00 | 6:00 | 16:55 | 17:00 |  |
|  | 4x200m Relays - Under-18 Men |  | 1 |  |  |  |  |  |  |  |
| 17:21 | 4x200m Relays - Under-20 Men |  | 3 | 6 | 1 | 6:00 | 6:00 | 17:01 | 17:06 |  |
|  | 4x200m Relays - Senior Men |  | 3 |  |  |  |  |  |  |  |
| 17:27 | 4x200m Relays - Under-16 Women |  | 4 | 5 | 1 | 6:00 | 6:00 | 17:07 | 17:12 |  |
| 17:33 | 4x200m Relays - Under-18 Women |  | 4 | 5 | 1 | 6:00 | 6:00 | 17:13 | 17:18 |  |
| 17:39 | End of Day's Competition |  |  |  | 93 |  |  |  |  |  |

# Alberta Indoor Games <br> Provincial Relays and <br> <br> U10/U12/U14/Masters Championships 

 <br> <br> U10/U12/U14/Masters Championships}

## Field Schedule (as of February 13 1700h)

## Saturday, February 15, 2020

Note: The Saturday schedule is tentative and subject to scratches/changes received by Friday evening. This finalized version of the schedule will be provided to coaches at Registration. Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

| Event <br> Start <br> Time | Warm- <br> Up <br> Start |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| MST | Time | Field Events | Expected <br> Totat Iime <br> H:Mm |  |
| Long/Triple Jump (Centre Pit) |  |  |  |  |
| 10:00 | $09: 30$ | Pentathlon Masters Men | 4 | $0: 42$ |
| $10: 35$ | $10: 15$ | U12 Girls Long Jump | 18 | $1: 12$ |
| $11: 30$ | $11: 30$ | Break |  | $0: 35$ |
| $13: 00$ | $12: 10$ | Open Women Triple Jump | 16 | $2: 00$ |
| $14: 40$ | $14: 15$ | U16 Men Long Jump | 12 | $1: 24$ |
| $16: 00$ | $15: 40$ | U18 Men Long Jump | 10 | $1: 14$ |
| $17: 15$ | $16: 55$ | U20 / Senior / Masters Men Long Jump | 10 | $1: 32$ |
| $18: 30$ |  | End of Day's Competition |  |  |


| Event <br> Start <br> Time | Warm- <br> Up <br> Start |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| MST | Time | Field Events | Expected <br> Total Time <br> H:MM |  |
| Long Jump (Wall Pit) |  |  |  |  |
| 10:30 | $10: 10$ | U12 Boys Long Jump Flight 1 | 22 | $1: 28$ |
| $11: 40$ | $11: 40$ | Break |  | $0: 35$ |
| $13: 00$ | $12: 30$ | Pentathlon Masters Women | 2 | $0: 36$ |
| $13: 10$ |  | End of Day's Competition |  |  |


| Standing Long Jump Mat 1 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| $10: 30$ | $10: 20$ | U10 Boys | 11 | $0: 44$ |
| $11: 05$ |  | End of Day's Competition |  |  |


| Standing Long Jump Mat 2 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| $10: 30$ | $10: 20$ | U10 Girls | 9 | $0: 36$ |
| $11: 00$ |  | End of Day's Competition |  |  |


| High Jump (Centre Mat) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| $10: 00$ | $09: 30$ | Pentathlon Masters Women | 2 | $0: 46$ |
| $10: 45$ | $10: 20$ | U14 Boys | 25 | $1: 23$ |
| $11: 45$ | $11: 45$ | Break |  | $0: 35$ |
| $12: 40$ | $12: 25$ | U18 Women | 8 | $1: 20$ |
| $14: 10$ | $13: 50$ | U16 Women | 11 | $2: 01$ |
| $16: 10$ | $15: 55$ | Masters Women | 1 | $0: 30$ |
| $16: 45$ | $16: 30$ | U20 / Senior Women | 3 | $0: 39$ |
| $17: 10$ |  | End of Day's Competition |  |  |


| High Jump (West Mat) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| $09: 50$ | $09: 30$ | U14 Girls Flight 1 | 22 | $1: 13$ |
| $11: 05$ | $10: 45$ | U14 Girls Flight 2 | 22 | $1: 13$ |
| $12: 00$ | $12: 00$ | Break |  | $0: 35$ |
| $13: 10$ | $12: 40$ | Pentathlon Men | 4 | $1: 02$ |
| $13: 45$ |  | End of Day's Competition |  |  |


| Pole Vault |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 11:00 | $10: 15$ | Open Men < 3.7 metres | 5 | $1: 35$ |
| $11: 55$ | $11: 55$ | Break |  | $0: 35$ |
| $13: 30$ | $12: 45$ | Open Men >= 3.7 metres | 2 | $1: 05$ |
| $13: 55$ |  | End of Day's Competition |  |  |


| Shot Put and Weight Throw <br> (Centre Circle) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $09: 30$ | $09: 20$ | U16 to Masters Women Weight Throw | 6 | $0: 48$ |  |
| $10: 25$ | $10: 10$ | U16 Men Shot Put | 7 | $0: 56$ |  |
| $11: 20$ | $11: 10$ | U12 Boys Shot Put | 22 | $1: 17$ |  |
| $12: 30$ | $12: 30$ | Break |  | $0: 35$ |  |
| $13: 20$ | $13: 10$ | U12 Girls Shot Put | 18 | $1: 03$ |  |
| $14: 25$ | $14: 15$ | U18 Men Shot Put | 6 | $0: 48$ |  |
| $15: 30$ | $15: 05$ | U20 / Senior / Masters Men Shot Put | 12 | $1: 24$ |  |
| $16: 30$ |  | End of Day's Competition |  |  |  |


| Shot Put (West Circle) |  |  |  |  |
| :---: | :---: | :--- | :---: | :---: |
| $11: 00$ | $10: 30$ | Pentathlon Masters Men/Women | 6 | $0: 48$ |
| $11: 20$ |  | End of Day's Competition |  |  |
| Medicine Ball Throw     <br> $11: 30$ $11: 25$ U10 Girls   |  |  |  |  |
| $12: 05$ | $11: 50$ | U14 Boys | $9: 20$ |  |
| $12: 55$ | $12: 50$ | U10 Boys | 25 | $0: 56$ |
| $13: 25$ | $13: 15$ | U14 Girls Flight 1 | 11 | $0: 24$ |
| $14: 15$ | $14: 05$ | U14 Girls Flight 2 | 22 | $0: 49$ |
| $14: 55$ |  | End of Day's Competition | 22 | $0: 49$ |

## U10/U12/U14/Masters Championships

## Track Schedule (as of February 14 1325h)

Sunday, February 16, 2020

Note: The Sunday schedule is tentative and subject to scratches/changes received by Saturday afternoon.
This finalized version of the schedule will be provided to coaches at Registration.
Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.
Please do NOT use tape on the Universiade Pavilion surface (track nor field).

| Time MST | Track Events |  | Entries | Max <br> Lanes <br> per <br> Heat | Heats | $\begin{aligned} & \text { Minutes } \\ & \text { per Heat } \end{aligned}$ | Total Minutes | Athlete <br> Must <br> Check in <br> Before | Athlete Must Be in Call Room Before | Advancement or Note |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9:00 | 60m Hurdles Timed Final -- Masters Women |  | 1 | 8 | 1 | 5:00 | 5:00 | 8:40 | 8:45 |  |
| 9:05 | 60m Hurdles Heats - Under-16 Women |  | 12 | 8 | 2 | 5:00 | 10:00 | 8:45 | 8:50 | Top $3+2$ going to 1 race (8) -$0.76,12,8$ green |
| 9:15 | 60m Hurdles Heats - Under-18 Women | Full | 8 | 8 | 1 | 6:00 | 6:00 | 8:55 | 9:00 | 0.76, 13, 8.5 yellow |
| 9:21 | 60m Hurdles Heats - Under-20/Senior Women |  | 3 | 8 | 1 | 6:00 | 6:00 | 9:01 | 9:06 | 0.84, 13, 8.5 yellow |
| 9:27 | 60m Hurdles Heats - Under-16 Men |  | 5 | 8 | 1 | 5:30 | 5:30 | 9:07 | 9:12 | 0.84, 13, 8.5 yellow |
| 9:32 | 60m Hurdles Heats - Under-18 Men |  | 3 | 8 | 1 | 6:00 | 6:00 | 9:12 | 9:17 | 0.91, 13.72, 9.14 blue |
| 9:38 | 60m Hurdles Heats - Under-20 Men |  | 3 | 8 | 1 | 6:00 | 6:00 | 9:18 | 9:23 | 0.99, 13.72, 9.14 blue |
|  | 60m Hurdles Heats - Senior Men |  | 1 | 8 |  |  |  |  |  | 1.07, 13.72, 9.14 blue |
| 9:44 | 60m Hurdles Timed Final -- Masters Men |  | 2 | 8 | 1 | 5:00 | 5:00 | 9:24 | 9:29 |  |
| 9:49 |  |  |  |  |  |  | 4:00 |  |  |  |
| 9:55 | 150m Timed Finals - Under-10 Boys | Full | 10 | 10 | 1 | 3:30 | 3:30 | 9:35 | 9:40 | Waterfall start. |
| 9:58 | 150m Timed Finals - Under-10 Girls |  | 9 | 10 | 1 | 3:30 | 3:30 | 9:38 | 9:43 | Waterfall start. |
| 10:02 | 150m Timed Finals - Under-12 Boys |  | 22 | 10 | 3 | 3:30 | 10:30 | 9:42 | 9:47 | Waterfall start. |
| 10:12 | 150m Timed Finals - Under-12 Girls |  | 16 | 10 | 2 | 3:30 | 7:00 | 9:52 | 9:57 | Waterfall start. |
| 10:19 | 150m Timed Finals - Under-14 Boys |  | 29 | 5 | 6 | 3:30 | 21:00 | 9:59 | 10:04 | In lanes (1-5). |
| 10:40 | 150m Timed Finals - Under-14 Girls |  | 48 | 5 | 10 | 3:30 | 35:00 | 10:20 | 10:25 | In lanes (1-5). |
| 11:15 |  |  |  |  |  |  | 4:00 |  |  |  |
| 11:20 | 1200m Timed Finals - Under-16 Men |  | 10 | 13 | 1 | 6:30 | 6:30 | 11:00 | 11:05 |  |
| 11:26 | 1200m Timed Finals - Under-16 Women |  | 11 | 13 | 1 | 6:30 | 6:30 | 11:06 | 11:11 |  |
| 11:33 | 1000m Timed Finals - Under-18 Women |  | 7 | 13 | 1 | 5:45 | 5:45 | 11:13 | 11:18 |  |
| 11:38 | 1000m Timed Finals - Senior Women |  | 6 | 13 | 1 | 5:45 | 5:45 | 11:18 | 11:23 |  |
|  | 1000m Timed Finals - Under-20 Women |  | 2 |  |  |  |  |  |  |  |
| 11:44 | 1000m Timed Finals - Under-18 Men |  | 6 | 13 | 1 | 5:45 | 5:45 | 11:24 | 11:29 |  |
|  | 1000m Timed Finals - Senior Men |  | 2 |  |  |  |  |  |  |  |
|  | 1000m Timed Finals - Under-20 Men |  | 1 |  |  |  |  |  |  |  |
|  | 1000m Timed Finals - Masters Men |  | 1 |  |  |  |  |  |  |  |
| 11:50 | 800m Masters Men |  | 3 | 13 | 1 | 4:30 | 4:30 | 11:30 | 11:35 |  |
| 11:55 | 60m Hurdles Final - Under-20 Men |  | 3 | 8 | 1 | 6:00 | 6:00 | 11:35 | 11:40 | 0.99, 13.72, 9.14 blue |
|  | 60m Hurdles Final - Senior Men |  | 1 | 8 |  |  |  |  |  | 1.07, 13.72, 9.14 blue |
| 12:01 | 60m Hurdles Final - Under-18 Men |  | 8 | 8 | 1 | 6:00 | 6:00 | 11:41 | 11:46 | 0.91, 13.72, 9.14 blue |
| 12:07 | 60m Hurdles Final - Under-16 Men |  | 8 | 8 | 1 | 5:30 | 5:30 | 11:47 | 11:52 | 0.84, 13, 8.5 yellow |
| 12:12 | 60m Hurdles Final - Under-20/Senior Women |  | 8 | 8 | 1 | 6:00 | 6:00 | 11:52 | 11:57 | 0.84, 13, 8.5 yellow |
| 12:18 | 60m Hurdles Final - Under-18 Women |  | 8 | 8 | 1 | 6:00 | 6:00 | 11:58 | 12:03 | 0.76, 13, 8.5 yellow |
| 12:24 | 60m Hurdles Final - Under-16 Women |  | 8 | 8 | 1 | 5:00 | 5:00 | 12:04 | 12:09 | 0.76, 12, 8 green |
| 12:29 | Lunch Break |  |  |  |  |  | 30:00 |  |  |  |
| 13:00 | 300m Timed Finals - Under-16 Men |  | 7 | 5 | 2 | 4:00 | 8:00 | 12:40 | 12:45 | Lanes 3-7. |
| 13:08 | 300m Timed Finals - Under-16 Women |  | 19 | 5 | 4 | 4:00 | 16:00 | 12:48 | 12:53 | Lanes 3-7. |
| 13:24 | 300m Timed Finals - Under-18 Men |  | 11 | 5 | 3 | 4:00 | 12:00 | 13:04 | 13:09 | Lanes 3-7. |
| 13:36 | 300m Timed Finals - Under-18 Women | Full | 20 | 5 | 4 | 4:00 | 16:00 | 13:16 | 13:21 | Lanes 3-7. |
| 13:52 | 300m Timed Finals - Under-20 Men | Full | 10 | 5 | 2 | 4:00 | 8:00 | 13:32 | 13:37 | Lanes 3-7. |
| 14:00 | 300m Timed Finals - Senior Men |  | 7 | 5 | 2 | 4:00 | 8:00 | 13:40 | 13:45 | Lanes 3-7. |
| 14:08 | 300 m Timed Finals - Under-20 Women |  | 7 | 5 | 2 | 4:00 | 8:00 | 13:48 | 13:53 | Lanes 3-7. |

# Alberta Indoor Games <br> Provincial Relays and U10/U12/U14/Masters Championships 

Track Schedule (as of February 14 1325h)

## Sunday, February 16, 2020

Note: The Sunday schedule is tentative and subject to scratches/changes received by Saturday afternoon.
This finalized version of the schedule will be provided to coaches at Registration.
Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.
Please do NOT use tape on the Universiade Pavilion surface (track nor field).

| Time MST | Track Events |  | Entries | Max <br> Lanes <br> per <br> Heat | Heats | Minutes per Heat | Total Minutes | $\begin{array}{\|l} \text { Athlete } \\ \text { Must } \\ \text { Check in } \\ \text { Before } \\ \hline \end{array}$ | Athlete <br> Must Be <br> in Call <br> Room <br> Before | Advancement or Note |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 14:16 | 300m Timed Finals - Senior/Masters Women |  | 8 | 5 | 2 | 4:00 | 8:00 | 13:56 | 14:01 | Lanes 3-7. |
| 14:24 | 300m Timed Finals - Under-10 Boys | Full | 10 | 10 | 1 | 4:00 | 4:00 | 14:04 | 14:09 | Waterfall start. |
| 14:28 | 300m Timed Finals - Under-10 Girls |  | 9 | 10 | 1 | 4:00 | 4:00 | 14:08 | 14:13 | Waterfall start. |
| 14:32 | 300m Timed Finals - Under-12 Boys |  | 22 | 10 | 3 | 4:00 | 12:00 | 14:12 | 14:17 | Waterfall start. |
| 14:44 | 300m Timed Finals - Under-12 Girls |  | 16 | 10 | 2 | 4:00 | 8:00 | 14:24 | 14:29 | Waterfall start. |
| 14:52 |  |  |  |  |  |  | 2:00 |  |  |  |
| 14:55 | 600m Timed Finals - Under-14 Boys |  | 29 | 10 | 3 | 4:30 | 13:30 | 14:35 | 14:40 | Waterfall start. |
| 15:08 | 600m Timed Finals - Under-14 Girls |  | 48 | 10 | 5 | 4:30 | 22:30 | 14:48 | 14:53 | Waterfall start. |
| 15:31 | 200m Timed Finals - Masters Men |  | 6 | 5 | 2 | 4:00 | 8:00 | 15:11 | 15:16 |  |
| 15:39 | 200m Timed Finals - Masters Women |  | 2 | 5 | 1 | 4:00 | 4:00 | 15:19 | 15:24 |  |
| 15:43 | 3000m Timed Finals - All Men |  | 9 | 13 | 1 | 14:00 | 14:00 | 15:23 | 15:28 |  |
| 15:57 | 3000m Timed Finals - All Women |  | 6 | 13 | 1 | 14:00 | 14:00 | 15:37 | 15:42 |  |
| 16:11 | End of Day's Competition |  |  |  | 85 |  |  |  |  |  |

# Alberta Indoor Games <br> Provincial Relays and <br> <br> U10/U12/U14/Masters Championships 

 <br> <br> U10/U12/U14/Masters Championships}


## Field Schedule (as of February 13 1700h)

## Sunday, February 16, 2020

Note: The Sunday schedule is tentative and subject to scratches/changes received by Saturday evening. This finalized version of the schedule will be provided to coaches at Registration. Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field),

| Event <br> Start <br> Time | Warm- <br> Up <br> Start |  |  |  |
| :---: | :---: | :--- | :---: | :---: |
| MST |  | Expected <br> Time | Field Events |  |
| Total Time |  |  |  |  |
| H:MM |  |  |  |  |$|$


| Event <br> Start <br> Time | Warm- <br> Up <br> Start |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| MST | Time | Field Events | Expected <br> Total Time <br> H:MM |  |
| Long Jump (Wall Pit) |  |  |  |  |
| 09:10 | $09: 00$ | U10 Girls | 9 | $0: 27$ |
| $09: 45$ | $09: 30$ | U16 Women Long Jump Flight 1 | 7 | $0: 31$ |
| $10: 30$ | $10: 05$ | U16 Women Long Jump Flight 2 | 12 | $1: 14$ |
| $11: 35$ | $11: 20$ | U14 Boys Flight 1 | 15 | $0: 45$ |
| $12: 25$ | $12: 10$ | U14 Boys Flight 2 | 14 | $0: 42$ |
| $12: 55$ |  | End of Day's Competition |  |  |


| Standing Long Jump Mat 1 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| $10: 30$ | $10: 10$ | U12 Boys | 22 | $1: 28$ |
| $11: 40$ |  | End of Day's Competition |  |  |


| Standing Long Jump Mat 2 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| $10: 25$ | $10: 10$ | U12 Girls | 16 | $1: 04$ |
| $11: 15$ |  | End of Day's Competition |  |  |


| High Jump (Centre Mat) |  |  |  |  |
| :---: | :---: | :--- | :--- | :---: |
| 11:00 | $10: 45$ | U18 / U20 / Open Men | 6 | $1: 03$ |
| $12: 05$ | $11: 50$ | U16 Men | 7 | $1: 17$ |
| $13: 10$ | $13: 10$ | Masters Men | 0 | $0: 00$ |
| $13: 15$ |  | End of Day's Competition |  |  |


| Pole Vault |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| $11: 00$ | $10: 15$ | Open Women < 3.0 metres | 10 | $2: 25$ |
| $12: 45$ | $12: 45$ | Break |  | $0: 35$ |
| $14: 10$ | $13: 25$ | Open Women >= 3.0 metres | 1 | $0: 55$ |
| $14: 25$ |  | End of Day's Competition |  |  |


| Shot Put and Weight Throw <br> (Centre Circle) |  |  |  |  |  |
| :---: | :---: | :--- | :---: | :---: | :---: |
| 09:30 | $09: 20$ | U16 to Masters Men Weight Throw | 4 | $0: 32$ |  |
| $10: 05$ | $09: 55$ | U16 Women Shot Put | 4 | $0: 32$ |  |
| $10: 35$ | $10: 30$ | U10 Boys Shot Put | 10 | $0: 35$ |  |
| $11: 20$ | $11: 10$ | U14 Girls Shot Put Flight 1 | 16 | $0: 56$ |  |
| $12: 10$ | $12: 10$ | Break |  | $0: 35$ |  |
| $13: 00$ | $12: 50$ | U14 Girls Shot Put Flight 2 | 16 | $0: 56$ |  |
| $14: 00$ | $13: 50$ | U14 Girls Shot Put Flight 3 | 16 | $0: 56$ |  |
| $15: 00$ | $14: 50$ | U18 Women Shot Put | 6 | $0: 48$ |  |
| $16: 00$ | $15: 40$ | U20 / Senior / Masters Women Shot Put | 9 | $1: 09$ |  |
| $16: 50$ |  | End of Day's Competition |  |  |  |


| Shot Put (West Circle) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 11:30 | 11:25 | U10 Girls | 9 | 0:31 |
| 12:10 | 12:00 | U14 Boys Flight 1 | 15 | 0:52 |
| 13:00 | 12:55 | U14 Boys Flight 2 | 14 | 0:49 |
| 13:45 |  | End of Day's Competition |  |  |
| Medicine Ball Throw (West Side) |  |  |  |  |
| 11:30 | 11:20 | U12 Boys | 22 | 0:49 |
| 12:20 | 12:10 | U12 Girls | 16 | 0:36 |
| 12:50 |  | End of Day's Competition |  |  |

