## 31st <br> INTERNATIONAL YOUTH MEET OF CHAMPIONS 2019 INFORMATION PACKAGE

| Date | December 7 and 8, 2019 |
| ---: | :--- |
| Sanctioned by | Athletics Ontario and Minor Track Association |
| Hosted by | Project Athletics |
| Location |  |
|  | Toronto Track and Field Centre |
|  | York University, Toronto |

Note There is a $\$ 5.00$ insurance coverage surcharge per athlete for non-MTA registered athletes.
There is a $\$ 5.00$ insurance coverage surcharge per athlete for non-AO registered athletes.
(Provides all-day coverage at Track Meet venue.)
NO ENTRIES WILL BE ACCEPTED AFTER 12 NOON ON DECEMBER 6, 2019

Waiver Each participant is required to sign the waiver form attached. For athletes under the age of 18, a parent or guardian's signature must appear on the waiver. The waiver forms must be submitted at the registration desk the day of the competition. You will find the waivers at the end of this document.

Eligibility USATF or AC membership is not mandatory to compete.
However national records may only be set by registered members.
In events that are run as timed sections, all entries without a valid seed time will be put into the slow section.

Athletes may compete in different age categories in different events. For example, a Midget may enter the Midget long jump and Youth triple jump but not the Midget long jump and Youth long jump.

Entry errors If an athlete has been entered in the wrong event or age group and a club's representative wishes to have the athlete switched to another event, or age category, they must make the request a minimum of two hours prior to the listed starting time of the event.
If an athlete has been entered in an age category for which they are too old, the Meet Director reserves the right to move the athlete to the correct age category without notification to the club.

Standards There are no official standards for this meet.
However, coaches are asked not to embarrass their athletes by submitting false information.
Mixing of age groups will not be accepted - an athlete must compete in only his/her age category.
However, an athlete may move up an age group if the event is not offered at his/her age category.

## Lane/Heat/Section

assignments Lanes, heats and sections will be assigned according to the rules of the IAAF/AO/MTA.

Scratches All coaches or club administrators are asked to make initial scratches at the results table upon their arrival. Additional scratches will be accepted throughout the competition. It is to the benefit of all athletes for all scratches to be reported at least 45 minutes prior to the event. This will allow for full and competitive sections, saving time and allowing athletes the opportunity to compete in full events.

Sweat suit rule Due to the anticipated number of entries and the desire to stay on schedule, all athletes will be expected to be ready to start when they are called onto the track - i.e. all sweat suits and tights must be off when called. Athletes who are not prepared to start will be charged with a false start. Please convey this information to the athletes.

## Awards and Scoring

Scoring shall be 10 points for $1^{\text {st }}, 8$ pts for $2^{\text {nd }}, 6$ pts for $3^{\text {rd }}, 4$ pts for $4^{\text {th }}, 2$ pts for $5^{\text {th }}$ and 1 point for $6^{\text {th }}$.
The most outstanding top club will receive a trophy.
The Top Club / Minor Division will also receive a trophy. INTERNATIONAL YOUTH MEET medals (Gold, Silver, Bronze) will also be presented to the first 3 finishers in individual events and relays.

Starting Blocks Official blocks will be supplied by meet management. However, any starting block complying with IAAF rules may be used.

Implements All implements will be provided by the meet management. No personal implements will be allowed. Relay teams may use their own batons to warm up but meet management will provide all competition batons.

NO street shoes on track surface.
NO electronic devices are allowed in the competition area.
Off Limits The track and field areas are off limits to all non-competitors at all times. Only coaches, officials and meet volunteers will be permitted into the field house. All others must go to the spectator viewing area. Meet organizers will provide passes for coaches of athletes entered in the meet.

Sportsmanship Proper conduct extends to all athletes on and off the field during the meet and to parents, friends and coaches especially at the meet site.

Protests All protests must be made as outlined in IAAF rule 146. In all cases, protests or appeals shall be filed within 30 minutes of the official announcement or release of the results. If no protest or appeal is received within 30 minutes of the official announcement or release of the results, the result as released will stand. If a protest or appeal changes a result, 30 minutes will be allowed following the announcement or release of the decision for further appeals to be brought forward. The Jury of Appeal is the final authority on all issues.
Cost: $\$ 25.00$ to be returned only if the protest is upheld.
Concessions There is food service on site.
Registration/Check-In At the track centre itself: Saturday -7:30 a.m. on
Sunday - 8:30 a.m. on
Special meet rules

1. In all running events, girls will precede boys, from youngest to oldest age division, except hurdles.
2. For events run in sections on a time basis -200 m and longer - the fastest section shall run last.
3. Seeding marks must have been achieved between December $1^{\text {st }} 2018$ and December 2, 2019. Seeding will be done according to IAAF rules.
4. Shot put, long jump and triple jump: all competitors will have 3 attempts with the top 8 receiving 3 additional attempts. All 6 attempts will count in the final outcome of the event.
5. The metric system will be used for all measurements.

## Accommodations Suggestions:

HOLIDAY INN EXPRESS
30 Norfinch Drive
416-665-3500
COMFORT INN
66 Norfinch Drive
416-736-4700

EXTENDED STAY TORONTO VAUGHAN 3600 Steeles Avenue West 905-86-960

HOLIDAY INN EXPRESS \& SUITES VAUGHAN-SOUTHWEST 6100 Highway 7 905-851-1510

Parking

1. Follow Highway 401 to Highway 400 North.
2. Follow Highway 400 North to the Steeles Avenue exit.
3. Go East (left) on Steeles, past Jane Street
4. Turn right on Founders Road
5. Take immediate first left entrance to parking lot.

Follow the pathway to the main doors of the Track Centre.
You can now buy a 2 day pass.

Starting Heights Unless all competitors agree to a higher height, starting heights will not exceed the
(m) following:
$\begin{array}{lllllllllll} & \text { TG } & \text { TB } & \text { AG } & \text { AB } & \text { BG } & \text { BB } & \text { MG } & \text { MB } & \text { YG } & \text { YB } \\ \text { High Jump } & 0.91 & 1.10 & 1.25 & 1.30 & 1.35 & 1.45 & 1.43 & 1.55 & 1.50 & 1.65\end{array}$
$\begin{array}{rllllllllll}\text { Specifications for } & \text { TG } & \text { TB } & \text { AG } & \text { AB } & \text { BG } & \text { BB } & \text { MG } & \text { MB } & \text { YG } & \text { YB } \\ \text { throwing events } & 2.00 & 2.00 & 2.73 & 2.73 & 3.00 & 3.00 & 3.00 & 4.00 & 3.00 & 5.00\end{array}$

| Specifications for hurdling events | EVENT | DISTANCE | \# | HEIGHT(m) | to 1st hurdle | between |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Bantam Girls | 60 m | 5 | 0.762 | 12.00 m | 7.50 m |
|  | Bantam Boys | 60 m | 5 | 0.762 | 12.00 m | 7.50 m |
|  | Midget Girls | 60m | 5 | 0.762 | 12.00 m | 8.00 m |
|  | Midget Boys | 60 m | 5 | 0.840 | 13.00 m | 8.50 m |
|  | Youth Girls | 60 m | 5 | 0.762 | 13.00 m | 8.50 m |
|  | Youth Boys | 60 m | 5 | 0.914 | 13.72 m | 9.14 m |

Event limits Tykes and Atoms = 5 events including relays
Bantams, Midgets, Youths $=6$ events including relays. Juniors = 2 relays only

## EVENTS

|  | TG | TB | AG | AB | BG | BB | MG | MB | YG | YB | JW | JM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 60m | X | X | X | X | X | X | X | X | X | X |  |  |
| 150m | X | X | X | X | X | X |  |  |  |  |  |  |
| 200m |  |  |  |  |  |  | X | X | X | X |  |  |
| 300m | X | X | X | X | X | X |  |  |  |  |  |  |
| 400m |  |  |  |  |  |  | X | X | $X$ | X |  |  |
| 800m | X | X | X | X | X | X | X | X | X | X |  |  |
| 1200m | X | X | X | X | X | X |  |  |  |  |  |  |
| 1500m |  |  |  |  |  |  | X | X | X | $X$ |  |  |
| 60 mH |  |  |  |  | X | X | X | X | X | X |  |  |
| High Jump | X | X | X | X | X | X | X | X | X | X |  |  |
| Long Jump | X | X | $X$ | X | $X$ | X | X | X | $X$ | $X$ |  |  |
| Triple Jump |  |  |  |  | X | X | X | X | X | X |  |  |
| Shot Put | X | X | X | X | X | X | X | X | X | $X$ |  |  |
| 4x200 Relay | X | X | X | X | X | X | X | X | X | X | X | X |
| Sprint Medley Relay |  |  | X | X | X | X | X | X | X | X | X | X |

## 2019 INTERNATIONAL YOUTH MEET OF CHAMPIONS TENTATIVE SCHEDULE

This schedule is based on entries received from previous championships. The "Final" schedule will be prepared after the deadline. The official meet schedule will be posted daily at the meet facility.

Where it is indicated that "Heats, Semis or Finals" or "Heats or Finals" will be conducted, ONE OF THESE ROUNDS WILL DEFINITELY BE RUN AT THAT TIME. These should not be confused with rounds that will be conducted "if necessary".

| TIME | TRACK | TIME | FIELD | AGE GROUP |
| :---: | :---: | :---: | :---: | :---: |
| Saturday | December 7, 2019 |  |  |  |
| 09:00 AM | 1200 m / 1500m Finals | 9:00 AM | Shot Put | TG / AG |
|  |  |  | High Jump | TG |
|  |  |  | Long Jump | BB |
|  |  | 09:45 AM | High Jump | TB |
|  |  | 10:00 AM | Shot Put | BB |
| 10:30 AM | 60m (Heats, Semis or Finals) | 10:30 AM | High Jump |  |
|  |  |  | Long Jump | MB / YB |
|  |  | 11:00 AM | Shot Put | BG |
|  |  | 11:15 AM | High Jump | $A B$ |
|  | LUNCH BREAK |  |  |  |
| 01:00 PM | 300m / 400m Finals | 01:00 PM | Shot Put | TB / AB |
|  |  |  | High Jump |  |
|  |  |  | Long Jump | TG / AG |
|  |  | 02:00 PM | Shot Put | MG |
|  |  |  | Triple Jump | BB / MB |
|  |  | 02:30 PM | High Jump | YG |
|  |  |  | Long Jump | BG |
| 03:00 PM | 60m (Semis or Finals) | 03:00.PM | Shot Put | MB |
|  |  |  | Triple Jump | MG |
|  |  | 03:30 PM | High Jump | BG |
| 03:45 PM | $4 \times 200 \mathrm{~m}$ Relay Finals | 03:45 PM | Long Jump | TB |
|  |  | 04:00 PM | Shot Put | YG |
|  |  | 04:45 PM | Triple Jump | YB |
| 04:45 PM | 60m Finals (if necessary) |  |  |  |
|  |  | 05:00 PM | Shot Put | YB |

Sunday December 8, 2019

| 10:00 AM | 60m Hurdles Finals <br> order: BG-BB-MG-YG- MB-YB | 10:00 AM | High Jump Long Jump (pit 1) YG Triple Jump (pit 2) | $M G$ $B G$ |
| :---: | :---: | :---: | :---: | :---: |
| 10:45 AM | 800m Finals |  |  |  |
|  |  | 11:00AM | High Jump | BB |
|  |  |  | Long Jump | AB |
|  | LUNCH BREAK * OFFICIALS / COACHES QUADRATHLON* |  |  |  |
| 01:15 PM | Sprint Medley Relay Finals (400m, 200m, 200m, 800m) | 01:00 PM | High Jump | MB |
|  |  |  | Long Jump (pit 1) | MG |
|  |  |  | Triple Jump (pit 2) | YG |
| 02:00 PM | 150m / 200m Finals |  |  |  |

Notes: 1 Registrations for the * OFFICIALS/COACHES QUADRATHLON* will only be on Sunday, December 8. Quadrathlon will include $60 \mathrm{~m}, 400 \mathrm{~m}$, Shot Put and Long Jump.

2 Relay declaration forms will be available on the day of the event


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SANCTIONED AND REQUIRED BY:

ATHLETICS ONTARIO<br>MINOR TRACK ASSOCIATION

## RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

## 2019 International Youth Meet of Champions

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Athletics Ontario<br>Minor Track Association of Ontario<br>City of Toronto<br>Toronto Track \& Field Centre<br>Project Athletics Linda Reid

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

## Date

## Print Name

Signature
(If under 18, parent or guardian or
Power of Attorney to sign below.)

## Clubs with Power of Attorney

SANCTIONED AND REQUIRED BY: ATHLETICS ONTARIO and MINOR TRACK ASSOCIATION
RELEASE, WAIVER AND INDEMNITY
IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

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| Athletics Ontario | Toronto Track and Field Centre | Project Athletics |
| :--- | :--- | :--- |
| Minor Track Association of | City of Toronto | Linda Reid |

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOW SOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTW ITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOW LEDGE HAVING READ, UNDERSTOOD AND AGREED to the above W AIVER, RELEASE AND INDEMNITY. I W ARRANT that I am physically fit to participate in this event and I AGREE to withdraw from the race if so requested by the designated medical officer.

| Date <br> Plub Name <br> Please list out the names of all athletes below that your clubs has power of attorney. |  |
| :--- | :--- |
| 1. | 23. |
| 2. | 24. |
| 3. | 25. |
| 4. | 26. |
| 5. | 27. |
| 6. | 28. |
| 7. | 29. |
| 8. | 30. |
| 9. | 31. |
| 10. | 32. |
| 11. | 33. |
| 12. | 34. |
| 13. | 35. |
| 14. | 36. |
| 15. | 37. |
| 16. | 38. |
| 17. | 39. |
| 18. | 40. |
| 19. | 41. |
| 20. | 42. |
| 21. | 43. |
| 22. | 44. |

