

2020 Athletics NS Indoor Open - 2020-01-17 to 2020-01-18

Canada Games Center

Meet Program

Event 12 Women 12-34 60 Meter Dash**Saturday 2020-01-18 - 1:40 PM**

Lane	Name	Team	Seed Time
Section 1 of 7 Finals			
1	122 Strong, Sophie	Halifax Ath	
2	261 Doody, Addison	Yhz Track &	
3	47 Coughlan, Emma	Crown Athlet	
4	97 Bakeeff, Zoe	Halifax Ath	
5	145 Macdonald, Josee	Special Olym	
Section 2 of 7 Finals			
1	255 Blondon, Sophie	Yhz Track &	
2	151 Warkentin, Drew	Special Olym	
3	258 Carr-McEachern, Georgia	Yhz Track &	
4	16 Tupper, Avery	Annapolis Co	
5	40 Gaudry, Catherine	Chebucto Ath	
6	263 Dwyer, Bridget	Yhz Track &	
Section 3 of 7 Finals			
1	260 Dearn, Morgan	Yhz Track &	
2	31 O'Brien, Madlyn	Cape Breton	
3	123 Tasco, Jalen	Halifax Ath	
4	98 Bauld, Mia	Halifax Ath	
5	205 Roberts, Fiona	St. Mary's U	
6	46 Theriault, Anna	Chebucto Ath	
Section 4 of 7 Finals			
1	146 MacLachlan, Joy	Special Olym	
2	257 Campbell, Emma	Yhz Track &	
3	215 Gouthro, Isabella	Truro Lions	
4	190 Boulet, Sophie	St. Mary's U	
5	49 Julien, Elena	Crown Athlet	
6	44 O'Sullivan, Julie	Chebucto Ath	
Section 5 of 7 Finals			
1	200 LeBlanc, Sophie	St. Mary's U	
2	112 Majury, Cate	Halifax Ath	
3	13 Lawrence, Lillian	Annapolis Co	
4	273 Macneil, Allison	Yhz Track &	
5	197 Dunn, Abby	St. Mary's U	
6	35 Archibald, Mya	Chebucto Ath	
Section 6 of 7 Finals			
1	189 Batt, Emily	St. Mary's U	
2	166 Deakin, Alanna	St. Francis	
3	177 Krawchuk, Meg Mary	St. Francis	
4	65 Friesen, Kayli	Dalhousie Ti	
5	115 Poisson, Alexandra	Halifax Ath	
6	201 Macinnis, Kelly	St. Mary's U	
Section 7 of 7 Finals			
1	117 Sheppard, Lynn	Halifax Ath	
2	90 Reynolds, Maya	Dalhousie Ti	
3	113 Mian Angui, Saint	Halifax Ath	
4	162 Clarke, Jessica	St. Francis	
5	83 Mattinson, Taylor	Dalhousie Ti	
6	91 Richardson, Chloe	Dalhousie Ti	

Event 28 Women 12-13 150 Meter Dash**Saturday 2020-01-18 - 5:20 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	16 Tupper, Avery	Annapolis Co	
4	97 Bakeeff, Zoe	Halifax Ath	

Event 30 Women 14-59 200 Meter Dash**Saturday 2020-01-18 - 5:35 PM**

Lane	Name	Team	Seed Time
Section 1 of 3 Finals			
1	145 Macdonald, Josee	Special Olym	
2	151 Warkentin, Drew	Special Olym	
3	47 Coughlan, Emma	Crown Athlet	
4	258 Carr-McEachern, Georgia	Yhz Track &	
5	255 Blondon, Sophie	Yhz Track &	
6	229 Deroo, Tina	Unattached N	
Section 2 of 3 Finals			
1	105 Gechtman, Lila	Halifax Ath	
2	146 MacLachlan, Joy	Special Olym	
3	112 Majury, Cate	Halifax Ath	
4	49 Julien, Elena	Crown Athlet	
5	257 Campbell, Emma	Yhz Track &	
6	260 Dearn, Morgan	Yhz Track &	
Section 3 of 3 Finals			
1	123 Tasco, Jalen	Halifax Ath	
2	13 Lawrence, Lillian	Annapolis Co	
3	117 Sheppard, Lynn	Halifax Ath	
4	215 Gouthro, Isabella	Truro Lions	
5	37 Covert, Claire	Chebucto Ath	
6	98 Bauld, Mia	Halifax Ath	

Event 34 Women 14-34 300 Meter Dash**Saturday 2020-01-18 - 6:40 PM**

Lane	Name	Team	Seed Time
Section 1 of 4 Finals			
1	205 Roberts, Fiona	St. Mary's U	
2	197 Dunn, Abby	St. Mary's U	
3	31 O'Brien, Madlyn	Cape Breton	
4	164 Crewe, Olivia	St. Francis	
5	190 Boulet, Sophie	St. Mary's U	
6	270 King, Megan	Yhz Track &	
Section 2 of 4 Finals			
1	179 Macdonald, Aidan	St. Francis	
2	35 Archibald, Mya	Chebucto Ath	
3	29 Johnson, Maddy	Cape Breton	
4	186 Vava, Michelle	St. Francis	
5	39 Fergusson, Lauren	Chebucto Ath	
6	209 Artibello, Mya	StFX Track A	

2020 Athletics NS Indoor Open - 2020-01-17 to 2020-01-18

Canada Games Center

Meet Program

Section 3 of 4 Finals...(Event 34 Women 14-34 300 Meter Dash)

1	201 Macinnis, Kelly	St. Mary's U
2	162 Clarke, Jessica	St. Francis
3	208 Artibello, Malia	StFX Track A
4	177 Krawchuk, Meg Mary	St. Francis
5	228 Brennan, Stephanie	Unattached N
6	115 Poisson, Alexandra	Halifax Ath

Section 4 of 4 Finals

1	57 Bishop, Eden	Dalhousie Ti
2	137 Macdonald, Cara	Pictou Count
3	83 Mattinson, Taylor	Dalhousie Ti
4	170 Graham, Megan	St. Francis
5	152 Alexander, Mira	St. Francis
6	174 Kennedy, Catherine	St. Francis

Event 19 Women 16-59 400 Meter Dash**Saturday 2020-01-18 - 3:10 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 1 Finals

1	243 Smith, Cheryl	Valley Athle
2	111 Lowe, Sydney	Halifax Ath
3	137 Macdonald, Cara	Pictou Count

Event 21 Women 18-34 600 Meter Run**Saturday 2020-01-18 - 4:00 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 3 Finals

2	204 Polak, Sarah	St. Mary's U
3	200 LeBlanc, Sophie	St. Mary's U
4	39 Fergusson, Lauren	Chebucto Ath
5	29 Johnson, Maddy	Cape Breton

Section 2 of 3 Finals

1	228 Brennan, Stephanie	Unattached N
2	157 Boatman, Meaghan	St. Francis
3	73 Heubach, Lorena	Dalhousie Ti
4	187 Walker, Chloe	St. Francis
5	186 Vava, Michelle	St. Francis

Section 3 of 3 Finals

1	152 Alexander, Mira	St. Francis
2	178 Liem, Lauren	St. Francis
3	174 Kennedy, Catherine	St. Francis
4	179 Macdonald, Aidan	St. Francis
5	208 Artibello, Malia	StFX Track A
6	209 Artibello, Mya	StFX Track A

Event 32 Women 12-59 800 Meter Run**Saturday 2020-01-18 - 6:15 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 2 Finals

1	276 Morrow, Kate	Yhz Track &
2	107 Hughes, Sophie	Halifax Ath
3	108 Jollimore-Behie, Lara	Halifax Ath
4	194 Cameron, Gael	St. Mary's U
5	281 Tobin, Evelyn	Yhz Track &
6	8 Barteaux, Renae	Annapolis Co

Section 2 of 2 Finals

1	243 Smith, Cheryl	Valley Athle
2	51 Macdonald, Aria	Crown Athlet
3	42 Lewis, Abby	Chebucto Ath
4	221 Bottomley, Ella	Unattached
5	131 Barbour, Courtney	Halifax Road
6	204 Polak, Sarah	St. Mary's U

Event 17 Women 18-34 1000 Meter Run**Saturday 2020-01-18 - 2:55 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 1 Finals

1	194 Cameron, Gael	St. Mary's U
2	256 Boucher, Mikayla	Yhz Track &
3	95 Waller, Georgia	Dalhousie Ti
4	75 Hosmer, Maggie	Dalhousie Ti
5	139 Ross, Kristen	Pictou Count
6	89 Rawlyk, Brooklyn	Dalhousie Ti

Event 23 Women 12-15 1200 Meter Run**Saturday 2020-01-18 - 4:25 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 1 Finals

1	8 Barteaux, Renae	Annapolis Co
2	17 Tupper, Regan	Annapolis Co
3	11 Gurney, Ila	Annapolis Co
4	250 Allen, Ellie	Yhz Track &
5	24 Mosher, Zoe	Bluenose Ath
6	232 Gamble, Iris	Unattached N
7	110 Le Rudulier, Anne-Sophie	Halifax Ath

2020 Athletics NS Indoor Open - 2020-01-17 to 2020-01-18

Canada Games Center

Meet Program

Event 25 Women 16-59 1500 Meter Run**Saturday 2020-01-18 - 4:35 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	243 Smith, Cheryl	Valley Athle	
2	262 Doucette, Sophie	Yhz Track &	
3	160 Carpinteri, Gabriella	St. Francis	
4	157 Boatsmith, Meaghan	St. Francis	
5	173 Keedwell, Bridget	St. Francis	
6	184 Taggart, Ellen	St. Francis	
7	155 Beaton, Kali	St. Francis	
8	51 Macdonald, Aria	Crown Athlet	
9	181 Sandluck, Breanna	St. Francis	
10	159 Burke, Tanna	St. Francis	
11	140 Sandluck, Allie	Pictou Count	

Section 2 of 2 Finals

1	172 Johnston, Zoe	St. Francis	
2	42 Lewis, Abby	Chebucto Ath	
3	72 Hamilton, Emily	Dalhousie Ti	
4	210 Chisholm, Siona	StFX Track A	
5	76 Jakub, Taryn	Dalhousie Ti	
6	85 Moore, Emma	Dalhousie Ti	
7	78 Kingston, Renata	Dalhousie Ti	
8	161 Chisholm, Paige	St. Francis	
9	268 Genosa, Lelise	Yhz Track &	
10	192 Burke, Bhreagh	St. Mary's U	
11	187 Walker, Chloe	St. Francis	
12	171 Hergett, Jane	St. Francis	
13	178 Liem, Lauren	St. Francis	

Event 1 Women 12-15 2000 Meter Run**Friday 2020-01-17 - 7:00 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	250 Allen, Ellie	Yhz Track &	
2	276 Morrow, Kate	Yhz Track &	

Event 3 Women 16-59 3000 Meter Run**Friday 2020-01-17 - 7:10 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	268 Genosa, Lelise	Yhz Track &	
2	86 Needham, Jessica	Dalhousie Ti	
3	78 Kingston, Renata	Dalhousie Ti	
4	210 Chisholm, Siona	StFX Track A	
5	85 Moore, Emma	Dalhousie Ti	
6	76 Jakub, Taryn	Dalhousie Ti	
7	72 Hamilton, Emily	Dalhousie Ti	
8	140 Sandluck, Allie	Pictou Count	
9	2 Higgins, Madalyn	Acadia Axeme	
10	1 Armstrong, Jessie	Acadia Axeme	
11	236 Benoit, Eileen	Valley Athle	

Section 2 of 2 Finals

1	3 Knowles, Sophie	Acadia Axeme
2	7 Skinner, Nicole	Acadia Axeme
3	4 Lavallee, Sarah	Acadia Axeme
4	5 Mac Donald, Michelle	Acadia Axeme
5	51 Macdonald, Aria	Crown Athlet
6	6 Myles, Lindsay	Acadia Axeme
7	249 Allam, Nour	Yhz Track &

Event 5 Women 18-59 5000 Meter Run**Friday 2020-01-17 - 8:05 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	240 James, Paula	Valley Athle	
2	130 Wilson, Colleen	Halifax Road	

Event 7 Women 14-15 60 Meter Hurdles 30"**Saturday 2020-01-18 - 12:45 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
2	49 Julien, Elena	Crown Athlet	
3	125 Winsor, Sarah	Halifast Ath	
4	122 Strong, Sophie	Halifast Ath	
5	37 Covert, Claire	Chebucto Ath	

Event 8 Women 16-17 60 Meter Hurdles 30"**Saturday 2020-01-18 - 12:55 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
2	111 Lowe, Sydney	Halifast Ath	
3	214 Beselt, Cassie	Truro Lions	
4	12 Kendall, Hanna	Annapolis Co	

Event 9 Women 18-34 60 Meter Hurdles 33"**Saturday 2020-01-18 - 1:00 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	189 Batt, Emily	St. Mary's U	
2	158 Brennan, Erin	St. Francis	
3	162 Clarke, Jessica	St. Francis	
4	164 Crewe, Olivia	St. Francis	
Section 2 of 2 Finals			
1	91 Richardson, Chloe	Dalhousie Ti	
2	170 Graham, Megan	St. Francis	
3	174 Kennedy, Catherine	St. Francis	
4	73 Heubach, Lorena	Dalhousie Ti	
5	74 Hill, Olivia	Dalhousie Ti	

2020 Athletics NS Indoor Open - 2020-01-17 to 2020-01-18

Canada Games Center

Meet Program

Event 36 Women 12-34 High Jump

Friday 2020-01-17 - 5:45 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	47 Coughlan, Emma	Crown Athlet	
3	37 Covert, Claire	Chebucto Ath	
4	12 Kendall, Hanna	Annapolis Co	
5	35 Archibald, Mya	Chebucto Ath	
6	189 Batt, Emily	St. Mary's U	
7	158 Brennan, Erin	St. Francis	
8	34 Apa, Caity	Chebucto Ath	
9	61 Dewar, Maggie	Dalhousie Ti	
10	185 Van Den Heuvel, Riley	St. Francis	
11	73 Heubach, Lorena	Dalhousie Ti	

Event 39 Women 18-34 Long Jump University

Friday 2020-01-17 - 7:30 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	87 O'Leary, Taylor	Dalhousie Ti	
2	158 Brennan, Erin	St. Francis	
3	63 Duynisveld, Maria	Dalhousie Ti	
4	189 Batt, Emily	St. Mary's U	
5	202 Murray, Ashley	St. Mary's U	
6	166 Deakin, Alanna	St. Francis	
7	28 Giroux, Robin	Cape Breton	
8	73 Heubach, Lorena	Dalhousie Ti	
9	185 Van Den Heuvel, Riley	St. Francis	
10	65 Friesen, Kayli	Dalhousie Ti	

Event 38 Women 12-34 Long Jump

Saturday 2020-01-18 - 12:30 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	263 Dwyer, Bridget	Yhz Track &	
2	97 Bakeeff, Zoe	Halifax Ath	
3	261 Doody, Addison	Yhz Track &	
4	44 O'Sullivan, Julie	Chebucto Ath	
5	46 Theriault, Anna	Chebucto Ath	
6	35 Archibald, Mya	Chebucto Ath	
7	47 Coughlan, Emma	Crown Athlet	
8	217 Macdonald, Lauren	Truro Lions	
9	40 Gaudry, Catherine	Chebucto Ath	

Event 41 Women 12-34 Triple Jump

Saturday 2020-01-18 - 4:30 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	63 Duynisveld, Maria	Dalhousie Ti	
2	202 Murray, Ashley	St. Mary's U	
3	214 Beselt, Cassie	Truro Lions	
4	166 Deakin, Alanna	St. Francis	
5	28 Giroux, Robin	Cape Breton	
6	212 Angus, Haley	Truro Lions	
7	217 Macdonald, Lauren	Truro Lions	

Event 43 Tetrathlon: #1 Women 5-13 60 Meter Dash

Saturday 2020-01-18 - 1:20 PM

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	278 Quinton, Emma	Yhz Track &	
2	275 McGrath, Molly	Yhz Track &	
3	239 James, Chelsea	Valley Athle	
4	269 Humphreys, Victoria	Yhz Track &	
Section 2 of 2 Finals			
1	271 Laycock, Emma	Yhz Track &	
2	254 Ballem, Taylor	Yhz Track &	
3	9 Den Haan, Autumn	Annapolis Co	
4	274 McGrath, Charlie	Yhz Track &	

Event 43 Tetrathlon: #4 Women 5-13 600 Meter Run

Saturday 2020-01-18 - 3:20 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	271 Laycock, Emma	Yhz Track &	
2	254 Ballem, Taylor	Yhz Track &	
3	275 McGrath, Molly	Yhz Track &	
4	278 Quinton, Emma	Yhz Track &	
5	269 Humphreys, Victoria	Yhz Track &	
6	9 Den Haan, Autumn	Annapolis Co	
7	239 James, Chelsea	Valley Athle	
8	274 McGrath, Charlie	Yhz Track &	

Event 43 Tetrathlon: #3 Women 5-13 Long Jump

Saturday 2020-01-18 - 2:30 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	275 McGrath, Molly	Yhz Track &	
2	278 Quinton, Emma	Yhz Track &	
3	274 McGrath, Charlie	Yhz Track &	
4	269 Humphreys, Victoria	Yhz Track &	
5	239 James, Chelsea	Valley Athle	
6	271 Laycock, Emma	Yhz Track &	
7	254 Ballem, Taylor	Yhz Track &	
8	9 Den Haan, Autumn	Annapolis Co	

2020 Athletics NS Indoor Open - 2020-01-17 to 2020-01-18

Canada Games Center

Meet Program

Event 43 Tetrathlon: #2 Women 5-13 Shot Put 2Kg

Saturday 2020-01-18 - 1:50 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	275 McGrath, Molly	Yhz Track &	
2	271 Laycock, Emma	Yhz Track &	
3	254 Ballem, Taylor	Yhz Track &	
4	274 McGrath, Charlie	Yhz Track &	
5	9 Den Haan, Autumn	Annapolis Co	
6	239 James, Chelsea	Valley Athle	
7	278 Quinton, Emma	Yhz Track &	
8	269 Humphreys, Victoria	Yhz Track &	

Event 13 Men 12-34 60 Meter Dash

Saturday 2020-01-18 - 2:10 PM

Lane	Name	Team	Seed Time
Section 1 of 9 Finals			
1	150 Theriau, Ben	Special Olym	
2	144 James, Anthony	Special Olym	
3	280 Saunders, Liam	Yhz Track &	
4	252 Baard, Nantus	Yhz Track &	
5	124 Trider, Isaiah	Halifax Ath	
6	272 MacLeod, Jayden	Yhz Track &	
Section 2 of 9 Finals			
1	219 Myatt, Carter	Truro Lions	
2	114 Morrison, Kyle	Halifax Ath	
3	103 Elliott-Taylor, Aiden	Halifax Ath	
4	118 Slawter, Nathaniel	Halifax Ath	
5	106 Gerrior, Dylan	Halifax Ath	
6	259 Connell, Thomas	Yhz Track &	
Section 3 of 9 Finals			
1	148 Peters, Donald	Special Olym	
2	26 Akachkwy, Promise	Cape Breton	
3	36 Bilmer, Magnus	Chebucto Ath	
4	104 Fardy, David	Halifax Ath	
5	100 Budreski, Colten	Halifax Ath	
6	143 Hick, Jason	Special Olym	
Section 4 of 9 Finals			
1	19 Macdonald, Julian	Asea	
2	245 Chaisson, Zachary	X Run Crew	
3	101 Conrad, Austin	Halifax Ath	
4	25 Wentzell, Nolan	Bluenose Ath	
5	220 Zhou, Michael	Truro Lions	
6	55 Son, Hokyun	Crown Athlet	
Section 5 of 9 Finals			
1	116 Reid-Cooper, Ewan	Halifax Ath	
2	147 Morris, Zach	Special Olym	
3	218 Macneil, Tyler	Truro Lions	
4	195 Carlton, Matthew	St. Mary's U	
5	48 Etou Bosseba, Brisnel	Crown Athlet	
6	119 Smith, Jeffrey	Halifax Ath	

Section 6 of 9 Finals

1	168 Fagnan, Isaac	St. Francis
2	199 Johnson, Erik	St. Mary's U
3	38 Dowell, James	Chebucto Ath
4	30 MacLeod, Fraser	Cape Breton
5	52 Meira-Lavoie, Mario	Crown Athlet
6	230 Ferguson, Isaac	Unattached N

Section 7 of 9 Finals

1	27 Connell, Thomas	Cape Breton
2	225 Swaniker, Jojo	Unattached
3	163 Coulet, Logan	St. Francis
4	141 Taylor, John Luke	Pictou Count
5	120 Springer, Camden	Halifax Ath
6	23 Landry, Nick	Bluenose Ath

Section 8 of 9 Finals

1	188 West, Jonny	St. Francis
2	154 Barclay, Bradley	St. Francis
3	82 Macdonald, Damon	Dalhousie Ti
4	96 Williams, Jaiden	Dalhousie Ti
5	227 Aftanas, Matthew	Unattached N
6	133 Earles, Daniel	Memorial Sea

Section 9 of 9 Finals

1	69 Greechan, Lachlan	Dalhousie Ti
2	56 Beaulieu, Nick	Dalhousie Ti
3	58 Coolen, Matt	Dalhousie Ti
4	80 Lunda, Josh	Dalhousie Ti
5	66 Godfrey, Alex	Dalhousie Ti
6	134 Krilow, Ben	Memorial Sea

Event 14 Men 35-69 60 Meter Dash

Saturday 2020-01-18 - 2:50 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	233 Melchiorre, Ron	Unattached N	
2	244 Smith, Troy	Valley Athle	
3	99 Bouloum, Yassine	Halifax Ath	
4	121 Stewart, Jason	Halifax Ath	
5	234 Tienhaara, Johann	Unattached N	

Event 29 Men 12-13 150 Meter Dash

Saturday 2020-01-18 - 5:25 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	252 Baard, Nantus	Yhz Track &	
2	116 Reid-Cooper, Ewan	Halifax Ath	
3	124 Trider, Isaiah	Halifax Ath	
4	219 Myatt, Carter	Truro Lions	
5	272 MacLeod, Jayden	Yhz Track &	

2020 Athletics NS Indoor Open - 2020-01-17 to 2020-01-18

Canada Games Center

Meet Program

Event 31 Men 14-69 200 Meter Dash**Saturday 2020-01-18 - 5:55 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 4 Finals

2	150 Theriau, Ben	Special Olym	
3	144 James, Anthony	Special Olym	
4	106 Gerrior, Dylan	Halifax Ath	
5	244 Smith, Troy	Valley Athle	

Section 2 of 4 Finals

1	233 Melchior, Ron	Unattached N	
2	148 Peters, Donald	Special Olym	
3	143 Hick, Jason	Special Olym	
4	280 Saunders, Liam	Yhz Track &	
5	234 Tienhaara, Johann	Unattached N	

Section 3 of 4 Finals

1	114 Morrison, Kyle	Halifax Ath	
2	147 Morris, Zach	Special Olym	
3	104 Fardy, David	Halifax Ath	
4	220 Zhou, Michael	Truro Lions	
5	100 Budreski, Colten	Halifax Ath	

Section 4 of 4 Finals

1	119 Smith, Jeffrey	Halifax Ath	
2	133 Earles, Daniel	Memorial Sea	
3	48 Etou Bosseba, Brisnel	Crown Athlet	
4	52 Meira-Lavoie, Mario	Crown Athlet	
5	55 Son, Hokyun	Crown Athlet	
6	99 Bouloum, Yassine	Halifax Ath	

Event 35 Men 14-34 300 Meter Dash**Saturday 2020-01-18 - 7:00 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 4 Finals

2	45 Rogers, Zack	Chebucto Ath	
3	199 Johnson, Erik	St. Mary's U	
4	168 Fagnan, Isaac	St. Francis	
5	245 Chaisson, Zachary	X Run Crew	

Section 2 of 4 Finals

2	19 Macdonald, Julian	Asea	
3	27 Connell, Thomas	Cape Breton	
4	176 Knight, Evan	St. Francis	
5	175 Knight, Eric	St. Francis	
6	141 Taylor, John Luke	Pictou Count	

Section 3 of 4 Finals

1	133 Earles, Daniel	Memorial Sea	
2	26 Akachkwy, Promise	Cape Breton	
3	23 Landry, Nick	Bluenose Ath	
4	32 Somers, William	Cape Breton	
5	195 Carlton, Matthew	St. Mary's U	
6	134 Krilow, Ben	Memorial Sea	

Section 4 of 4 Finals

1	183 Sutton, Eric	St. Francis	
2	154 Barclay, Bradley	St. Francis	
3	80 Lunda, Josh	Dalhousie Ti	
4	82 Macdonald, Damon	Dalhousie Ti	
5	188 West, Jonny	St. Francis	
6	120 Springer, Camden	Halifax Ath	

Event 20 Men 16-59 400 Meter Dash**Saturday 2020-01-18 - 3:10 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 1 Finals

4	244 Smith, Troy	Valley Athle	
5	234 Tienhaara, Johann	Unattached N	

Event 22 Men 18-34 600 Meter Run**Saturday 2020-01-18 - 4:15 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 1 Finals

1	32 Somers, William	Cape Breton	
2	206 Shaw, Sam	St. Mary's U	
3	183 Sutton, Eric	St. Francis	
4	175 Knight, Eric	St. Francis	
5	222 Boudreau, Brody	Unattached	
6	36 Bilmer, Magnus	Chebucto Ath	

Event 33 Men 12-59 800 Meter Run**Saturday 2020-01-18 - 6:25 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 2 Finals

1	267 Elliott, Steve	Yhz Track &	
2	45 Rogers, Zack	Chebucto Ath	
3	242 King, Brett	Valley Athle	
4	277 Quinton, Alex	Yhz Track &	
5	231 Gamble, Griffin	Unattached N	
6	50 Liu, Chang	Crown Athlet	
7	234 Tienhaara, Johann	Unattached N	

Section 2 of 2 Finals

1	53 Richard, Francois	Crown Athlet	
2	241 James, Zachary	Valley Athle	
3	70 Grimshaw-Surette, Harmoi	Dalhousie Ti	
4	102 Corbit, John	Halifax Ath	
5	77 James, Noah	Dalhousie Ti	
6	191 Burgers-Lamontagne M, l	St. Mary's U	
7	206 Shaw, Sam	St. Mary's U	

Event 18 Men 18-34 1000 Meter Run**Saturday 2020-01-18 - 3:00 PM**

Lane	Name	Team	Seed Time
------	------	------	-----------

Section 1 of 1 Finals

1	191 Burgers-Lamontagne M, l	St. Mary's U	
2	109 Langille, Jack	Halifax Ath	
3	175 Knight, Eric	St. Francis	
4	176 Knight, Evan	St. Francis	

2020 Athletics NS Indoor Open - 2020-01-17 to 2020-01-18

Canada Games Center

Meet Program

Event 24 Men 12-15 1200 Meter Run**Saturday 2020-01-18 - 4:25 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
8	251 Baard, Douglas	Yhz Track &	
9	266 Elliott, Liam	Yhz Track &	

Event 26 Men 16-59 1500 Meter Run**Saturday 2020-01-18 - 4:55 PM**

Lane	Name	Team	Seed Time
Section 1 of 3 Finals			
1	247 Saul, Targun	X Run Crew	
2	265 Eastwood, Peter	Yhz Track &	
3	253 Baard, Tertius	Yhz Track &	
4	234 Tienhaara, Johann	Unattached N	
5	50 Liu, Chang	Crown Athlet	
6	211 Mombourquette, Daniel	StFX Track A	
7	223 Groves, Grant	Unattached	
8	264 Eastwood, Ezra	Yhz Track &	
9	242 King, Brett	Valley Athle	
10	246 Demchuk, Darian	X Run Crew	
11	53 Richard, Francois	Crown Athlet	
12	33 Zaky, Beshoy	Cape Breton	

Section 2 of 3 Finals

1	149 Piccinin, Stephane	Special Olym	
2	138 Macdonald, Ethan	Pictou Count	
3	41 Good, Ben	Chebucto Ath	
4	165 Day, Findlay	St. Francis	
5	167 Derhak, Addison	St. Francis	
6	169 Gallant, Luc	St. Francis	
7	84 Miller, Blair	Dalhousie Ti	
8	153 Alexander, Quinn	St. Francis	
9	176 Knight, Evan	St. Francis	
10	81 Lynds, Trent	Dalhousie Ti	
11	182 Staples, Graydon	St. Francis	
12	207 Stewart, Joe	St. Mary's U	

Section 3 of 3 Finals

1	156 Benoit, Jacob	St. Francis	
2	92 Robertson, Nick	Dalhousie Ti	
3	93 Rogers, Mike	Dalhousie Ti	
4	68 Goslett, Aidan	Dalhousie Ti	
5	94 Rosen, Daniel	Dalhousie Ti	
6	180 MacLellan, Paul	St. Francis	
7	193 Caie, Kyle	St. Mary's U	
8	67 Goodridge, Jon	Dalhousie Ti	
9	62 Drever, Callum	Dalhousie Ti	
10	71 Grimshaw-Surette, Hudson	Dalhousie Ti	
11	102 Corbit, John	Halifax Ath	
12	203 Peverill, Andrew	St. Mary's U	

Event 2 Men 12-15 2000 Meter Run**Friday 2020-01-17 - 7:00 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	248 Ackerman, David	Yhz Track &	
4	279 Quinton, Jack	Yhz Track &	
5	266 Elliott, Liam	Yhz Track &	
6	277 Quinton, Alex	Yhz Track &	

Event 4 Men 16-59 3000 Meter Run**Friday 2020-01-17 - 7:40 PM**

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	22 Dewolfe, Cal	Bluenose Ath	
2	71 Grimshaw-Surette, Hudson	Dalhousie Ti	
3	92 Robertson, Nick	Dalhousie Ti	
4	62 Drever, Callum	Dalhousie Ti	
5	81 Lynds, Trent	Dalhousie Ti	
6	94 Rosen, Daniel	Dalhousie Ti	
7	93 Rogers, Mike	Dalhousie Ti	
8	207 Stewart, Joe	St. Mary's U	
9	84 Miller, Blair	Dalhousie Ti	
10	128 Mueller, Matthias	Halifax Road	
11	198 Fraccaro, Ryan	St. Mary's U	
12	138 Macdonald, Ethan	Pictou Count	
13	226 Wach, Graeme	Unattached	

Section 2 of 2 Finals

1	238 Deputter, Andrew	Valley Athle	
2	235 Baker, Tyler	Valley Athle	
3	149 Piccinin, Stephane	Special Olym	
4	53 Richard, Francois	Crown Athlet	
5	237 Cadrain, Samuel	Valley Athle	
6	264 Eastwood, Ezra	Yhz Track &	
7	216 Johnstone, Logan	Truro Lions	
8	54 Robinson, Brodi	Crown Athlet	
9	132 Martin, David	Halifax Road	
10	211 Mombourquette, Daniel	StFX Track A	
11	50 Liu, Chang	Crown Athlet	
12	234 Tienhaara, Johann	Unattached N	

Event 6 Men 18-59 5000 Meter Run**Friday 2020-01-17 - 8:05 PM**

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	20 Durling, Craig	Blt Runners	
4	21 Loughead, Ian	Blt Runners	
5	126 Bryden, Will	Halifax Road	
6	129 Walker, Jonathan	Halifax Road	
7	127 McNeil, Matt	Halifax Road	
8	224 Neuffer, Alex	Unattached	

2020 Athletics NS Indoor Open - 2020-01-17 to 2020-01-18

Canada Games Center

Meet Program

Event 10 Men 18-19 60 Meter Hurdles 39"

Saturday 2020-01-18 - 1:10 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	25 Wentzell, Nolan	Bluenose Ath	
2	23 Landry, Nick	Bluenose Ath	
3	218 Macneil, Tyler	Truro Lions	

Event 11 Men 20-34 60 Meter Hurdles 42"

Saturday 2020-01-18 - 1:10 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
4	58 Coolen, Matt	Dalhousie Ti	
5	79 Lowe, Zach	Dalhousie Ti	

Event 37 Men 12-34 High Jump

Friday 2020-01-17 - 7:30 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	52 Meira-Lavoie, Mario	Crown Athlet	
2	219 Myatt, Carter	Truro Lions	
3	135 Bates, Alec	Pictou Count	
4	213 Arnfast, Oliver	Truro Lions	
5	60 Dahr, Ethan	Dalhousie Ti	
6	48 Etou Bosseba, Brisnel	Crown Athlet	
7	196 Corbin, Brett	St. Mary's U	
8	163 Coulet, Logan	St. Francis	

Event 40 Men 12-34 Long Jump

Friday 2020-01-17 - 6:00 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	101 Conrad, Austin	Halifast Ath	
2	154 Barclay, Bradley	St. Francis	
3	219 Myatt, Carter	Truro Lions	
4	196 Corbin, Brett	St. Mary's U	
5	213 Arnfast, Oliver	Truro Lions	
6	88 Oshikoya, Tobi	Dalhousie Ti	
7	133 Earles, Daniel	Memorial Sea	
8	55 Son, Hokyun	Crown Athlet	
9	43 Marshall, Braden	Chebucto Ath	
10	56 Beaulieu, Nick	Dalhousie Ti	
11	59 Cormier, Anthony	Dalhousie Ti	

Event 42 Men 12-34 Triple Jump

Saturday 2020-01-18 - 4:30 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	101 Conrad, Austin	Halifast Ath	
2	218 Macneil, Tyler	Truro Lions	
3	196 Corbin, Brett	St. Mary's U	
4	88 Oshikoya, Tobi	Dalhousie Ti	

Event 44 Tetrathlon: #1 Men 5-13 60 Meter Dash

Saturday 2020-01-18 - 1:30 PM

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	248 Ackerman, David	Yhz Track &	
2	18 Webber, Sullivan	Annapolis Co	
3	279 Quinton, Jack	Yhz Track &	
4	15 Shehata, Zain	Annapolis Co	
Section 2 of 2 Finals			
1	10 Gurney, Emerson	Annapolis Co	
2	142 Wood, Josh	Pictou Count	
3	14 Medicraft, Cole	Annapolis Co	
4	136 Boudreau, Isaac	Pictou Count	

Event 44 Tetrathlon: #4 Men 5-13 600 Meter Run

Saturday 2020-01-18 - 3:30 PM

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	18 Webber, Sullivan	Annapolis Co	
2	248 Ackerman, David	Yhz Track &	
3	136 Boudreau, Isaac	Pictou Count	
4	279 Quinton, Jack	Yhz Track &	
5	14 Medicraft, Cole	Annapolis Co	
6	142 Wood, Josh	Pictou Count	
7	10 Gurney, Emerson	Annapolis Co	
8	15 Shehata, Zain	Annapolis Co	

Event 44 Tetrathlon: #3 Men 5-13 Long Jump

Saturday 2020-01-18 - 2:30 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	18 Webber, Sullivan	Annapolis Co	
2	136 Boudreau, Isaac	Pictou Count	
3	14 Medicraft, Cole	Annapolis Co	
4	279 Quinton, Jack	Yhz Track &	
5	10 Gurney, Emerson	Annapolis Co	
6	142 Wood, Josh	Pictou Count	
7	15 Shehata, Zain	Annapolis Co	
8	248 Ackerman, David	Yhz Track &	

Event 44 Tetrathlon: #2 Men 5-13 Shot Put 2Kg

Saturday 2020-01-18 - 1:50 PM

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	142 Wood, Josh	Pictou Count	
2	248 Ackerman, David	Yhz Track &	
3	14 Medicraft, Cole	Annapolis Co	
4	18 Webber, Sullivan	Annapolis Co	
5	10 Gurney, Emerson	Annapolis Co	
6	15 Shehata, Zain	Annapolis Co	
7	136 Boudreau, Isaac	Pictou Count	
8	279 Quinton, Jack	Yhz Track &	