

2020 Calgary Indoor Track Series

Location: Jack Simpson Track, Kinesiology Building, U of Calgary

SPIKE LENGTH: Must be Cones or Christmas Trees, Maximum length 6mm

Map of Campus: <http://www.ucalgary.ca/map/>

Hosted by: Calgary Track Council and University of Calgary Track & Field Program

Sanctioned by: Athletics Alberta

Websites: www.calgarytrackcouncil.com or www.uofcathletics.ca “Calgary Indoor Track Series”

Categories: **Ages as of December 31 the year of Competition**

9 years and under

10-15 years (will compete in one year divisions)

Open: age 16 and over

U20: Under 20 years of age on December 31 on the of the competition

Masters: 35+ years old on day of meet

Invitational events: Field sizes will be limited. Athletes are required to submit legitimate performances for consideration of entry by the entry Deadline.

Invitational events will not be scored for the Series Championship

Events Offered:

	Dino Opener	Jack Simpson Open	Dino Classic
	Saturday, December 7, 2019	Sunday, January 5, 2020	Sunday, January 26, 2020
	10:00am – 7:00pm	10:00am – 6:00pm	10:00am – 6:00pm
60m	All ages	All ages	All ages
150m	U14/U12/U10	U16/U14/U12/U10	U14/U12/U10
200m	U16/Open		
300m		Open/U12/U10	U16/Open
400m	U12/U10	U16/U14	
600m	Open	Open	Open/U14/U12/U10
800m	U16/U14		
1000m	Open		U16/Open
1200m		U16	
1500m		Open	
Mile			Open/Masters
60m Hurdles	14 & older (Invitational)	14 & older (Invitational)	14 & older (Invitational)
4x200m	U16/U14/U12/U10	Open	Open/U16/U14/U12/U10
High Jump	Invitational		Invitational
	Invitational Field Events		Invitational Field Events
	Sunday December 8, 2019		Sunday, January 26, 2020
	11:00am-4:00pm		11:00am-4:00pm
Long Jump	Invitational		Invitational
Triple Jump	Invitational		Invitational
Pole Vault	Invitational		Invitational
Shot Put	Invitational		Invitational

Schedules: Tentative schedules are posted on the Website. Final schedules will be posted the day before the competition

Awards:

- For each meet: top 6 in each event Final, will receive ribbons.
- Participant ribbons will be available for all finishers who do not place in the top 6.
- Athletes are expected to pickup their awards at the registration table after final results are posted. Ribbons will not be mailed out.
- **Series Championship:** top 3 total point winners in each age group will receive medals.
 - 9&under/10yrs/11yrs/12yrs/13yrs/14yrs/15yrs/16-17yrs/18-19yrs/Open/Masters
 - Points will be accumulated for athletes finishing in the top eight in each event as follows: 10, 8, 6, 5, 4, 3, 2, 1 for 1st, 2nd, 3rd, etc. down to 8th place.

Series T-Shirts

- Series T-shirts will be awarded to every athlete who completes 4 individual events.
- Athletes are asked to indicate their T-Shirt size with their first entry into the series.

ENTRIES:

Trackie Registration: <https://www.trackie.com/online-registration/>

Entry Fee is \$15 per athlete per event
\$15 per Relay team (Day of meet entries are OK)

Entry deadline: Midnight Tuesday prior to the meet.

Late Entries and Changes: Late entries and changes can be made on Trackie, till Friday at 10:00am before the meet

Late Entry Fee: \$30 per event

Day of Meet entries will only be accepted at Meet Director's discretion and if space is available

Entries may be limited due to space and time constraints and will be processed on a first come first serve basis.

Enquires: Email to uofcathleticsentries@gmail.com

Athletics Alberta Membership

All participants must be a members of Athletics Alberta.

To register with Athletics Alberta go to: <https://www.trackie.com/members/UN-AB.php>

T-SHIRT SIZE – be sure to include your T-shirt size with your first entry, if you expect to **complete 4 Individual** events during the series.

Initial Entry lists will be posted on Wednesday on the Calgary Track Council and UCAC websites.

- Fully automatic phototiming (FinishLynx).
- **Youth Girls & Boys 60m** –: will have timed section finals. If they wish to run heats to finals, they should request to run in the Open Category.
- **U20 and Masters** results will be separated out for Series points
- **RESULTS:** Results will be posted at the main entrance as soon as possible and Saturday night on the series website.