

Junior Olympics, Saturday, May 16, 2020

Hosted by *Universal Athletics Club*

In Partnership with *South Fraser Track & Field Club*

Bear Creek Park, 13750 88th Ave, Surrey

Sanctioned by BC Athletics

Entry Deadline, Midnight May 12, 2020

Meet Director: Jessie Dosanjh, unisports2000@hotmail.com

Meet Manager: Sue Kydd, suekydd50@gmail.com

Meet Venue: All events will be held at Bear Creek Park, 13750 88th Ave, Surrey

Age Divisions:

- **Rascals** aged 6 to 8. **Activities:** standing LJ, throw, shuttle relay, low barrier run, 60m sprint
- **JD Athletes** aged 9 to 13 will be awarded in single age groups,
- **When JD age groups are combined, they will be combined by gender.**
- **Open Athletes aged 18 plus**, will run as ONE group, male and female combined.
- **Open Timed Finals** athletes will be placed into heats based on seed times, (“**NOT AGE NOR GENDER,**”) given at the time of online registration to achieve competitive races.
- **NOTE:** The Open events are being added to this meet to give these athletes a chance to compete at this time of year. Results will be posted by event NOT by age or gender.
- **High School athletes who are competing for their schools are ineligible to enter this meet.**

Entry Information:

- \$5.00 per Rascal for 5 activities.
- \$8.00 per Junior Development event.
- \$6.00 per Open event. No awards given
- Relay registrations will be taken online or by noon the day of race. \$15.00 per relay team.
- Registration is only online via Trackie except for late entries at the meet. Use <http://www.trackiereg.com/Juniorolympics2020> to register.
- When entering athletes in Trackie, it's important to have the correct BIRTH YEAR. For example, you can use Dec. 31, 2007 for all 13-year old's. We don't need to know their actual birth date.
- Birth years, (Open = 2001) (13yr = 2007) (12yr. = 2008) (11yr. = 2009) (10yr. = 2010) (9yr. = 2011)
- No refunds or changes once entries closed.
- Athletes must register by event.
- **Events after 12 pm may start earlier than scheduled by 30 minutes.**
- Athletes will be seeded by performances listed within online entry form.
- **Minimum** height for the Open High Jump, 1.40 meters
- Non-BCA members may only be 9 to 13 yr. old's and pay a one time \$3.00 membership fee.

Late Entries and Fees:

- No late e-mail/phone entries will be taken.
- Late entries must be done at the meet and paid for at time of registration.
- Late fees are \$15.00 for all. Payable by cash or cheque made out to Universal Athletics Club.
- Late entries will be cut-off 60 min. prior the event being registered for except 9:30am events which will be 30 min before.
- Late entries will not be seeded and may not be accepted if lanes are full.

Package Pick-up: Packages will be available for pick-up after 8:45 a.m. at the track.

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Awards:

- No awards for Open events
- Podium awards for 9-13 yr. old medalists. Medals for 1st, 2nd & 3rd. Ribbons for 4th to 8th.
- Awards may be picked up 30 minutes after results are posted, (barring protests.)
- Unclaimed awards will not be mailed out.
- Rascals will receive a special gift at the completion of their 5 events.

Results:

- Posted at meet and available on [Universal Athletics Club](#) and [BC Athletics](#) websites after meet.
- Open events will not be posted by event not age or gender

Meet Rules:

- IAAF rules with BC Athletics Junior Development variations.

Competition Areas/Uniforms:

- The infield (inside the track) is OUT OF BOUNDS except for the High Jump apron and the Rascal activities.
- Only Athletes and officials are permitted in the competition areas as defined by the BCA Official.
- Competition numbers to be worn on the front at all times.

Equipment:

- All equipment will be supplied by Universal Athletics.
- Athletes wishing to use their personal throwing equipment must have implements weighed in 45 minutes prior to the event. Weigh ins will be done by a BCA Official in the equipment containers on the west side of the track. Any personal equipment weighed in becomes the property of the event and can be used by any athlete during that event.

Marshalling:

- All field events will marshal at their venue.
- All track events must check in at the Athlete Call Room tent at north end of the track, (between entrances from parking lot) and will be taken to the start line as a group.

Conflicting Events:

- Be advised there will be conflicts with some age groups between track and field events.
- To avoid missing field events or races, athletes should report to BOTH field event and the call room. Parents/Coaches should help their athletes keep track of when their events are being run.
- BCA officials will **TRY** to facilitate athletes doing both events. Athletes cannot “catch up” on missed rounds of field events, nor move into different heats/races and/or compete with other age groups because of missed events.

Facilities:

- Spike lengths are 7mm with the exception of 9mm for javelin and high jump.
- Synthetic/Polyurethane track, jump and javelin run ups.
- Concrete throwing surfaces
- Finish Lynx Electronic Timing System
- Concession on site, operated by Universal Athletics.

Protest:

- Athletes or a representative must attempt to resolve the concern, either verbally or in writing, within 30 minutes of posting, with the Event Referee. The Event Referee will deliver a decision.

Appeal:

- The decision of the Event Referee may be appealed, within 30 minutes, by any athlete or representative affected by the decision.
- The Appeal is made to the Jury Of Appeal, in writing, and must be accompanied by \$50.00 cash. If the appeal is upheld, the fee will be returned.
- Results officials shall be advised there is a protest/appeal immediately so awards will not be given out until dispute is resolved.

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Jury of Appeal:

- A jury, comprised of two BC Athletics officials (not involved in the conflict and experienced in the field of play questioned,) and the Meet Director or Meet Manager will be asked to resolve any appeal during the meet. The decision of the jury will be final.

Field Events

Throws:

- Each Junior Development athlete, (9 to 13) athlete is permitted 3 throws.

Horizontal Jumps:

- Each Junior Development athlete is permitted 3 jumps.
- Open athletes will be given 3 jumps per athlete with the top 8 receiving 3 more.

Vertical Jumps:

- 3 consecutive failed attempts will eliminate an athlete.
- The bar is to be raised by 5 cm in HJ.
- For Junior Development events, the starting height will be determined at the start of the event by the BCA official in charge.
- For the Open event, the minimum starting height will be 1.40 meters. If numbers warrant 2 pits will be used with different starting heights.

Track Events:

Scheduling of Track Events:

- All Track Events will be run Oldest to Youngest with Females going first then Males in each age group. Hurdles will follow distances/heights for the most efficient use of setting up the hurdles
- Junior Development Age groups for distance events may be combined by gender.

Seeding:

- Athletes will be seeded for heats and timed finals according to provided seed times at the time of online registration. In the case of timed finals, sections will be seeded with the fastest seeds in the same section and the fastest section competing last.
- **IT IS THE RESPONSIBILITY OF THE PERSON ENTERING THE ATHLETE TO FILL IN SEED TIMES ON THE ONLINE ENTRY FORM, AND ENSURE SEED TIMES ARE ACCURATE.**
- The meet has the right to verify seed times and will adjust as necessary.
- Athletes without seed times may be placed in unseeded heats or unfilled lanes.
- Late entries may not be seeded.

Preliminary Heats:

- Heats will be held in the 60 M and 100M events for **JD athletes only**. All other Track events will be run as timed finals.
- **If there are 8 or less athletes in a heat, that heat will be run as final at the time of the heat.**

Recreational Relays:

- Clubs/schools may form teams from various age groups from within that club/school but the team must run in the age category of the oldest member. No records can be set in a relay.
- \$15.00 per relay team payable by noon the day of the race

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9:15 Coach's Meeting **Saturday Track Events**

9:30 – 9:55	80m Hurdles F&M	13/12 Year Old's
10:00 - 10:40	60mHurdles F&M	11/10/9 Year Old's
10:45 - 11:00	1200m Finals F&M	13/12 Year Old's
11:00 - 11:15	1000m Finals F&M	11/10/9 Year Old's
11:15 - 11:35	60m Heats F&M	10/9 Year Old's
11:35 - 12:30	100mHeats F&M	13 to 9 Year Old's
12:30 - 12:50	100m Finals	Open
1:15 - 1:25	50m F&M–Rascals	8/7/6 Year Old's
1:25 - 1:35	800m Finals F&M	13/12 Year Old's
1:35 - 1:45	800m Finals	Open
1:45 - 1:55	600m Finals F&M	11/10/9 Year Old's
1:55 - 2:10	200m Finals F&M	13/12/11 Year Old's
2:10 - 2:25	200m Finals	Open
2:30 - 2:45	60m Finals F&M	10/9 Year Old's
2:50 - 3:10	300mFinals F&M	13/12 Year Old's
3:15 - 3:35	100m Finals F&M	13 to 9 Year Old's
3:45 - 4:00	4x100 Relay	13 to 9 Year Old's

- **Track Events** for 13-year old's and younger will be scheduled, Oldest to Youngest, Girls then Boys. Example, 13-year Girls then 13-year Boys. Hurdle events will follow distances/heights for the most efficient use of setting up the hurdles
- **9 to 13-year-old age groups** in distance races may be combined by gender where numbers warrant.
- **Open Events are Timed Finals and Athletes** will be placed into heats based on seed times given at the time of online registration, (“**NOT AGE NOR GENDER,**”) to achieve competitive races.
- **NOTE:** The Open events are being added to this meet to give these athletes a chance to compete at this time of year.

Saturday Field Events

Time	High Jump	Shot Put	Long Jump	Discus
9:00 - 10:10	9/10M	9/10F	11/12/13F	11/12/13M
10:15 - 11:20	11/12/13M	9/10M	9/10F	11/12/13F
11:25 - 12:30	11/12/13F	11/12/13M	9/10M	10F
12:35 - 1:40	9/10F	11/12/13F	11/12/13M	10M
1:45 - 3:00	Open		Open	

Minimum height for Open High Jump, 1.40 meters.

Ages for the 2019 Track Season

Born before 2006 = Open	Born in 2009 = 11 years old
Born in 2007 = 13 years old	Born in 2010 = 10 years old
Born in 2008 = 12 years old	Born in 2011 = 9 years old

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BCA Specifications for Hurdles and Throws

80 Meter, 8 Hurdles

13 Yr M	30"	Black, 8.00M	12:00M to first hurdle
13 Yr W		Grey, 7.50M	
12 Yr W/M	27"	White, 7.0M	

60 Meter, 6 Hurdles

11 Yr W/M	24"	Lt. Purple 6.5M	11:00M to first hurdle
10 Yr W/M			
9 Yr W/M	21"		

Shot Put

Women		Men	
9 to 11	2 kg	9 to 11	2 kg
12 to 17	3 kg	12 to 13	3 kg

Discus

Women		Men	
9	NA	9	NA
10 to 13	0.75 kg	10 to 11	0.75 kg
		12 to 15	1 kg

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