

2020 Athletics Nova Scotia Indoor Open and Club Championships

January 17-18th, 2020

Canada Games Center

Halifax, NS



Sanction: Athletics Nova Scotia

Host: Athletics Nova Scotia

Date: Saturday, January 17-18th, 2020

Event Site: -

- Canada Games Center, Halifax, 26 Thomas Raddall Dr.
- Six lane elevated synthetic track
- Horizontal jumps pit
- Maximum spike length is 7mm
- Washrooms and change rooms are available on-site.

Timing: FinishLynx Photoelectric timing

Categories: PeeWee (born 2009-00), Bantam (born 2007-08), U16 (born 2005-06), U18 (born 2003-04) U20 (2001-02), Senior (2000 or later), Masters (1985+), University

Schedule

· The tentative schedule is subject to change based on entries. The schedule is available at www.trackiereg.ca. The final schedule will be posted on Wednesday, January 15th, 2020

points system:

Events:

| | PeeWee | Bantam | U16 | U18 | U20/Senior | Masters |
|---------|--------|--------|------|------|------------|---------|
| Running | | 60m | 60m | 60m | 60m | 60m |
| | | 150m | 200m | 200m | 200m | 200m |
| | | 800m | 400m | 400m | 400m | 400m |
| | | 1200m | 800m | 800m | 800m | 800m |

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|--------------------|---|---|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| | | | 1500m 3000m | 1500m 3000m | 1500m 3000m | 1500m 3000m 400mRW |
| Hurdles | | 60mH | 60mH | 60mH | 60mH | 60mH |
| Jumps | | High jump Long jump Triple Jump | High jump Long jump Triple jump | High jump Long jump Triple jump | High jump Long jump Triple jump | High jump Long jump Triple jump |
| Combined Events | Tethrathlon (60m, Long Jump, Shot Put, 600m) | Tethrathlon (60m, Long Jump, Shot Put, 600m) | | | | |
| | | | | | | |

Athletes are encouraged to enter in their respective age class events but will not be excluded from University events provided they are competitive in that section.

Seeding

Please include accurate seed/race times from 2019 season. Seed times are required

All events will be timed section finals due to time constraints

Events with multiple age groups will be seeded according to seed times

Preferred lanes will be assigned by seed times for all Timed Section Finals.

Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event. It is the athletes responsibility to check in at the marshalling table and be ready at the start of their event/heat.

Scratches

Scratches will be accepted via trackreg until to close of registration.

Registration:

Entries must be received by 11:59 p.m. Monday, January 13th

Regular:\$25 for members and \$35 for non-members.

5000m Only : Special entry fee of \$15+\$5=\$20. This event is capped at 20 athletes

Officials Fee: There will be a \$5 Officials fee added to all registrations.

No charge for additional events

There will be a maximum team fee of \$500 for Universities and Clubs registering as 1 group. This fee is exclusive of the \$5 officials fee and online processing fees. Teams can choose to pay by check to avoid processing fees. Please contact for details.

Please use the online registration system at www.trackiereg.ca

Please note: This meet will be **pre-registration** only!

No entries will be accepted on the day of the meet.

Please designate one person from your club to pick up the entry package.

Check in and Bib # Pick-up: Beginning at 5pm on Friday, January 17th and 11:00 a.m. on Saturday, January 18th