Last Chance Track and Field Meet
Track Schedule (as of November 14 2010h)

This finalized version of the schedule will be provided to coaches at Registration.
Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.
Please do NOT use tape on the Universiade Pavilion surface (track nor field).
Saturday, November 16, 2019 Note: The Saturday schedule is tentative and subject to scratches/changes

| Time MST | Track Events |  | Entries | Max <br> Lanes per Heat | Heats | Minutes per Heat | Total Minutes | Athlete Must Check in Before | $\begin{array}{\|c\|} \text { Athlete } \\ \text { Must Be } \\ \text { in Call } \\ \text { Room } \\ \text { Before } \\ \hline \end{array}$ | Advancement or Note |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9:00 | 60m Timed Finals - Under-14 Boys |  | 18 | 8 | 3 | 3:00 | 9:00 | 8:40 | 8:45 |  |
| 9:09 | 60m Timed Finals - Under-14 Girls |  | 26 | 8 | 4 | 3:00 | 12:00 | 8:49 | 8:54 |  |
| 9:21 | 60m Timed Finals - Under-12 Girls |  | 27 | 8 | 4 | 3:00 | 12:00 | 9:01 | 9:06 |  |
| 9:33 | 60m Timed Finals - Under-12 Boys |  | 17 | 8 | 3 | 3:00 | 9:00 | 9:13 | 9:18 |  |
| 9:42 | 60m Timed Finals - Under-10 Girls |  | 10 | 8 | 2 | 3:00 | 6:00 | 9:22 | 9:27 |  |
| 9:48 | 60m Timed Finals - Under-10 Boys |  | 17 | 8 | 3 | 3:00 | 9:00 | 9:28 | 9:33 |  |
| 10:00 | 60m Heats - Under-16 Women |  | 10 | 8 | 2 | 3:30 | 7:00 | 9:40 | 9:45 | Top $3+2$ going to 1 race (8) |
| 10:07 | 60m Heats - Under-18 Women |  | 7 | 8 | 1 | 3:30 | 3:30 | 9:47 | 9:52 | Top $3+2$ going to 1 race (8) |
| 10:10 | 60m Final - Senior, Under-20, Masters Women |  | 7 | 8 | 1 | 3:30 | 3:30 | 9:50 | 9:55 | Final |
| 10:14 | 60m Heats - Under-16 Men |  | 15 | 8 | 2 | 3:30 | 7:00 | 9:54 | 9:59 | Top $3+2$ going to 1 race (8) |
| 10:21 | 60m Heats - Under-18 Men |  | 7 | 8 | 1 | 3:30 | 3:30 | 10:01 | 10:06 | Top $3+2$ going to 1 race (8) |
| 10:24 | 60m Final - Senior, Under-20, Masters Men |  | 7 | 8 | 1 | 3:30 | 3:30 | 10:04 | 10:09 | Final |
| 10:28 |  |  |  |  |  |  | 5:00 |  |  |  |
| 10:35 | 1200m Timed Finals - Under-16 Women |  | 3 | 13 | 1 | 6:30 | 6:30 | 10:15 | 10:20 |  |
| 10:41 | 1200m Timed Finals - Under-16 Men |  | 5 | 13 | 1 | 6:30 | 6:30 | 10:21 | 10:26 |  |
| 10:48 | 1500m Timed Finals - Women (All Groups) |  | 1 | 13 | 1 | 8:00 | 8:00 | 10:28 | 10:33 |  |
| 10:56 | 1500m Timed Finals - Men (All Groups) |  | 8 | 13 | 1 | 8:00 | 8:00 | 10:36 | 10:41 |  |
| 11:04 | Race Walk 1500m Timed Finals - Women (All Groups) |  | 6 | 13 | 1 | 12:00 | 12:00 | 10:44 | 10:49 |  |
| 11:16 | Race Walk 1500m Timed Finals - Men (All Groups) |  | 5 | 13 | 1 | 12:00 | 12:00 | 10:56 | 11:01 |  |
| 11:30 | 400m Timed Finals - Under-10 Girls |  | 10 | 15 | 1 | 4:00 | 4:00 | 11:10 | 11:15 |  |
| 11:34 | 400m Timed Finals - Under-10 Boys | Full | 17 | 17 | 1 | 4:00 | 4:00 | 11:14 | 11:19 |  |
| 11:38 | 600m Timed Finals - Under-12 Girls |  | 27 | 15 | 2 | 4:30 | 9:00 | 11:18 | 11:23 |  |
| 11:47 | 600m Timed Finals - Under-12 Boys |  | 17 | 15 | 2 | 4:30 | 9:00 | 11:27 | 11:32 |  |
| 11:56 | 600m Timed Finals - Under-14 Girls |  | 26 | 15 | 2 | 4:30 | 9:00 | 11:36 | 11:41 |  |
| 12:05 | 600m Timed Finals - Under-14 Boys |  | 18 | 15 | 2 | 4:30 | 9:00 | 11:45 | 11:50 |  |
| 12:14 |  |  |  |  |  |  | 5:00 |  |  |  |
| 12:20 | 60m Final - Under-16 Women |  | 8 | 8 | 1 | 3:30 | 3:30 | 12:00 | 12:05 |  |
| 12:23 | 60m Final - Under-18 Women |  | 8 | 8 | 1 | 3:30 | 3:30 | 12:03 | 12:08 |  |
| 12:27 | 60m Final - Under-16 Men |  | 8 | 8 | 1 | 3:30 | 3:30 | 12:07 | 12:12 |  |
| 12:30 | 60m Final - Under-18 Men |  | 8 | 8 | 1 | 3:30 | 3:30 | 12:10 | 12:15 |  |
| 12:34 |  |  |  |  |  |  | 5:00 |  |  |  |
| 12:40 | 600m Timed Finals - Women (All Groups) |  | 9 | 5 | 2 | 4:30 | 9:00 | 12:20 | 12:25 | lanes 3-7 |
| 12:49 | 600m Timed Finals - Men (All Groups) | Full | 10 | 5 | 2 | 4:30 | 9:00 | 12:29 | 12:34 | lanes 3-7 |
| 12:58 | 200m Timed Finals - Under-16 Women |  | 4 | 5 | 1 | 4:00 | 4:00 | 12:38 | 12:43 | lanes 3-7 |
| 13:02 | 200m Timed Finals - Under-16 Men |  | 3 | 5 | 1 | 4:00 | 4:00 | 12:42 | 12:47 | lanes 3-7 |
| 13:06 | 200m Timed Finals - Women Wheelchair/Ambulatory | none | 0 | 5 | 0 | 4:00 | 0:00 | 12:46 | 12:51 | lanes 3-7 |
| 13:06 | 200m Timed Finals - Men Wheelchair/Ambulatory | none | 0 | 5 | 0 | 4:00 | 0:00 | 12:46 | 12:51 | lanes 3-7 |
| 13:06 | BREAK |  |  |  |  |  | 0:45:00 |  |  |  |
| 13:55 | 60m Hurdles Final - Under-16 Women |  | 2 | 8 | 1 | 6:00 | 6:00 | 13:35 | 13:40 | Lanes 1-3: $0.76,12,8$ green |
|  | 60m Hurdles Final - Under-18 Women |  | 3 | 8 | 1 |  |  |  |  | Lanes 5-8: $0.76,13,8.5$ yellow |
| 14:01 | 60m Hurdles Final - Senior Women |  | 2 | 8 | 1 | 5:00 | 5:00 | 13:41 | 13:46 | 0.84, 13, 8.5 yellow |
| 14:06 | 60m Hurdles Final - Under-16 Men | Full | 8 | 8 | 1 | 6:00 | 6:00 | 13:46 | 13:51 | 0.84, 13, 8.5 yellow |
| 14:12 | 60m Hurdles Final - Masters Men |  | 3 | 8 | 1 | 6:00 | 6:00 |  |  | Lanes 1-3 60-69: 0.84 12, 8 (green). <br> Lanes 5-8: 35-49: 0.99 13.72, 9.14 (blue). |

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Saturday, November 16, 2019 Note: The Saturday schedule is tentative and subject to scratches/changes

| Time MST | Track Events |  | $\begin{array}{\|c} \text { Entries } \\ 3 \end{array}$ | Max <br> Lanes per Heat | $\begin{gathered} \text { Heats } \\ 1 \end{gathered}$ | $\begin{array}{\|c\|} \begin{array}{c} \text { Minutes } \\ \text { per Heat } \end{array} \\ \hline 6: 00 \end{array}$ | Total Minutes | Athlete <br> Must Check in Before | Athlete Must Be in Call Room Before | Advancement or Note |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 14:18 | 60m Hurdles Final - Under-18 Men |  |  | 8 |  |  | 6:00 | 13:58 | 14:03 | 0.91, 13.72, 9.14 blue |
| 14:24 |  |  |  |  |  |  | 5:00 |  |  |  |
| 14:30 | 1000m Timed Finals - Women (All Groups) |  | 4 | 13 | 1 | 6:00 | 6:00 | 14:10 | 14:15 |  |
| 14:36 | 1000m Timed Finals - Men (All Groups) |  | 2 | 13 | 1 | 6:00 | 6:00 | 14:16 | 14:21 |  |
| 14:45 | 200m Timed Finals - Mixed Masters | Full | 5 | 5 | 1 | 4:00 | 4:00 | 14:25 | 14:30 | lanes 3-7 |
| 14:49 | 3000m Timed Finals - Men (All Groups) |  | 7 | 13 | 1 | 11:00 | 11:00 | 14:29 | 14:34 |  |
| 15:00 | 300m Timed Finals - Under-16 Women |  | 11 | 5 | 3 | 4:00 | 12:00 | 14:40 | 14:45 | lanes 3-7 |
| 15:12 | 300m Timed Finals - Under-18 Women | Full | 5 | 5 | 1 | 4:00 | 4:00 | 14:52 | 14:57 | lanes 3-7 |
|  | 300m Timed Finals - Under-20, Masters Women | none | 0 | 5 | 0 | 4:00 | 0:00 |  |  |  |
| 15:16 | 300m Timed Finals - Under-16 Men |  | 11 | 5 | 3 | 4:00 | 12:00 | 14:56 | 15:01 | lanes 3-7 |
| 15:28 | 300m Timed Finals - Under-18, Under-20, Senior Men |  | 9 | 5 | 2 | 4:00 | 8:00 | 15:08 | 15:13 | lanes 3-7 |
| 15:36 |  |  |  |  |  |  | 5:00 |  |  |  |
| 15:45 | 4x800m Relay - Women (All Age Groups) |  | 2 | 10 | 1 | 12:00 | 12:00 | 15:25 | 15:30 |  |
| 15:57 | 4x800m Relay - Men (All Age Groups) |  | 3 | 10 | 1 | 12:00 | 12:00 | 15:37 | 15:42 |  |
| 16:09 | 4x200m Relay - Women (All Age Groups) |  | 1 | 7 | 1 | 6:00 | 6:00 | 15:49 | 15:54 |  |
| 16:15 | 4x200m Relay - Men (All Age Groups) |  | 1 | 7 | 1 | 6:00 | 6:00 | 15:55 | 16:00 |  |
| 16:21 | End of Day's Competition |  |  |  | 76 |  |  |  |  |  |

## Last Chance Track and Field Meet

Field Schedule (as of November 14 2030h)

Saturday, November 16, 2019
Note: The Saturday schedule is tentative and subject to scratches/changes received by Friday afternoon.
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