

## Carleton Ravens U-Sport Last Chance - 2/15/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Meet Program - u16 Track

**Event 1 Girls 60 Meter Dash Under 16**

Saturday 2/15/2020 - 9:30 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 4 Finals</b>			
1	Duetta, Miah	Ottawa Lions	
2	Moodie, Sage	C.A.N.I.	
3	Armitage, Madison	Beckwith	
4	Wallace, Sara	Ottawa Lions	
5	Stefani, Angelica	Ottawa Lions	
6	Burch, Makara	Beckwith	
<b>Section 2 of 4 Finals</b>			
1	Lawrence, Aly	Ottawa Lions	
2	McGillivray, Kierra	Ottawa Lions	
3	Cote, Sabrina	C.A.N.I.	
4	Armitage, Sydney	Beckwith	
5	Acquaah, Anna	Ottawa Lions	
6	Seguin, Caroline	Ottawa Lions	
<b>Section 3 of 4 Finals</b>			
2	Leverette, Tegan	Beckwith	
3	Hurst, Zadié	Ottawa Lions	
4	Hill, McKenna	Ottawa Lions	
5	Veilleux, Allia	Ottawa Lions	
<b>Section 4 of 4 Finals</b>			
2	Williams, Ayanna-Marie	Ottawa Lions	
3	Baril, Gaele	Cirrus	
4	Matte, Jasmine	Gatineau	

**Event 2 Boys 60 Meter Dash Under 16**

Saturday 2/15/2020 - 9:30 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Yanon, Chrystopher	Cirrus	
2	Wilson, Devonte	Ottawa Lions	
3	Yetman, Jay	Ottawa Lions	
4	Rochon, Loïk	Gatineau	
5	McNeil, Nathaniel	Ottawa Lions	
6	Holland, Cormick	Ottawa Lions	
<b>Section 2 of 2 Finals</b>			
1	Karnis, Kaiden	Beckwith	
2	Pinard Macdonald, Louis Ton;	Cirrus	
3	Lafrance, Éloi	Cirrus	
4	On, Tam	Unattached	
5	Bigentini, Leonardo	Ottawa Lions	
6	Di Francesco, Noam	Gatineau	

**Event 5 Girls 60 Meter Hurdles Mini Under 16**

Saturday 2/15/2020 - 9:40 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 3 Finals</b>			
2	Duetta, Miah	Ottawa Lions	
3	Stefani, Angelica	Ottawa Lions	
4	Armitage, Sydney	Beckwith	
5	Dimov, Maria	Ottawa Lions	
<b>Section 2 of 3 Finals</b>			
1	Hill, McKenna	Ottawa Lions	
2	Allibhai, Alisha	Ottawa Lions	
3	McGillivray, Kierra	Ottawa Lions	
4	Baechlin, Malva	Ottawa Lions	
5	Van Brabant, Amelia	Ottawa Lions	
<b>Section 3 of 3 Finals</b>			
2	Roy, Amy	Cirrus	
3	Dadjo-Boucher, Sara	Cirrus	
4	Labrie, Ariana	Ottawa Lions	
5	Murchison, Juliette	Ottawa Lions	

**Event 6 Boys 60 Meter Hurdles Mini Under 16**

Saturday 2/15/2020 - 9:40 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
3	Gosselin, Antoine	Cirrus	
4	Redwood-Wheeler, Dyllan	Beckwith	

**Event 9 Girls 60 Meter Hurdles Under 20**

Saturday 2/15/2020 - 9:50 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Filion-Harvey, Zoé	Cirrus	
2	Guthrie, Jessica	Beckwith	
3	Landry, Abby	Kingston Tfc	
4	Jackson, Lilly	Beckwith	
6	Lu Langlely, Vanessa	Ottawa Lions	

**Event 10 Boys 60 Meter Hurdles Under 20**

Saturday 2/15/2020 - 9:50 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
1	McNeil, Nathaniel	Ottawa Lions	
2	Scott, Carter	Beckwith	
3	Newman, Keito	Ottawa Lions	
4	Dolliver, Kyle	Beckwith	
5	Carty, Xavier	Ottawa Lions	
6	Nonez, Fabrice	Ottawa Lions	

## Carleton Ravens U-Sport Last Chance - 2/15/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Meet Program - u16 Track

**Event 17 Girls 800 Meter Run Under 16**

Saturday 2/15/2020 - 10:05 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Joly, Chloe	Ottawa Lions	
2	Baechlin, Malva	Ottawa Lions	
3	Adams, Juliana	Ottawa Lions	
4	Brazeau, Liliane	Ottawa Lions	
5	Murchison, Juliette	Ottawa Lions	
6	Bourenane, Cylia	Cirrus	
7	Van Brabant, Amelia	Ottawa Lions	
8	Labrie, Ariana	Ottawa Lions	
9	Bean, Samantha	Ottawa Lions	
10	Hill, Mckenna	Ottawa Lions	

**Event 18 Boys 800 Meter Run Under 16**

Saturday 2/15/2020 - 10:05 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Robblee, Chase	Ottawa Lions	
2	Adegbile, Johnson	Beckwith	
3	Kushner, Zachary	Ottawa Lions	
4	Ladurantaye, Logan	Ottawa Lions	
5	Perreault, Antoine	Cirrus	
6	Morneau, Charles	Cirrus	

**Event 13 Girls 150 Meter Dash Under 16**

Saturday 2/15/2020 - 10:15 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 6 Finals</b>			
1	Stefani, Angelica	Ottawa Lions	
2	Guthrie, Jessica	Beckwith	
3	Armitage, Madison	Beckwith	
4	Wallace, Sara	Ottawa Lions	
<b>Section 2 of 6 Finals</b>			
1	Duetta, Miah	Ottawa Lions	
2	Burch, Makara	Beckwith	
3	Dimov, Maria	Ottawa Lions	
4	Bourenane, Cylia	Cirrus	
<b>Section 3 of 6 Finals</b>			
1	Orchard, Hannah	Ottawa Lions	
2	Acquaah, Anna	Ottawa Lions	
3	Moodie, Sage	C.A.N.I.	
4	Cote, Sabrina	C.A.N.I.	
<b>Section 4 of 6 Finals</b>			
1	Hurst, Zadi	Ottawa Lions	
2	Lawrence, Aly	Ottawa Lions	
3	Seguin, Caroline	Ottawa Lions	
4	McGillivray, Kierra	Ottawa Lions	

**Section 5 of 6 Finals**

1	Williams, Ayanna-Marie	Ottawa Lions
2	Allibhai, Alisha	Ottawa Lions
3	Murchison, Juliette	Ottawa Lions
4	Veilleux, Allia	Ottawa Lions

**Section 6 of 6 Finals**

2	Labrie, Ariana	Ottawa Lions
3	Baril, Gaelle	Cirrus
4	Matte, Jasmine	Gatineau

**Event 14 Boys 150 Meter Dash Under 16**

Saturday 2/15/2020 - 10:15 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 4 Finals</b>			
1	Redwood-Wheeler, Dyllan	Beckwith	
2	McNeil, Nathaniel	Ottawa Lions	
3	Yetman, Jay	Ottawa Lions	
4	Wilson, Devonte	Ottawa Lions	
<b>Section 2 of 4 Finals</b>			
1	Pinard Macdonald, Louis Tony	Cirrus	
2	Laliberté, Alex	Cirrus	
3	Lafrance, Éloi	Cirrus	
4	Scott, Carter	Beckwith	
<b>Section 3 of 4 Finals</b>			
1	On, Tam	Unattached	
2	Morneau, Charles	Cirrus	
3	Perreault, Antoine	Cirrus	
4	Robblee, Chase	Ottawa Lions	
<b>Section 4 of 4 Finals</b>			
2	Matte, Charles	Gatineau	
3	Karnis, Kaiden	Beckwith	
4	Di Francesco, Noam	Gatineau	

**Event 21 Girls 2000 Meter Run Under 16**

Saturday 2/15/2020 - 10:30 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Bean, Samantha	Ottawa Lions	
2	Brazeau, Liliane	Ottawa Lions	
3	Joly, Chloe	Ottawa Lions	
4	Seaby, Maddie	Beckwith	

**Event 22 Boys 2000 Meter Run Under 16**

Saturday 2/15/2020 - 10:30 AM

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
5	Kushner, Zachary	Ottawa Lions	
6	Matte, Charles	Gatineau	
7	Etherington, Caleb	Beckwith	
8	Ghozlani, Sami	Ottawa Lions	

**Carleton Ravens U-Sport Last Chance - 2/15/2020**

**Ottawa Lions Timing Team**

**Dome @ Louis Riel**

**Meet Program - u16 Track**

**Event 25 Mixed 4x100 Meter Relay Under 16**

**Saturday 2/15/2020 - 10:40 AM**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Finals</b>			
2	Cirrus	A	

## Carleton Ravens U-Sport Last Chance - 2/15/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Meet Program - Open Track

**Event 68 Women 60 Meter Hurdles Open****Top 12 Advance by Time**

Saturday 2/15/2020 - 12:00 PM

Lane	Name	Team	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Lu Langley, Vanessa	Ottawa Lions	
2	Lucien, Nafthalia	Ottawa Lions	
3	Leveille, Maude	Sherbrooke	
4	Woods, Lauren Abigail	McGill	
5	Sprague, Emily	Ottawa Gee-Gees	
<b>Heat 2 of 2 Prelims</b>			
1	McGannon, Alexa	Carleton Ravens	
2	Poirier, Caroline	Ottawa Gee-Gees	
3	Lapolice, Stephanie	Ottawa Gee-Gees	
4	Kemper, Julianne	Carleton Ravens	
5	Harttrup, Lindsay	McGill	

**Event 69 Men 60 Meter Hurdles Open****Top 12 Advance by Time**

Saturday 2/15/2020 - 12:00 PM

Lane	Name	Team	Seed Time
<b>Heat 1 of 2 Prelims</b>			
2	Soderstrom, Kurt William	McGill	
3	Lebrun, Antoine	Cirrus	
4	Daly, Matthew	McGill	
5	Dacosta, Tyler	Ottawa Gee-Gees	
<b>Heat 2 of 2 Prelims</b>			
3	Maillé, Gabriel	Montréal Carabin	
4	Leger, Taylor	McGill	
5	Brougham, Derek	Ottawa Gee-Gees	

**Event 36 Women 60 Meter Dash Open****Top 12 Advance by Time**

Saturday 2/15/2020 - 12:15 PM

Lane	Name	Team	Seed Time
<b>Heat 1 of 9 Prelims</b>			
1	Savoury, Jorden	McGill	
2	Vieux, Kayla	C.A.N.I.	
3	Béliveau, Émy	Laval	
4	Leduc, Audrey	Laval	
5	Maxwell, Nyoka	C.A.N.I.	
6	Lund, Pernille	Ottawa Gee-Gees	
<b>Heat 2 of 9 Prelims</b>			
1	Ejaife, Naomi	C.A.N.I.	
2	Amoi, Laura	C.A.N.I.	
3	Léo, Harmine Christina	Montréal Carabin	
4	Fortin, Sandrine	Laval	
5	Procyk, Paulina	Ottawa Lions	
6	Manor, Katie	Ottawa Lions	

**Heat 3 of 9 Prelims**

1	Dubé, Élisabeth	Montréal Carabin
2	Gilmour, Audrey	Ottawa Lions
3	Hountondji, Isaline	Laval
4	Dundon, Meghan	Ottawa Gee-Gees
5	Sprague, Emily	Ottawa Gee-Gees
6	Gagne, Annabelle	Ottawa Gee-Gees

**Heat 4 of 9 Prelims**

1	Djigo, Khardjatou (marianne)	McGill
2	Fenton, Olivia	McGill
3	Susinski, Stephanie	McGill
4	Martins, Emma	Cirrus
5	Bratus, Ainslie	Kingston Tfc
6	Macmillan, Lindsey	Carleton Ravens

**Heat 5 of 9 Prelims**

1	Parris, Ieasha	C.A.N.I.
2	Vallière, Cloé	Montréal Carabin
3	Istead, Nicole	Ottawa Lions
4	McCutcheon, Marissa	Ottawa Lions
5	Bouchard, Ariane	Sherbrooke
6	Leullier, Valérie	Gatineau

**Heat 6 of 9 Prelims**

1	Dowling, Jenny	Kingston Tfc
2	Naveang-Plouffe, Anne-Marie	Ottawa Lions
3	Babinski, Chiara	Montréal Carabin
4	Sharp, Samantha	Ottawa Lions
5	Dupuis, Natacha	Ottawa Lions
6	Borgella, Bianca	Ottawa Lions

**Heat 7 of 9 Prelims**

1	Iyabor, Alexia	Ottawa Lions
2	Alexis, Wendy	Ottawa Lions
3	Dubuc Gaudreau, Gabrielle	Saint-Laurent
4	Lavertu, Julianne	Gatineau
5	Torres Suarez, Sophia	Cirrus

**Heat 8 of 9 Prelims**

1	Brennan, Kelly	Ottawa Lions
2	Ostertag, Coralie	Ottawa Lions
3	Gillan, Sarah	Kingston Tfc
4	Cinicolo, Melissa	Ottawa Gee-Gees
5	Anderson, Gabrielle	Cirrus
6	Sam Chee, Sharini	Ottawa Lions

**Heat 9 of 9 Prelims**

1	Lepage, Mylène	Cirrus
2	Kemper, Julianne	Carleton Ravens
3	Robichaud, Janelle	Laurentian
4	McGannon, Alexa	Carleton Ravens
5	Laube, Djouly Samantha	Unattached

## Carleton Ravens U-Sport Last Chance - 2/15/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Meet Program - Open Track

**Event 37 Men 60 Meter Dash Open****Top 12 Advance by Time**

Saturday 2/15/2020 - 12:15 PM

Lane	Name	Team	Seed Time
<b>Heat 1 of 12 Prelims</b>			
1	Khelifa, Azer	Montréal Carabin	
2	Maazami, Youssef-Mehdi	Montréal Carabin	
3	Marmen-Harvey, Jean-Samue	C. A. Laval	
4	Adjibi, Eliezer	C.A.N.I.	
5	Pilipili, Hento	Laval	
6	Halog, Jonelle	C.A.N.I.	
<b>Heat 2 of 12 Prelims</b>			
1	Lafreniere, Jeremy	Sherbrooke	
2	Renélique, Taylor	Montréal Carabin	
3	Ahouansou, Yanniss	Laval	
4	Côté, Thomas	Montréal Carabin	
5	Kirouac, Jasmin	Laval	
6	Sassi, Philip	Saint-Laurent	
<b>Heat 3 of 12 Prelims</b>			
1	Ingram, Austin	Les Coureurs	
2	Grant, Oliver	Unattached	
3	Tremblay, Yanis	C. A. Laval	
4	Manuel, Alex	Ottawa Lions	
5	Ajayi, Femi	Ottawa Gee-Gees	
6	Togola, Mamadou-Bazan	Laval	
<b>Heat 4 of 12 Prelims</b>			
1	Baptiste, Melchisedek	Unattached	
2	Landon, Dillon	Ottawa Lions	
3	Paradis, Louis-Frédéric	C. A. Laval	
4	Bellemare, Félix	Montréal Carabin	
5	Rocheleau, Francois	McGill	
6	Nwokobia, Emmanuel	Unattached	
<b>Heat 5 of 12 Prelims</b>			
1	Ajaero, Chukwuemeka	Ottawa Gee-Gees	
2	Pinnock, Michael	Carleton Ravens	
3	Fortier, Jeremy	Ottawa Lions	
4	Bryant, Zachary	Ottawa Lions	
5	Robinson, Sam	Ottawa Lions	
6	Valentine, Tim	Ottawa Gee-Gees	
<b>Heat 6 of 12 Prelims</b>			
1	Pineault, Mathieu	Sherbrooke	
2	Soderstrom, Kurt William	McGill	
3	Wong, Christopher	McGill	
4	Tang, Matthew	Ottawa Gee-Gees	
5	Chombe, Justin	Unattached	
6	Lamoureux, Damien	Gatineau	

**Heat 7 of 12 Prelims**

1	Tiendrebeogo, Otheniel	Ottawa Gee-Gees
2	McHale, Shea	Ottawa Lions
3	Roy, Antoine	Laval
4	Jiang, David	Montréal Carabin
5	Vézina, Dani	Montréal Carabin
6	Tran, Donovan	C.A.N.I.

**Heat 8 of 12 Prelims**

1	Polidori, Gabriele	McGill
2	Correa, Daniel	Sherbrooke
3	Dunning, Alexander Thunder	C.A.N.I.
4	Ullberg, Cedric	Saint-Laurent
5	Medouni, Alexandre	Montréal Carabin
6	Gurnsey, Joel	Kingston Tfc

**Heat 9 of 12 Prelims**

1	Williams, Lawrence	Ottawa Lions
2	Mohamed Reda, El Azali	Ottawa Gee-Gees
3	Gentillon, Teilhard	Cirrus
4	Robinson, Ben	RMC
5	Gurnsey, Michael	Kingston Tfc

**Heat 10 of 12 Prelims**

1	Doucet, Mathieu	Cirrus
2	Cunningham, Neil	Ottawa Lions
3	LeBlanc, Emile	Sherbrooke
4	Davilma, Derick	Ottawa Lions
5	Girouard-Laflamme, Émile	École de tech

**Heat 11 of 12 Prelims**

1	Paialunga, Joe	Ottawa Lions
2	Coulaud, Étienne	Cirrus
3	Wallner, Leo	Ottawa Lions
4	Parra, Nicolas	Ottawa Lions
5	Warner, David	Ottawa Lions

**Heat 12 of 12 Prelims**

1	Audet, Alex	Cirrus
2	Wu, Howie	Ottawa Lions
3	Bhandari, Amar	Ottawa Lions
4	Routhier, Tristan	Petite Nation
5	Scrive, William	Cirrus

**Event 44 Women 600 Meter Run Open**

Saturday 2/15/2020 - 12:45 PM

Lane	Name	Team	Seed Time
<b>Section 1 of 3 Finals</b>			
1	Smith, Sydney	Ottawa Gee-Gees	
2	Clarke, Madison	Ottawa Gee-Gees	
3	Jewett, Rachel	UTTC	
4	Okapali, Favour	Western Mustangs	
5	Smith, Jenna	Guelph Gryphons	
6	Ollier, Mary	Ottawa Lions	
7	Maddocks, Beatrix	Guelph Gryphons	
8	Dahms, Marie-Eve	Ottawa Gee-Gees	

## Carleton Ravens U-Sport Last Chance - 2/15/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Meet Program - Open Track

**Section 2 of 3 Finals...(Event 44 Women 600 Meter Run Open)**

1	Leclerc, Corinne	Montréal Carabin
2	Leask, Stephanie	Ottawa Gee-Gees
3	Prévost-Cormier, Claudelle	Montréal Carabin
4	Katz, Sarah	Monarch AC
5	Walton, Shannon	National Capital
6	Mahlig, Alexia	Sherbrooke
7	Bickle-Ferth, Kate	Unattached
8	Giroux, Stéphanie	Saint-Laurent
9	McCormik, Brooklyn	Ottawa Gee-Gees

**Section 3 of 3 Finals**

1	Howitt, Kimberley	Ottawa Lions
2	Tenasco, Jennifer	C.A.N.I.
3	Normandeau, Jade	Uqam Citadin
4	Tyman, Elana	Ottawa Lions
5	Croce, Juliette	McGill
6	Vidal, Cassie	Sherbrooke
7	Boutilier, Shanna	Ottawa Lions
8	Fuchs, Bailey	Kingston Tfc
9	Delorme, Madison	Beckwith
10	McInerney, Erin	Ottawa Lions
11	Kolking, Pippa	Ottawa Lions

**Event 45 Men 600 Meter Run Open**

Saturday 2/15/2020 - 12:45 PM

Lane	Name	Team	Seed Time
------	------	------	-----------

**Section 1 of 4 Finals**

1	Evans, Stephen	Ottawa Lions
2	Lorentz, Joshua	Waterloo
3	Payette, William	Montréal Carabin
4	Gendreau-Fillion, David	Laval
5	Petersen, Michael	Western Mustangs
6	Aber, Yassine	C.A. Sherbrooke
7	Berkshire, Jack	Toronto
8	Crosby, Jack	McGill

**Section 2 of 4 Finals**

1	Lyness, Quinn	Ottawa Gee-Gees
2	Bimm, Alexander	Toronto
3	Nandlal, Marcus	Toronto
4	Ryan, Alanzo	Guelph Gryphons
5	Horton, Ryder	Guelph Gryphons
6	Babcock, Owen	Waterloo
7	Danson, Sebastian	McGill
8	Stewart, Will	Guelph Gryphons
9	Bernard, Nicolas	McGill

**Section 3 of 4 Finals**

1	Trapeau, Lucas	Ottawa Gee-Gees
2	Fortier, Jeremy	Ottawa Lions
3	Danouj, Oussama	Saint-Laurent
4	Cote, Sebastien	C.A.N.I.
5	Aitounejjar, Mouhcine	Ottawa Lions
6	Bassole, Yves	C.A.N.I.
7	Wilson, Daniel	Toronto
8	Samson, Gabriel	Montréal Carabin
9	Rica, Antoine	Saint-Laurent

**Section 4 of 4 Finals**

1	Joseph, Emmanuel	Unattached
2	Villeneuve, Julien	Uqam Citadin
3	Georges, Max Delroy	C.A.N.I.
4	Bouma, Phoenix	Ottawa Lions
5	Saez, Sebastian	Lachine
6	Brohman, Charlie	Carleton Ravens
7	Nonez, Fabrice	Ottawa Lions
8	Carty, Xavier	Ottawa Lions
9	Singh, Ranjit	Ottawa Lions

**Event 56 Women 1500 Meter Run Open**

Saturday 2/15/2020 - 1:10 PM

Lane	Name	Team	Seed Time
------	------	------	-----------

**Section 1 of 2 Finals**

1	Ireland, Jennifer	McGill
2	Newlove, Katie	Ottawa Lions
3	Pominville, Mariane	McGill
4	Hicks, Holly	Ottawa Gee-Gees
5	Hnatyshyn, Mary	McGill
6	Fitzgerald, Kara	Kingston Achilles
7	Vanderweyen, Laura	McGill
8	Veillette, Sandrine	McGill
9	Ouellet, Evelyne	C.A. Sherbrooke
10	Bilodeau, Véronique	Montréal Carabin
11	Porter, Gillian	Ottawa Lions
12	Chambers, Meredith	McGill
13	Watson, Maia	McGill
14	Mendes, Brianna	McGill

**Section 2 of 2 Finals**

1	Ngo, Isabelle	Ottawa Lions
2	Murchison, Charlotte	Ottawa Lions
3	Bialowas, Ivy	Ottawa Lions
4	Wauthier, Sara	Remparts
5	Lawson, Maya	Ottawa Lions
6	Wopling, Francesca	Gatineau
7	Langelaan, Rachel	McGill
8	Hurst, Freya	Ottawa Lions
9	Maguire, Liz	Ottawa Lions
10	Thompson, Amy	Ottawa Lions

## Carleton Ravens U-Sport Last Chance - 2/15/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Meet Program - Open Track

**Event 57 Men 1500 Meter Run Open**

Saturday 2/15/2020 - 1:10 PM

Lane	Name	Team	Seed Time
<b>Section 1 of 3 Finals</b>			
1	Wellenstein, Henry	McGill	
2	Lebel, Alexandre	Montréal Carabin	
3	Cyr, Olivier	McGill	
4	Elrimawi-Fine, Noah	McGill	
5	Riad, Yasser	Gatineau	
6	Bernier, Simon	McGill	
7	Hély, Clément	Saint-Laurent	
8	Tunney, Ronan	Waterloo	
9	Maxwell, Alexander	Ottawa Lions	
10	Mitchell, Robert	Ottawa Gee-Gees	
11	Marshall-Burghardt, Gift (sep	McGill	
12	Dean, Cameron	Waterloo	
13	Bates, Paul	Ottawa Gee-Gees	
<b>Section 2 of 3 Finals</b>			
1	Domingue, Charles	Remparts	
2	Schwendt, Adam	McGill	
3	Bates, Kevin	McGill Olympic	
4	Meraw, Nathan	Ottawa Gee-Gees	
5	Tulk, Aidan	Kingston Tfc	
6	O'Brien, Nicholas	Remparts	
7	Hill, Darrell	Carleton Ravens	
8	McClure, Jake	McGill	
9	Labbé, Jérémy	Remparts	
10	Omar Ali, Harun	Ridgemont HS	
11	Sneddon, Jay	Ottawa Lions	
12	Cottam, Matt	Ottawa Gee-Gees	
13	Coté, Jonathan	Remparts	
<b>Section 3 of 3 Finals</b>			
1	Sanchez, Joseph	C.A.N.I.	
2	Link, Jack	Ottawa Lions	
3	Hamelin, William	Montréal Carabin	
4	Porter, Kyle	Ottawa Lions	
5	Demars, Carter	Ottawa Lions	
6	Wilson, Stuart	Unattached	
7	Bruce, Cameron	Carleton Ravens	
8	Lachance, Antoine	Remparts	
9	Smart, Lionel	Ottawa Lions	
10	Gouret, Jonathann	Ville-Marie	
11	Taylor, Andrew	Ottawa Lions	
12	Welburn, Toby	Ottawa Lions	
13	Bedard, Felix-Antoine	Uqam Citadin	

**Event 64 Women 3000 Meter Run Open**

Saturday 2/15/2020 - 2:10 PM

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Dubé-Lavoie, Aurélie	Laval	
2	Démétré, Rose	Remparts	
3	Brennan, Rebecca	Ottawa Gee-Gees	
4	Shepherd, Keili	Ottawa Gee-Gees	
5	Bachmann, Sofie	Unattached	
6	Allan, Veronica	Unattached	
7	Clarke, Madison	Ottawa Gee-Gees	
8	Bialowas, Ivy	Ottawa Lions	
9	Magannon, Carrie	Remparts	
10	Norman, Pippa	Carleton Ravens	

**Event 65 Men 3000 Meter Run Open**

Saturday 2/15/2020 - 2:10 PM

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Govig, Christopher	Montréal Carabin	
2	Turmel, Thomas	Remparts	
3	Brassard, Justin	Remparts	
4	Roy, Jackson	Ottawa Lions	
5	Alie-Lamarche, Andre	Ottawa Gee-Gees	
6	Shields, Kevin	Unattached	
7	Dillabaugh, Kirk	Ottawa Lions	
8	McInerney, Mike	Ottawa Lions	
9	Roberts, Nicholas	Ottawa Gee-Gees	
10	Ewing, Alexander	Remparts	
11	Wyonch, Kyle	RMC	
12	Cherenfant, Nick	Uqam Citadin	
13	Frenette, Gilles	Ottawa Lions	

**Event 40 Women 300 Meter Dash Open**

Saturday 2/15/2020 - 2:40 PM

## Blocks - First 5 Heats

Lane	Name	Team	Seed Time
<b>Section 1 of 15 Finals</b>			
1	Maxwell, Nyoka	C.A.N.I.	
2	Roxborough, Shyvonne	Guelph Gryphons	
3	Leclerc, Claudie	Sherbrooke	
4	Hamilton, Tessa	Guelph Gryphons	
<b>Section 2 of 15 Finals</b>			
1	Reinfels, Helena	Saint-Laurent	
2	Ryan, Maya	Toronto	
3	Telford, Alexandra	Ottawa Lions	
4	Phillips, Zoe	Guelph Gryphons	
<b>Section 3 of 15 Finals</b>			
1	Gilmour, Audrey	Ottawa Lions	
2	Poulin, Marie-Frédérique	Laval	
3	Ogunremi, Doyinsola	Ottawa Lions	
4	Baker, Roshanna	C.A.N.I.	

## Carleton Ravens U-Sport Last Chance - 2/15/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Meet Program - Open Track

**Section 4 of 15 Finals...(Event 40 Women 300 Meter Dash Open)**

1	Bouchard-Nguyen, Jade	Montréal Carabin
2	Susinski, Stephanie	McGill
3	Huang, Fiona	Toronto
4	Ollier, Mary	Ottawa Lions

**Section 5 of 15 Finals**

1	Lund, Pernille	Ottawa Gee-Gees
2	Bell, Frédérique	Gatineau
3	Baulu, Élodie	Montréal Carabin
4	Dahms, Marie-Eve	Ottawa Gee-Gees

**Section 6 of 15 Finals**

1	Dubé, Élisabeth	Montréal Carabin
2	Vallière, Cloé	Montréal Carabin
3	Nadeau, Jade	Laval
4	Procyk, Paulina	Ottawa Lions

**Section 7 of 15 Finals**

1	Manor, Katie	Ottawa Lions
2	Djigo, Khardjatou (marianne)	McGill
3	Prévost-Cormier, Claudelle	Montréal Carabin
4	Sharp, Samantha	Ottawa Lions

**Section 8 of 15 Finals**

1	Lu Langley, Vanessa	Ottawa Lions
2	Babinski, Chiara	Montréal Carabin
3	Fenton, Olivia	McGill
4	Emile-Folly, Florence	Unattached

**Section 9 of 15 Finals**

1	Ejaife, Naomi	C.A.N.I.
2	Bratus, Ainslie	Kingston Tfc
3	Bouchard, Ariane	Sherbrooke
4	Lapolice, Stephanie	Ottawa Gee-Gees

**Section 10 of 15 Finals**

1	Leask, Stephanie	Ottawa Gee-Gees
2	McCutcheon, Marissa	Ottawa Lions
3	Parris, Ieasha	C.A.N.I.
4	Naveang-Plouffe, Anne-Marie	Ottawa Lions

**Section 11 of 15 Finals**

1	Borgella, Bianca	Ottawa Lions
2	Brennan, Kelly	Ottawa Lions
3	Ostertag, Coralie	Ottawa Lions
4	Dubuc Gaudreau, Gabrielle	Saint-Laurent

**Section 12 of 15 Finals**

1	Tenasco, Jennifer	C.A.N.I.
2	Boutilier, Shanna	Ottawa Lions
3	Iyabor, Alexia	Ottawa Lions
4	Macmillan, Lindsey	Carleton Ravens

**Section 13 of 15 Finals**

1	Sam Chee, Sharini	Ottawa Lions
2	Kemper, Julianne	Carleton Ravens
3	Robichaud, Janelle	Laurentian
4	Cinicolo, Melissa	Ottawa Gee-Gees

**Section 14 of 15 Finals**

2	Torres Suarez, Sophia	Cirrus
3	Fuchs, Bailey	Kingston Tfc
4	Howitt, Kimberley	Ottawa Lions

**Section 15 of 15 Finals**

2	Saville, Barbara	Ottawa Lions
3	Gillan, Sarah	Kingston Tfc
4	Lavertu, Julianne	Gatineau

**Event 41 Men 300 Meter Dash Open**

Saturday 2/15/2020 - 2:40 PM

**Blocks - First 5 Heats**

Lane	Name	Team	Seed Time
------	------	------	-----------

**Section 1 of 19 Finals**

1	Muteba, Lionel Tshimanga	C.A.N.I.
2	Hamilton, Josh	Guelph Gryphons
3	Penaloza, Marcus	Unattached
4	Lorentz, Joshua	Waterloo

**Section 2 of 19 Finals**

1	Murasiranwa, Kudakwashe	Guelph Gryphons
2	Khelifa, Azer	Montréal Carabin
3	Mabbott, Jordan	Western Mustangs
4	Bravakis, Emmett	Toronto

**Section 3 of 19 Finals**

1	Edward, Davis	Guelph Gryphons
2	Ben-Smith, Bertwin	Guelph Gryphons
3	Abdulahi, Ramzi	Western Mustangs
4	Drouin, Brandon	Sherbrooke

**Section 4 of 19 Finals**

1	Patterson, Bryson	C.A.N.I.
2	Augimeri, Alexander	Toronto
3	Pelletier, Charles	Sherbrooke
4	Bradley, Carson	Toronto

**Section 5 of 19 Finals**

1	Hehn, Nathan	Waterloo
2	Nziemi, Stephen	Montréal Carabin
3	Ippet, Nicolas	Montréal Carabin
4	Jamal, Braenen	Unattached

**Section 6 of 19 Finals**

1	Landon, Dillon	Ottawa Lions
2	Grant, Oliver	Unattached
3	Tremblay, Yanis	C. A. Laval
4	Sassi, Philip	Saint-Laurent

**Section 7 of 19 Finals**

1	Chouinard-Laliberté, Simon	Saint-Laurent
2	Ferth, Shane	Unattached
3	Côté, Thomas	Montréal Carabin
4	Bassole, Yves	C.A.N.I.

**Section 8 of 19 Finals**

1	Sanvi, Yanis	Montréal Carabin
2	Renélique, Taylor	Montréal Carabin
3	Bellemare, Félix	Montréal Carabin
4	Dunning, Alexander Thunder	C.A.N.I.



## Carleton Ravens U-Sport Last Chance - 2/15/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Meet Program - Open Track

**Section 9 of 19 Finals...(Event 41 Men 300 Meter Dash Open)**

1	Manuel, Alex	Ottawa Lions
2	Newman, Keito	Ottawa Lions
3	Robinson, Sam	Ottawa Lions
4	Fortier, Jeremy	Ottawa Lions

**Section 10 of 19 Finals**

1	Ullberg, Cedric	Saint-Laurent
2	Maazami, Youssef-Mehdi	Montréal Carabin
3	Rica, Antoine	Saint-Laurent
4	Ross, Jasper	McGill

**Section 11 of 19 Finals**

1	Vukovic, Luka	Ottawa Gee-Gees
2	Johnson, Tyrece	Ottawa Gee-Gees
3	Leger, Zacharie	Ottawa Gee-Gees
4	Ajayi, Femi	Ottawa Gee-Gees

**Section 12 of 19 Finals**

1	Medouni, Alexandre	Montréal Carabin
2	Togola, Mamadou-Bazan	Laval
3	Saez, Sebastian	Lachine
4	Ross, Conor	Ottawa Gee-Gees

**Section 13 of 19 Finals**

1	Cote, Sebastien	C.A.N.I.
2	Barrieu, Jules	McGill
3	Jiang, David	Montréal Carabin
4	Danouj, Oussama	Saint-Laurent

**Section 14 of 19 Finals**

1	Tang, Matthew	Ottawa Gee-Gees
2	Paradis, Louis-Frédéric	C. A. Laval
3	Pinnock, Michael	Carleton Ravens
4	Espinosa, Luis	McGill

**Section 15 of 19 Finals**

1	Correa, Daniel	Sherbrooke
2	Nwokobia, Emmanuel	Unattached
3	Tran, Donovan	C.A.N.I.
4	Bryant, Zachary	Ottawa Lions

**Section 16 of 19 Finals**

1	Lamoureux, Damien	Gatineau
2	Mohamed Reda, El Azali	Ottawa Gee-Gees
3	Lebrun, Antoine	Cirrus
4	Ajaero, Chukwuemeka	Ottawa Gee-Gees

**Section 17 of 19 Finals**

1	Georges, Max Delroy	C.A.N.I.
2	Polidori, Gabriele	McGill
3	Girouard-Laflamme, Émile	École de tech
4	Williams, Lawrence	Ottawa Lions

**Section 18 of 19 Finals**

1	Bhandari, Amar	Ottawa Lions
2	Parra, Nicolas	Ottawa Lions
3	Davilma, Derick	Ottawa Lions
4	Cunningham, Neil	Ottawa Lions

**Section 19 of 19 Finals**

1	Holland, Cormick	Ottawa Lions
2	Wu, Howie	Ottawa Lions
3	Doucet, Mathieu	Cirrus
4	Warner, David	Ottawa Lions

**Event 52 Women 1000 Meter Run Open**

Saturday 2/15/2020 - 3:15 PM

Lane	Name	Team	Seed Time
------	------	------	-----------

**Section 1 of 2 Finals**

1	Gardner, Charlotte	Unattached
2	Hempstead, Lucy	Ottawa Gee-Gees
3	St-Gelais, Sabrina	Saint-Laurent
4	Hicks, Holly	Ottawa Gee-Gees
5	Frazer, Hannah	Ottawa Gee-Gees
6	Marchand, Marie-Andrée	Saint-Laurent
7	Champigny, Gabrielle	Saint-Laurent
8	Aglot, Murielle	Saint-Laurent
9	Fleurent-Grégoire, Chloé	McGill

**Section 2 of 2 Finals**

1	Sheridan, Katherine	Montréal Carabin
2	Lea, Abigail	Ottawa Gee-Gees
3	Tyman, Elana	Ottawa Lions
4	Raymond, Maude	Uqam Citadin
5	Poirier, Myriam	Montréal Carabin
6	Frie, Elena	McGill
7	Ngo, Isabelle	Ottawa Lions
8	Desrochers Laflamme, Camill	Uqam Citadin
9	Murchison, Charlotte	Ottawa Lions
10	Gunther, Nina	Montréal Carabin
11	Ward, Tierra	Ottawa Gee-Gees
12	Sénécal, Camille	Remparts

**Event 53 Men 1000 Meter Run Open**

Saturday 2/15/2020 - 3:15 PM

Lane	Name	Team	Seed Time
------	------	------	-----------

**Section 1 of 2 Finals**

1	Jones, Luke	Ottawa Gee-Gees
2	Bedard, Felix	McGill
3	Klomp, Craig	Toronto
4	Davenport, Ethan	UTTC
5	Vaculik, Alexander	Ottawa Gee-Gees
6	Tareke, Yared	Ottawa Lions
7	Moricz, Vincent	Ottawa Lions
8	Carroll, Jake	Toronto
9	Mitchell, Robert	Ottawa Gee-Gees
10	Bachir, Ahmed	McGill
11	Devito, Ben	Toronto
12	Fournier, Adrian	Ottawa Gee-Gees

## Carleton Ravens U-Sport Last Chance - 2/15/2020

## Ottawa Lions Timing Team

## Dome @ Louis Riel

## Meet Program - Open Track

**Section 2 of 2 Finals...(Event 53 Men 1000 Meter Run Open)**

1	Suni, Brennen	Ottawa Lions
2	Welburn, Toby	Ottawa Lions
3	Chase, Théodore	Remparts
4	Hamelin, William	Montréal Carabin
5	Porter, Kyle	Ottawa Lions
6	Link, Jack	Ottawa Lions
7	Bolduc, David	Remparts
8	Durbain, Thomas	Montréal Carabin
9	Dupuis, Louis-Francois	Remparts
10	Bouma, Phoenix	Ottawa Lions
11	Fortin, Samuel	Remparts
12	Diaz-Paquin, Alexandre	Montréal Carabin

**Event 72 Women 4x200 Meter Relay Open**

Saturday 2/15/2020 - 3:35 PM

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Section 1 of 3 Finals**

1	Ottawa Gee-Gees	A
2	Montréal Carabin	A
3	C.A.N.I.	A
4	Laval	A

**Section 2 of 3 Finals**

1	Carleton Ravens	A
2	Ottawa Gee-Gees	B
3	C.A.N.I.	B
4	Ottawa Lions	A

**Section 3 of 3 Finals**

1	Cirrus	A
2	Gatineau	A
3	Ottawa Lions	B
4	Kingston Tfc	A

**Event 73 Men 4x200 Meter Relay Open**

Saturday 2/15/2020 - 3:35 PM

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Section 1 of 3 Finals**

1	McGill	A
2	Ottawa Gee-Gees	A
3	Montréal Carabin	A
4	Laval	A

**Section 2 of 3 Finals**

2	Ottawa Gee-Gees	B
3	Ottawa Lions	A
4	C.A.N.I.	A

**Section 3 of 3 Finals**

2	Cirrus	A
3	Ottawa Lions	B

**Event 76 Women 4x400 Meter Relay Open**

Saturday 2/15/2020 - 3:55 PM

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Section 1 of 1 Finals**

1	Ottawa Gee-Gees	A
2	UTTC	A
3	Sherbrooke	A
4	Ottawa Lions	A

**Event 77 Men 4x400 Meter Relay Open**

Saturday 2/15/2020 - 3:55 PM

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Section 1 of 2 Finals**

1	McGill	A
2	Toronto	A
3	Sherbrooke	A
4	Waterloo	A
5	Toronto	B

**Section 2 of 2 Finals**

1	Unattached	A
2	Ottawa Gee-Gees	A
3	C.A.N.I.	B
4	C.A.N.I.	A
5	Ottawa Lions	A