

Carleton Ravens U-Sport Last Chance Invitational - 2/15/2020
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Louis Riel Dome

Meet Record - Records

1	Girls 60 Meter Dash Under 16	8.27	2/17/2018	Ainslie Bratus - Kingston Achilles
2	Boys 60 Meter Dash Under 16	7.79	2/16/2019	Sam Robinson - Ottawa Lions
5	Girls 60 Meter Hurdles Mini Under 16	10.07	2/17/2018	Eleanor Hall - Ottawa Lions
6	Boys 60 Meter Hurdles Mini Under 16	10.83	2/17/2018	Nathaniel McNeil - Ottawa Lions
9	Girls 60 Meter Hurdles Under 16	10.23	2/17/2018	Anne-Marie Naveang-Plouffe - Ottawa Lions
10	Boys 60 Meter Hurdles Under 16	9.22	2/16/2019	Keito Newman - Ottawa Lions
13	Girls 150 Meter Dash Under 16	19.79	2/17/2018	Ainslie Bratus - Kingston Achilles
14	Boys 150 Meter Dash Under 16	18.46	2/17/2018	Sam Frankowski - Ottawa Lions
17	Girls 800 Meter Run Under 16	2:31.66	2/16/2019	Cassidy Bradley - Ottawa Lions
18	Boys 800 Meter Run Under 16	2:10.87	2/16/2019	Ethan Sendybyl - National Capital
21	Girls 2000 Meter Run Under 16	7:35.68	2/16/2019	Isabelle Honegger - Ottawa Lions
22	Boys 2000 Meter Run Under 16	6:14.93	2/17/2018	Aidan Tulk - Kingston Achilles
25	Mixed 4x100 Meter Relay Under 16	51.25	2/17/2018	Ottawa Lions - Ottawa Lions
29	Girls High Jump Under 16	1.40m	2/16/2019	Anne-Marie Naveang-Plouffe - Ottawa Lions
33	Girls Long Jump Under 16	4.72m	2/17/2018	Anne-Marie Naveang-Plouffe - Ottawa Lions
34	Boys Long Jump Under 16	3.77m	2/17/2018	Nathaniel McNeil - Ottawa Lions
36	Women 60 Meter Dash Open	7.50	2/16/2019	Deondra Green - St. Laurent Select
37	Men 60 Meter Dash Open	6.81	2/16/2019	Lucanus Robinson - St. Laurent Select
40	Women 300 Meter Dash Open	38.40	2/17/2018	Audrey Jackson - Montreal
41	Men 300 Meter Dash Open	33.57	2/16/2019	Graeme Thompson - Guelph
44	Women 600 Meter Run Open	1:30.27	2/17/2018	Maeliss Trapeau - University of Ottawa
45	Men 600 Meter Run Open	1:17.32	2/16/2019	Mohand Khelaf - St. Laurent Select
52	Women 1000 Meter Run Open	2:49.72	2/16/2019	Charlotte Gardner - Ottawa Lions
53	Men 1000 Meter Run Open	2:28.54	2/20/2016	Sacha Plante-Dubé - Laval
56	Women 1500 Meter Run Open	4:25.71	2/18/2017	Julie-Anne Staehli - Queens
57	Men 1500 Meter Run Open	3:45.89	2/21/2015	Alex Wilkie - Queens
64	Women 3000 Meter Run Open	9:17.39	2/18/2017	Brogan MacDougall - Physi-Kult
65	Men 3000 Meter Run Open	8:22.66	2/20/2016	Alex Berhe - University of Ottawa
68	Women 60 Meter Hurdles Open	8.55	2/16/2019	Farah Jacques - Ottawa Lions
69	Men 60 Meter Hurdles Open	8.34	2/16/2019	Paulo Miguel - St. Laurent Select
72	Women 4x200 Meter Relay Open	1:41.61	2/17/2018	University of Montreal - University of Montreal
73	Men 4x200 Meter Relay Open	1:28.14	2/16/2019	University of Laval - University of Laval
76	Women 4x400 Meter Relay Open	4:09.33	2/16/2019	Ottawa Lions - Ottawa Lions
77	Men 4x400 Meter Relay Open	3:18.29	2/16/2019	Sherbrooke - Sherbrooke
80	Women Pole Vault Open	3.46m	2/21/2015	Melinda Megan Rock - Ottawa Lions
81	Men Pole Vault Open	4.60m	2/17/2018	Telvin Tavernier - Ottawa Lions
84	Women High Jump Open	1.73m	2/16/2019	Barbara Bitchoka - CANI
85	Men High Jump Open	2.08m	2/16/2019	Hans Lafleur - CANI
88	Women Long Jump Open	5.77m	2/16/2019	Rosalie Couturier - Laval
89	Men Long Jump Open	7.14m	2/18/2017	Bryson Patterson - CANI
92	Women Triple Jump Open	11.90m	2/17/2018	Valerie Kodo Ella - Unattached
93	Men Triple Jump Open	14.04m	2/20/2016	Bryson Patterson - CANI
96	Women Shot Put Open	12.29m	2/16/2019	Christina Hertner - University of Ottawa
97	Men Shot Put Open	13.80m	2/21/2015	Corey Wingate - University of Ottawa
100	Women Weight Throw Open	18.21m	2/16/2019	Ariane Dubois - Sherbrooke
101	Men Weight Throw Open	17.81m	2/17/2018	Frederick Pouzy - Corsaire Chaparal