



Athletics NS and Truro Lions Throws Meet

Truro Lions and Athletics NS will be hosting a throws meet at the Cougar Dome on Sunday, December 15th.

When: Sunday, December 15th

Time: 12:45PM

Events: Shot Put, Weight Throw

Schedule: Shot Put Male/Female 12:45

Weight Throw Female/Male 1:45

Cost: \$25/athlete + \$5 Officials Fee

More information: Please contact Jonathan Doucette coach@athleticsnovascotia.ca