**19th Annual York University Youth Xmas Open**

**Track & Field Meet**

**Saturday, November 30th, 2019**

###### FINAL Schedule of Events

**REMINDER OF THE LIMIT OF 4 EVENTS PER ATHLETE**

#### Track Events

**Straight**

9:00am 50m Timed Final (Girls) (U7(**1**), U9(**1**), U11(**1**), U13(**1**), U15(**1**))

800m Timed Final (Girls) (U7, U9, U11, U13, U15)(**1**)

200m Timed Final (Girls) (U7, U9(**2**), U11(**1**), U13(**1**), U15(**1**))

10:30am 50m Timed Final (Boys) (U7, U9(**1**), U11(**1**), U13(**2**), U15(**1**))

800m Timed Final (Boys) (U7, U9, U11, U13, U15)(**1**)

200m Timed Final (Boys) (U7, U9(**1**), U11(**2**), U13(**3**), U15(**2**))

**ALL TIMED SECTIONS WILL BE RUN FROM SLOW TO FAST**

**STARTING BLOCKS FOR SENIOR AGE GROUP ONLY**

#### Field Events

9:00am Long Jump (Boys)(**18**)

High Jump (Open Boys)(**4**)

Shot Put (U13 Boys (2.73kg) / U15 Boys(2.73kg))(**3**)

10:30am Long Jump (Girls**)(12**)

High Jump (Open Girls)**(2)**

Shot Put (U13 Girls (2.73kg) / U15 Girls (2.73kg))**(5)**

**ALL AGE GROUPS WILL COMPETE AT THE SAME TIME IN THE LONG JUMP**

**RESULTS BE CALCULATED BY AGE GROUPS.**

**TAKE-OFF BOARD: WILL BE 1m IN LENGTH AND THE WIDTH OF THE LONG JUMP RUNWAY. ATHLETES MUST JUMP FROM THE 1m AREA ON THE RUNWAY.**

**U15 ATHLETES WILL USE THE TAKE OFF BOARD.**

**Age Groups**

U7 2014 or 2015

U9 2012 or 2013

U11 2010 or 2011

U13 2007 or 2008

U15 2005 or 2006