



Minor Track Association - 2019 Provincial Cross Country Championship Hosted By Etobicoke Track and Field Club

DATE: Saturday, October 26, 2019

COURSE WALK: 9:15 am

FIRST EVENT: Pee-Wee 10:00 am

PLACE: Centennial Park just west of Centennial Park Stadium, 56 Centennial Park Rd, Etobicoke, M9C 5N3

DIRECTIONS: On the north-west side of Rathburn Road and Renforth Drive, in Etobicoke
Detailed directions and Map - below

FACILITIES: Courses are mostly grass, and all in a park setting. Washrooms/change rooms on site, snacks, drinks and restaurants are nearby

COURSES: Courses will start and finish in the vicinity just west of the Stadium

<u>AGE GROUP</u>	<u>BIRTH/YEAR</u>	<u>SEX</u>	<u>DISTANCE</u>	<u>CLASS CODE</u>	<u>RACE TIME</u> *Approx.*
Peewee	2013/2014	F	800m	PG	10:00 AM
Peewee	2013/2014	M	800m	PB	10:00 AM
Mite	2011/2012	F	1000m	MG	10:10
Mite	2011/2012	M	1000m	MB	10:20
Tyke	2009/2010	F	1500m	TG	10:30
Tyke	2009/2010	M	1500m	TB	10:45
Atom	2007/2008	F	2000m	AG	11:00
Atom	2007/2008	M	2000m	AB	11:20
Senior	2005/2006	F	3000m	SG	11:40
Senior	2005/2006	M	3000m	SB	12:00

Awards approximately at 12:20 pm

ENTRY FEE: \$16.00 per athlete, (\$15+ plus \$1.00 MTA Fee): (All athletes must provide MTA#).

ENTRIES: On TRACKIE Only - <https://www.trackie.com/online-registration/> Payment to be made online.

No telephone entries. No Refunds. Trackie accepts VISA, Mastercard, Amerx, Discover, PayPal, & Interac

DEADLINE: All entries must be received by 12:00 noon on Wednesday October 23, 2019.

NOTE MTA BY-LAW 14: CHAMPIONSHIP MEETS:

All Member Clubs must have their Athletes registered and the annual Administration fee paid as noted in By-Law 11:1 ONE WEEK PRIOR TO A PROVINCIAL CHAMPIONSHIP EVENT.

NOTE: Waiver forms must be filled-out and submitted by **each** athlete/parent/guardian, or a blanket waiver by power of attorney (list all athletes). Athletes without signed waiver forms will **not** be allowed to compete. Bring on race day.

ENQUIRIES: Julius Palladino, (416) 258-2888 etobicoketrack@rogers.com

DRAW PRIZES: Various Draw Prizes will be distributed randomly throughout race day

AWARDS: Plaques to 1st, 2nd, 3rd, places - Ribbons to 4th through 10th places for Pee Wee, Mites, Tykes, Atoms and Seniors (for individuals): Medals to 1st, 2nd, 3rd place teams (Winning team based on position of first THREE finishers. In case of tie, the position of the 3rd runner will determine the winning team. Max. of 4 medals per team.)

Event Waiver Form

**THIS WAIVER FORM MUST BE SUBMITTED BY EACH ATHLETE ENTERED
or
BLANKET WAIVER BY COACH WITH POWER OF ATTORNEY - (list all athletes)**

SANCTIONED and REQUIRED BY the MINOR TRACK ASSOCIATION (of Ontario)

In consideration of the acceptance of my application and permission to participate as an entrant of competitor in the **ETOBICOKE MTA CROSS COUNTRY CHAMPIONSHIP**, scheduled for Saturday, October 26, 2019

I, for myself, my heirs, executors, administrators, successors, and assigns **HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE:**

the Minor Track Association (of Ontario), the Gladstone Track & Field Club and the Etobicoke Huskies-Striders Track and Field Club and/or any of its Directors, the University of York, and the City of Toronto

and all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, representatives, and assigns OF AND FROM ALL claims, demands, damage costs, expense actions, and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that the same may be the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE TO HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREE to the above WAIVER, RELEASE AND INDEMNITY. I FURTHER WARRANT that the participant is physically fit to participate in this event.

Print Name

Date

Signature of Athlete/Participant

Print Name

Date

Signature of Parent / Guardian
(If under 18 years)

2019 MTA XC CHAMPIONSHIP COURSES



MTA CROSS COUNTRY CHAMPIONSHIPS - 2019			
SAT OCT. 26, 2019 - CENTENNIAL PARK, ETOBICOKE			
PEE WEE	500M	10:00AM	START - J-K-L-FINISH
MITE GIRLS	1000M	10:10	START- A-B-C-D-E-FINISH
MITE BOYS	1000M	10:20	START- A-B-C-D-E-FINISH
TYKE GIRLS	1500M	10:30	START- A-B-C-D-G-E-FINISH
TYKE BOYS	1500M	10:45	START- A-B-C-D-G-E-FINISH
ATOM GIRL	2000M	11:00	START- A-B-C-D-E-F-A-B-C-D-E-FINISH
ATOM BOYS	2000M	11:20	START- A-B-C-D-E-F-A-B-C-D-E-FINISH
SENIOR GIRLS	3000M	11:40	START- A-B-C-D-G-E-F-A-B-C-D-G-E-FINISH
SENIOR BOYS	3000M	12:00	START- A-B-C-D-G-E-F-A-B-C-D-G-E-FINISH

Detailed Directions - How to Get There

From the East

- Take Highway 401 west and exit at Carlingview Drive.
- Turn left at the first set of lights (Renforth Drive).
- Pass through five sets of lights while continuing on (south) Renforth Drive. After the fifth light, there is a schoolyard (Hollycrest Public) on the right-hand side. Go to first street past (Centennial Park Gate).
- Turn right on to Centennial Park Gate (immediately after the schoolyard). The stadium is straight ahead
- Turn right (or left) on to Centennial Park Road to either parking lot, on the west side of the road. Start line is directly behind the stadium.

From the West

- Take Highway 401 east and exit at Renforth Drive, go South.
- Continue south on Renforth Drive passing through two sets of lights. After the second light, there is a schoolyard on the right-hand side.
- Turn right onto Centennial Park Gate (immediately after the schoolyard). The stadium is straight ahead
- Turn right (or left) on to Centennial Park Road to either parking lot, on the west side of the road. Start line is directly behind the stadium

From the South

- Take the QEW east or west, to Highway 427 north.
- Exit at Rathburn Road West.
- Travel along Rathburn Road, pass through two sets of lights.
- After the second set of lights (Renforth), turn right on to Centennial Park Road to one of first two parking lots on the west side of the road. Start line is behind the stadium.

From the North

- Take Highway 427 south and exit at Burnhamthorpe Road West (or Holiday Drive just north of Burnhamthorpe)
- Turn right on to The West Mall.
- Follow The West Mall north to Rathburn Road.
- Turn left on Rathburn Road and go past Renforth Drive.
- Go through the next set of lights at Renforth Drive, and turn right at the first street after the lights (Centennial Park Road). Take the first or second parking lot on the west side of the road. Start line is behind the stadium.

By TTC

- Go to Royal York subway station.
- Take the Rathburn #48 bus to Renforth Drive.
- Walk west (the same direction the bus is traveling) to the first street on the right (Centennial Park Road).
- Turn right on to Centennial Park Road. The stadium is about 300m north of Rathburn, on the left side; the start area is just behind the Stadium.

Centennial Park is located in close proximity of Toronto Pearson airport, and has quite a few hotels and restaurant nearby.

Listed below are some hotels close to the park. Please contact hotels directly and book early.

Hampton Inn by Hilton Toronto Airport Corporate Centre
5515 Eglinton Ave W, Toronto, ON M9C 5K5
(416) 646-3000

Best Western Plus Travel Hotel Toronto Airport
5503 Eglinton Ave W, Toronto, ON M9C 5K5
(416) 620-1234

Homewood Suites by Hilton Toronto Airport Corporate Centre
5515 Eglinton Ave W, Toronto, ON M9C 5K5
(416) 646-4600

Courtyard by Marriott Mississauga-Airport Corporate Centre West
5050 Creebank Rd, Mississauga, ON L4W 5R2
(905) 625-3555

Residence Inn by Marriott Mississauga-Airport Corporate Centre West
5070 Creebank Rd, Mississauga, ON L4W 5R2
(905) 602-7777

Hilton Garden Inn Toronto Airport West/Mississauga
1870 Matheson Blvd, Mississauga, ON L4W 0B3
(905) 361-6300

Best Western Premier Toronto Airport
135 Carlingview Dr, Etobicoke, ON M9W 5E7
(416) 637-7000

Toronto Airport Marriott Hotel
901 Dixon Rd, Etobicoke, ON M9W 1J5
(416) 674-9400