

GEORGE TANNER MEMORIAL CLASSIC

(formerly the Flying 'M' Fall Frolic)

James Daly Fieldhouse, Max Bell Centre - University of Manitoba

Sanctioned by *Athletics MB*

Saturday, December 7, 2019

- FACILITIES:** 6 lane banked 200m rubber synthetic surface
8 lane straightaway
change rooms and washroom facilities available
spike length: 7mm or less
- EQUIPMENT:** Blocks to be used for sprint races only (60m, 300m)
Throwing equipment will be provided
- START:** 9:00am
- AGE CLASSES:** All age classes from U12 - Masters, including Special O
- EVENTS:** Track Events: 60m, 100m, 200m, 300m, 400m, 500m, 600m, 800m, 1000m, 1500m, 2000m, 3000m, 4x100m
Field Events: Long Jump, Shot Put, High Jump, Weight Toss
*In the 60m, 300m, 600m, 1000m and 3000m the Senior/U20 age categories will be run first, with men following the women. After that it will be U12 through to Masters women and then men. All other events will be run in the following order: alternating women & men (U12, U14, U16, U18, Senior, Masters Special O)
U12 athletes will compete in the 60m, 600m, Long Jump and Shot Put **only**
- MARSHALLING:** Will take place in a designated area. Please marshal promptly so as to facilitate the running of the meet. All track events will be *TIMED* sections.
- AWARDS:** Ribbons for 1st to 5th place in each category
- ENTRY DEADLINE:** All entries must be received by Tuesday, December 3, 2019
- ENTRY FEES:**
- a) Individual events: \$10.00/event
 - b) Relays: \$15.00/team
 - c) Please make cheques payable to "*FLYING 'M' ATHLETIC CLUB*"
 - d) Late fees will be \$20/event

All individuals are now required to pay online at time of registration. Schools and clubs may still pay by cheque at the meet.

ATHLETICS MANITOBA MEMBERSHIP: Athletes must be a member of Athletics Manitoba/Athletics Canada, either as an individual or part of a registered Athletics Manitoba school, or pay the \$10 Non-member Day fee, which will be charged on the Trackie registration website.

ELECTRONIC ENTRIES: <http://www.trackiereg.com/2019-FlyingMFrolic> to register online or view the event page on the Athletics Manitoba website

QUESTIONS: Jill Seymour, Meet Director
flyingmathleticclub@hotmail.com
FLYINGM.CA

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DRAFT SCHEDULE

9:00		OPENING CEREMONY	
9:15	2000m 3000m 60m Hurdles	9:15	Long Jump U12 Women (inside pit) Special O Men and Women (outside pit)
9:30	60m	10:15	Long Jump U12, U14 Men (inside pit)
10:30	600m	10:30	Shot Put (2 circles) U12, U14, U16 Women (Circle 1) Special O Women & Men (Circle 2)
		11:15	Long Jump U14 & U16 Women (inside pit) Shot Put U12 & U14 Men (Circle 1) High Jump All Women
11:45-12:45	Break on Track	12:15	Weight Toss All Women & Men
1:00	300m	1:00	Long Jump U16, U18, U20, Senior Men
		1:30	Shot Put U16, U18 Men High Jump All Men
2:30	1000m	2:30	Long Jump U18, U20 & Senior Women Shot Put U18, U20, Senior Women
		3:30	Shot Put U20, Senior & Masters Men

**Please note that in the 60m, 300m, 600m, 1000m and 3000m the U20/Senior age categories will be run first, with men following the women. After that it will be U12 through to Masters women and then men.

**The 2000m/3000m will be hand timed. All other races will be electronically timed.