



Athlétisme Sud-Est / South-East Athletics (ASEA) is pleased to announce that we are sending a team of athletes to compete at the Canadian Indoor Championships, taking place in Montreal, QC March 21<sup>st</sup> – 22<sup>nd</sup>. A team of up to 50 ASEA club members and invited athletes from other clubs will make the trip, seeking to build upon the success that New Brunswickers have had at these Championships since their inception in 2014.

### **Eligibility**

Athletes must be current members of their applicable provincial branch of Athletics Canada. To be eligible for advancement to event finals, championship titles, and medals, athletes must be citizens of Canada. Age categories for the Championships are as follows.

**U16 category:** Born in 2005, 2006

**U18 category:** Born in 2003, 2004

**U20 category:** Born in 2001, 2002

### **Competition Venue**

Claude Robillard Sports Complex  
1000 Avenue Émile-Journault, Montréal, QC, H2M 2E7

- 200m synthetic track (8 lane straightaway, 4 lanes banked).
- Designated areas for all field events (long jump / triple jump runway, high jump area, pole vault runway, throws circle).
- Maximum spike length is 7mm (pyramid spikes only – no Christmas tree or pin spikes).
- Double-gym used for warm-up area (spikes not permitted, hurdles will be provided).

### **Pick-up / Drop-off Locations**

**Moncton:** Front Entrance of Moncton Coliseum, 377 Killam Drive

**Fredericton:** Chapters Entrance of Regent Mall, 1381 Regent Street

**Edmundston:** Parking lot in front of McDonald's Restaurant, 190 Boulevard Hébert

### **Tentative Itinerary**

#### **Thursday, March 19<sup>th</sup>**

6:00am: Depart Moncton

7:45am: Arrive in Fredericton

7:55am: Depart Fredericton

10:35am: Arrive in Edmundston

10:35am – 11:20am: Lunch Break

11:20am: Depart Edmundston

*(Time Change -1 hour at QC-NB Border)*

4:45pm: Arrive in Montreal / Check-in to Hotel

#### **Friday, March 20<sup>th</sup>**

11:00am – 1:00pm: Visit Shopping Mall / Grocery Store

3:30pm – 5:00pm: Training at Competition Venue

#### **Saturday, March 21<sup>st</sup>**

8:30am – 8:00pm: Competition

#### **Sunday, March 22<sup>nd</sup>**

9:00am – 2:30pm: Competition

3:30pm: Depart Montreal

5:55pm: Arrive in Lévis

5:55pm – 6:40pm: Supper Break

6:40pm: Depart Lévis

*(Time Change +1 hour at QC-NB Border)*

10:45pm: Arrive in Edmundston

10:55pm: Depart Edmundston

1:35am: Arrive in Fredericton (Monday, March 23<sup>rd</sup>)

1:45am: Depart Fredericton (Monday, March 23<sup>rd</sup>)

3:30am: Arrive in Moncton (Monday, March 23<sup>rd</sup>)

**Times are subject to change based upon driving conditions and the Championship's final schedule. The Team Manager will actively coordinate and communicate transportation logistics during the course of the trip.**

## **Accommodations**

### **Best Western Montreal Aeroport**

6500 Chemin de la Côte-de-Liesse, Saint-Laurent, QC, H4T 1E3

- Athletes will stay up to 4 to a room.
- Restaurant located on-site.
- Complimentary breakfast (toast, cereal, fruit, eggs, meat, yogurt, water, juice, etc.).
- Multiple restaurants located nearby, including Tim Horton's and Subway.
- Multiple shuttles between hotel and competition venue each day.
- Other amenities include Wi-Fi, mini-fridges in each room, an indoor pool/hot tub, a fitness centre (including treadmills, stationary bikes, ellipticals, and free weights), and a games room (including pool, ping-pong, foosball, and air-hockey tables).

## **Registration**

Registration will open on January 27<sup>th</sup> and will close when capacity has been reached. The registration fees are as follows.

The registration cost for ASEA club members has been subsidized by the ASEA Board of Directors, however athletes must have paid their club fees in full to be eligible for this discounted rate.

### **Early Registration (until February 17<sup>th</sup>):**

ASEA Club Members: \$325.00

Non-ASEA Club Members: \$400.00

### **Late Registration (after February 17<sup>th</sup>):**

ASEA Club Members: \$350.00

Non-ASEA Club Members: \$450.00

We can accommodate up to 50 athletes on this trip – your spot is not secured until you have registered and paid the registration fee in full (confirmation email will be provided). The registration cost includes transportation, accommodations, and support from team staff, but does not include competition fees.

**The Head Coach and Team Manager will send notification to invited clubs. Please communicate with your personal coach to receive a link to the registration page.**

### **Additional Information**

- Competition entries are the responsibility of the athlete and can be completed [here](#); relay entries are the responsibility of the club. Please note that the deadline to register for the competition is March 10<sup>th</sup> at 5:00pm (Atlantic Standard Time).
- Participants will be expected to conduct themselves in an appropriate manner and be positive ambassadors for their club and provincial association. Team staff will explain expectations and seek to provide a positive environment for all participants.
- In the event that the enactment of emergency measures causes ASEA to incur additional costs, participants will be required to reimburse ASEA. A prime example of such includes inclement weather causing the team to stay an additional night at a hotel.
- Team staff will be comprised of at least six ASEA coaches and staff members, who will actively seek to support all athletes during the trip. Invited clubs are encouraged to send a coach or staff member to support their club's athletes.

For inquires or assistance, please contact:

Head Coach: Peter Stuart ([stuart@nbnet.nb.ca](mailto:stuart@nbnet.nb.ca))

Team Manager: Brandon LeBlanc ([brandonleblanc88@yahoo.com](mailto:brandonleblanc88@yahoo.com))



