

# Last Chance Track and Field Meet

## Track Schedule (as of November 14 2010h)



This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Saturday November 16, 2019

Note: The Saturday schedule is **tentative** and subject to scratches/changes

Jun	irday, November 16, 2019		receive	ed by F	riday	evening				
Time MST	Track Events		Entries	Max Lanes per Heat	Heats	Minutes per Heat	Total Minutes	Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note
9:00	60m Timed Finals - Under-14 Boys		18	8	3	3:00	9:00	8:40	8:45	
	60m Timed Finals - Under-14 Girls		26	8	4	3:00	12:00	8:49	8:54	
	60m Timed Finals - Under-12 Girls		27	8	4	3:00	12:00	9:01	9:06	
	60m Timed Finals - Under-12 Boys		17	8	3	3:00	9:00	9:13	9:18	
	60m Timed Finals - Under-10 Girls		10	8	2	3:00	6:00	9:22	9:27	
	60m Timed Finals - Under-10 Boys		17	8	3	3:00	9:00	9:28	9:33	
	60m Heats - Under-16 Women		10	8	2	3:30	7:00	9:40		Top 3 + 2 going to 1 race (8)
	60m Heats - Under-18 Women		7	8	1	3:30	3:30	9:47		Top 3 + 2 going to 1 race (8)
	60m Final - Senior, Under-20, Masters Women		7	8	1	3:30	3:30	9:50	9:55	Final
	60m Heats - Under-16 Men		15	8	2	3:30	7:00	9:54		Top 3 + 2 going to 1 race (8)
	60m Heats - Under-18 Men		7	8	1	3:30	3:30	10:01		Top 3 + 2 going to 1 race (8)
	60m Final - Senior, Under-20, Masters Men		7	8	1	3:30	3:30	10:04	10:00	, , ,
10:24	oon Final - Selliot, Onder-20, Masters Men		, , , , , , , , , , , , , , , , , , ,	0	'	3.30	5:00	10.04	10.09	i iliai
	1200m Timed Finals - Under-16 Women		2	40	1	6.20	6:30	10.15	10:20	
			3	13	1	6:30		10:15		
	1200m Timed Finals - Under-16 Men		5	13	1	6:30	6:30	10:21	10:26	
	1500m Timed Finals - Women (All Groups)		1	13	1	8:00	8:00	10:28	10:33	
	1500m Timed Finals - Men (All Groups)		8	13	1	8:00	8:00	10:36	10:41	
	Race Walk 1500m Timed Finals - Women (All Groups)		6	13	1	12:00	12:00	10:44	10:49	
	Race Walk 1500m Timed Finals - Men (All Groups)		5	13	1	12:00	12:00	10:56	11:01	
	400m Timed Finals - Under-10 Girls		10	15	1	4:00	4:00	11:10	11:15	
	400m Timed Finals - Under-10 Boys	Full	17	17	1	4:00	4:00	11:14	11:19	
	600m Timed Finals - Under-12 Girls		27	15	2	4:30	9:00	11:18	11:23	
	600m Timed Finals - Under-12 Boys		17	15	2	4:30	9:00	11:27	11:32	
	600m Timed Finals - Under-14 Girls		26	15	2	4:30	9:00	11:36	11:41	
	600m Timed Finals - Under-14 Boys		18	15	2	4:30	9:00	11:45	11:50	
12:14							5:00			
12:20	60m Final - Under-16 Women		8	8	1	3:30	3:30	12:00	12:05	
12:23	60m Final - Under-18 Women		8	8	1	3:30	3:30	12:03	12:08	
12:27	60m Final - Under-16 Men		8	8	1	3:30	3:30	12:07	12:12	
12:30	60m Final - Under-18 Men		8	8	1	3:30	3:30	12:10	12:15	
12:34							5:00			
12:40	600m Timed Finals - Women (All Groups)		9	5	2	4:30	9:00	12:20	12:25	lanes 3-7
12:49	600m Timed Finals - Men (All Groups)	Full	10	5	2	4:30	9:00	12:29	12:34	lanes 3-7
12:58	200m Timed Finals - Under-16 Women		4	5	1	4:00	4:00	12:38	12:43	lanes 3-7
13:02	200m Timed Finals - Under-16 Men		3	5	1	4:00	4:00	12:42	12:47	lanes 3-7
13:06	200m Timed Finals - Women Wheelchair/Ambulatory	none	0	5	0	4:00	0:00	12:46	12:51	lanes 3-7
13:06	200m Timed Finals - Men Wheelchair/Ambulatory	none	0	5	0	4:00	0:00	12:46	12:51	lanes 3-7
13:06	BREAK						0:45:00			
13:55	60m Hurdles Final - Under-16 Women		2	8	1	6:00	6:00	13:35	13:40	Lanes 1-3: 0.76, 12, 8 green
	60m Hurdles Final - Under-18 Women		3	8	1					Lanes 5-8: 0.76, 13, 8.5 yellov
14:01	60m Hurdles Final - Senior Women		2	8	1	5:00	5:00	13:41	13:46	0.84, 13, 8.5 yellow
14:06	60m Hurdles Final - Under-16 Men	Full	8	8	1	6:00	6:00	13:46	13:51	0.84, 13, 8.5 yellow
14:12	60m Hurdles Final - Masters Men		3	8	1	6:00	6:00			Lanes 1-3 60-69: 0.84 12, 8 (green). Lanes 5-8: 35-49: 0.99 13.72 9.14 (blue).
	Printed 2010-11-14 20:11		<u> </u>	<b></b>	<u> </u>	<u> </u>	<u> </u>		I	Page 1

Printed 2019-11-14 20:11 Page 1



# Last Chance Track and Field Meet

### Track Schedule (as of November 14 2010h)



This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Saturday, November 16, 2019

Note: The Saturday schedule is <u>tentative</u> and subject to scratches/changes

received by Friday evening.

	•	TECEIV			• • • • • • • • •	•			
Time MST	Track Events	Entries	Max Lanes per Heat	Heats	Minutes per Heat		Athlete Must Check in Before	Athlete Must Be in Call Room Before	Advancement or Note
14:18	60m Hurdles Final - Under-18 Men	3	8	1	6:00	6:00	13:58	14:03	0.91, 13.72, 9.14 blue
14:24						5:00			
14:30	1000m Timed Finals - Women (All Groups)	4	13	1	6:00	6:00	14:10	14:15	
14:36	1000m Timed Finals - Men (All Groups)	2	13	1	6:00	6:00	14:16	14:21	
14:45	200m Timed Finals - Mixed Masters Fu	1 5	5	1	4:00	4:00	14:25	14:30	lanes 3-7
14:49	3000m Timed Finals - Men (All Groups)	7	13	1	11:00	11:00	14:29	14:34	
15:00	300m Timed Finals - Under-16 Women	11	5	3	4:00	12:00	14:40	14:45	lanes 3-7
15:12	300m Timed Finals - Under-18 Women Fu	5	5	1	4:00	4:00	14:52	14:57	lanes 3-7
	300m Timed Finals - Under-20, Masters Women non	9 0	5	0	4:00	0:00			
15:16	300m Timed Finals - Under-16 Men	11	5	3	4:00	12:00	14:56	15:01	lanes 3-7
15:28	300m Timed Finals - Under-18, Under-20, Senior Men	9	5	2	4:00	8:00	15:08	15:13	lanes 3-7
15:36						5:00			
15:45	4x800m Relay - Women (All Age Groups)	2	10	1	12:00	12:00	15:25	15:30	
15:57	4x800m Relay - Men (All Age Groups)	3	10	1	12:00	12:00	15:37	15:42	
16:09	4x200m Relay - Women (All Age Groups)	1	7	1	6:00	6:00	15:49	15:54	
16:15	4x200m Relay - Men (All Age Groups)	1	7	1	6:00	6:00	15:55	16:00	
16:21	End of Day's Competition			76					

Printed 2019-11-14 20:11 Page 2



9:21 U14 Boys Flight 1

11:21 | 10:45 | Women (All Age Groups)

14:00 | 13:30 | Men (All Age Groups)

**Break** 

**End of Day's Competition** 

9:30

14:55

12:25

#### Last Chance Track and Field Meet

Field Schedule (as of November 14 2030h)



Medicine Ball Throw (West Side)

**End of Day's Competition** 

27

17

1:16

Line One

Line Two

## Saturday, November 16, 2019

Note: The Saturday schedule is tentative and subject to scratches/changes received by Friday afternoon.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated time.

Event Start Time	Warm- Up Start Time	Field Events	Entries	Expected Total Time H:MM	Note	Event Start Time	Warm- Up Start Time	Field Events	Entries	Expected Total Time H:MM	
		Long/Triple Jump (Centre Pit)						<b>Standing Long Jump</b>	(Nea	r Wall	Pit)
9:30	9:09	Mixed Triple Jump (Non-Masters)	7	1:03	Top eight <b>overall</b> ( <u>not</u> in "each" age group) will receive three more jumps.	10:10	10:00	U10 Girls	10	0:32	Mat One
11:15	10:48	Women Long Jump (All Age Groups)	8	1:12	Top eight <b>overall</b> ( <u>not</u> in "each" age group) will receive three more jumps.	10:17	10:00	U10 Boys	17	0:55	Mat Two
	12:05	Break		0:45		10:35		End of Day's Competition			
13:20	12:55	Men Long Jump (All Age Groups)	7	1:03	Top eight <b>overall</b> ( <u>not</u> in "each" age group) will receive three more jumps.						
14:05	14:00	Mixed Masters Triple Jump	1	0:09				High Jump (Centre Ma	at)		
14:10		End of Day's Competition				10:03	9:27	Men (All Age Groups)	12	2:12	Increments of 5 cm
							11:40	Break			
		Shot Put and Weight Throw									
		(Centre Circle)				13:30	13:09	Women (All Age Groups)	7	1:17	Increments of 5 cn
9:30	9:24		13	0:58		13:30	13:09	Women (All Age Groups)  End of Day's Competition	7	1:17	Increments of 5 cn
		(Centre Circle)	13 13	0:58 0:58			13:09		7	1:17	Increments of 5 cn
10:31	10:25	(Centre Circle) U14 Girls Flight 1	1		Top eight <b>overall</b> ( <u>not</u> in "each" age group) will receive three more throws.		13:09		7	1:17	Increments of 5 cm
10:31	10:25	(Centre Circle) U14 Girls Flight 1 U14 Girls Flight 2	13	0:58				End of Day's Competition	7	1:17	Increments of 5 cm
10:31 11:43	10:25 11:25 12:20	(Centre Circle) U14 Girls Flight 1 U14 Girls Flight 2 Men Weight Throw (All Age Groups)	13	0:58 0:54		14:30		End of Day's Competition  Pole Vault			Increments of 5 cm
10:31 11:43	10:25 11:25 12:20	(Centre Circle) U14 Girls Flight 1 U14 Girls Flight 2 Men Weight Throw (All Age Groups)  Break	13 6	0:58 0:54 0:45	group) will receive three more throws.  Top eight <b>overall</b> ( <u>not</u> in "each" age	14:30	9:00 11:25	Pole Vault  Mixed <= 3.30 metres		02:24	Increments of 5 cm

Printed 2019-11-14 20:30 Page 1

9:58

9:53

10:35

9:45

9:45

U12 Girls

U12 Boys

Top eight overall (not in "each" age

group) will receive three more throws.

Top eight **overall** (not in "each" age

group) will receive three more throws.

1:21

1:36

0:45

1:24

18

12

10