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# 2019 ONTARIO OPEN JUDO CHAMPIONSHIPS

**Date:**

November 9 – 10, 2019

**Venue:**

**Toronto Pan Am Sports Centre**  
875 Morningside Avenue  
Toronto Ontario M1C 0C7

***JUDO CANADA REGIONAL RANKING TOURNAMENT***  
***5 MAT AREAS – WEBCASTING BY JUDOCANADA.TV***



THIS CONTEST IS SANCTIONED BY AN ORGANIZATION OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO.





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## Key Contacts

**Tournament Director:** Karl Doherty - [budokanjudo@rogers.com](mailto:budokanjudo@rogers.com)

**Technical Director:** Steve Sheffield – [info@judoontario.ca](mailto:info@judoontario.ca)

**Chief Referee:** Gerald Okimura - [gokimura21@hotmail.com](mailto:gokimura21@hotmail.com)

The Ontario Open will also be webcast via <http://www.judocanada.tv>.



# Registration



**THIS IS A PRE-REGISTRATION ONLY TOURNAMENT.**

## Athlete Registration

Online registration for all athletes: [www.trackireg.com/2019-OntarioOpen](http://www.trackireg.com/2019-OntarioOpen)

## Coach Registration (Minimum NCCP 2 (DI) Trained)

Online registration is **mandatory** for all coaches: [www.trackireg.com/2019-OntarioOpencoach](http://www.trackireg.com/2019-OntarioOpencoach)

Only 4 coaches per team/dojo allowed. Athletes who coach **Must** also apply for coaching accreditation.

No coaching accreditation will be issued on the day of the tournament.

## Referee Registration (Minimum National A)

Online registration for all referees: [www.trackireg.com/2019-OntarioOpenRef](http://www.trackireg.com/2019-OntarioOpenRef)



*All off-shore and out-of-province athletes need to ensure their medical coverage is valid in Ontario.*

## On-line Entries

- ▶ Registration opens September. 23, 2019 • 0900hr EST
- ▶ Early registration closes October 18, 2019 • 2359hr EST
- ▶ Late registration closes November 1, 2019 • 2359hr EST Midnight

## Hard copy Registration

If you do not have access to the internet, please call Judo Ontario, 1-416-447-5836 or 1-855-499-5836 (Toll Free).

Hard copy entries **MUST** be accompanied with full fee(s) attached and must be received by November 1, 2019. Judo Ontario will not be responsible for mailed entries received after this date.

### Hard copy entries must be sent to:

Ontario Open c/o Judo Ontario  
875 Morningside Avenue, Suite 2040 Toronto, ON, Canada M1C 0C7



*Registration attempts after the registration deadline will not be accepted.*



*No refunds of any kind after November 1<sup>st</sup>. No substitutions allowed.*



*No email or fax entries will be accepted.*



**Note:**

- All Early Bloomer requests must be sent to Steven Sheffield (info@judoontario.ca) by October 28<sup>th</sup>, 2019. All applications will be forwarded to Judo Canada.
- All submissions are forbidden for the U14 age division.

## Entry Fees

### Competitor Fees

	<b>Early Registration</b> (Received by Oct 18/19)	<b>Late Registration</b> (Received by Nov 1/19)
<b>U21, Seniors, Veterans, &amp; Ne Waza</b>	\$65	\$90
<b>U18</b>	\$60	\$85
<b>U16</b>	\$55	\$80
<b>Second Division</b>	\$45	\$60
<b>U14</b>	\$45	\$60
<b>Family Rate</b>	Full price for the first two entrants. Third member and more \$30 person. No Late Family Rate	
<b>Kata (per person)</b>	\$30	\$45
<b>Additional Kata Entry(per person)</b>	\$20	\$25
<b>Additional 3<sup>rd</sup> Kata entry (per person) 3 Kata Max entry</b>	\$15	\$20

**Note:**

- All prices include HST.
- ***All Kata registrations must be mailed-in and a separate form for each kata & pairing is required.***

### Spectator Fees

\$10 for one day or \$15 for the whole weekend.

**NOTE:**

- \$20 penalty fee will incur for all mistakes made in an athlete's registration (belt or age division) that will force changes to categories after the draws are completed.
- \$10 administration fees will be held for all cancellations between October 15, and November 1, 2019.
- There will be No refunds following a cancellation as of Friday November 2, 2019. No matter the circumstances.



## Competition Schedule

**Saturday November 9<sup>th</sup>** U14, U18, U21, Veterans & Ne Waza (Weigh in Friday November 8<sup>th</sup>)

Kata and Ne-Waza starts 8am Saturday morning. Shiai starts on Saturday shortly after the conclusion of the Kata and Ne-Waza competition.

**Sunday November 10<sup>th</sup>** U16, Senior Novice & Senior Advanced (Weigh in Saturday November 9<sup>th</sup>) Sunday the shiai starts at 8am.

## Accreditation

ATHLETES, COACHES, REFEREES, AND VOLUNTEERS PLEASE NOTE: Entry into the competition area will only be permitted with valid accreditation.

**Note:** Replacement accreditation badges can be generated at the accreditation desk at the tournament venue on Saturday or Sunday. *However, there will be \$20 CAD **CASH ONLY** replacement charge for replacement badges.*

Accreditation pick-up on **Friday** will take place at the Delta Hotels by Marriott Toronto East. Photo ID is required for picking-up accreditation badges.

**Coaches** may start picking up their accreditation badges starting at 1600 – 2100 on November 08. Provincial and club coaches may also pick-up badges on behalf of their athletes. **Athletes** may start picking up their badges at 1700 – 2100 on November 08.

Accreditation pick-up on **Saturday** will take place at the Tournament Venue

All registered athletes will be issued one accreditation badge regardless of the number of divisions entered. Athletes who wish to also coach **MUST** apply separately for coaching accreditation. ***Athletes, must ensure their coach registers themselves as a coach. Accreditation badges for coaches will not be issued based on Athletes registration information.***

### Coach Accreditation

**ALL coaches MUST pre-apply for accreditation** by **November 1, 2019** to receive a coaching accreditation badge. **ALL Canadian coaches MUST be NCCP Level 2 (Dojo Instructor) Trained.** Foreign coaches must supply and bring their coaching certification equivalent. ***Athletes entering their coaches name when they register DOES NOT pre-register that coach.*** Only one coach per athlete will be permitted at mat side. Maximum of four coaches per Dojo. Coaches must wear proper coaching attire. No coaches will be allowed to coach in Judo jacket and/or pants.



## Referee & CARE Operator Accreditation

**Referee Eligibility:** Referees must be members of Judo Ontario, other Provincial/Territorial Associations, or IJF recognized Associations of other countries.

**Minimum referee level National A.** Referees wishing to officiate the ne-waza category are asked to contact the Chief Referee, Gerald Okimura, at [gokimura21@hotmail.com](mailto:gokimura21@hotmail.com) by **October 25, 2019**.

Referees not officiating are encouraged to assist with operating the CARE system.

A referee meeting and roll call will be held at the shiai-jo prior to the start of the tournament. All referees (except referees working the ne waza matches) are asked to present themselves in the official's room Saturday by 0900 and Sunday at 0730.

## Other Volunteer Accreditation

Judo Ontario needs volunteers who are aged 16+ for these very important positions:

- Draw Coordinators
- Weigh-in Officials
- Time/Score Keepers
- Security
- Craft Services
- Runners
- Accreditation Table Officials

Accreditation badges are required for all volunteers. Volunteers of the tournament will receive a Volunteers t-shirt and lunch on the days they are volunteering. To sign up to be a volunteer, please send an email by November 1<sup>st</sup> to Rayla Brown at [raylasbrown@gmail.com](mailto:raylasbrown@gmail.com) with the position(s) you are able to volunteer for and your availability.



# Tournament Site Meetings

## Referees & CARE Operator Meetings

Referees' meeting will take place in the officials' room at the Shiai-jo.

- ▶ Referees' roll call: Saturday: 0900 (Please be on time) Sunday: 0730 (Please be on time)

Volunteers and table officials must be in place at 0730 on Saturday and at 07:30 on Sunday.

## Coaches Meeting

A coaches meeting will take place at Joseki at 0745 at the Shiai-jo on Saturday.

## Volunteers Meeting

Volunteers are asked to present themselves with their accreditation badge at the registration desk at TPASC at 0730 on Saturday and Sunday.

# Rules & Systems

- ▶ Modified IJF Rules and Judo Ontario/Judo Canada Tournament Regulations will be applied.
- ▶ U14: Judo Ontario Tournament Standards will be applied.
- ▶ U16: NO armlocks allowed. Chokes allowed.
- ▶ U18: Chokes and armlocks allowed.
- ▶ A minimum rest period equal to two (2) times the match time will be allowed between matches.
- ▶ Golden Score will be applied in all divisions except U14.
- ▶ White and Blue judogis are mandatory for all but U14.
- ▶ U14 must have white judogi with their properly fitted belt with their current rank.
- ▶ For U14 athletes can have both a white and blue judo gi or reversible judogi with their current properly fitting belt. But two blue judogi's will not be allowed to compete.
- ▶ Judo Ontario will supply white and blue sashes for the U14 division
- ▶ Uniforms (Judogis) MUST comply with Judo Canada and IJF size regulations.
- ▶ The competition area will conform to the IJF standard 8m x 8m combat surface.
- ▶ 5 or less competitors will use round robin system
- ▶ 6 and 7 competitors in a category will use a 2 pool system
- ▶ 8 competitors or more will use a modified double elimination system
- ▶ Seeding will be based on HPC communication with Judo Canada requirements.



## Awards

1st, 2nd, and two 3rd Place medals will be awarded as per Judo Canada guidelines.

## Weigh-Ins

Athletes are allowed only one time on the official scale. A valid Judo Canada registration card and picture ID is required at weigh-in.

### U14, U18, U21, Veterans & Ne Waza

Friday, Nov. 08, 2019

Delta by Marriott Toronto East

- ▶ Unofficial Weigh-in: 1700hr—1800hr (unofficial scale only)
- ▶ Official Weigh-in: 1800hr—2100hr (official scale only)

### U16, and Seniors

Saturday, Nov. 9, 2019

Toronto Pan Am Sports Centre 875 Morningside

- ▶ Unofficial weigh-in: 1400hr - 1500 (unofficial scale only)
- ▶ Official Weigh-in: **U16** 1500hr - 1615hr
- ▶ Official Weigh-in: **Senior** 1615hr - 1730hr

**Note:** All participants must come to the official weigh-in with their 2019-20 Judo Canada membership card their accreditation pass and with a photo ID. Foreign Competitors must bring a current membership card of their Association, their accreditation and photo ID.

**Note:** U14, U18, U21, Veterans and Ne Waza judokas also competing in the same weight category on Sunday will NOT have to go on the scale again. **However, they MUST go to the weigh-in on Saturday to confirm their participation on Sunday.**

**Note:** Eligible U16 judokas (born in 2005) competing in the same weight category of the U18 Division on Saturday will NOT have to go on the scale again. **However, they must go to the weigh-in on Saturday to confirm their participation in their respective U16 division on Sunday.** Athletes may compete in only one division per day as outlined in accordance with Judo Canada's Tournament Policy.

Athletes competing on Saturday and Sunday need to weigh-in only once. See notes below.





## Divisions

### U14

**Born:** 2007-2008

**Ranks:** Green and up

No chokes or armlocks. *Modified Medical Rules. See Below*

**Duration:** 3 minute matches. No Golden Score

U14 Male Weight Divisions:

- 34kg, -38kg, -42kg, -46kg, -50kg, 55kg, -60kg, -66kg, +66kg

U14 Female Weight Divisions:

-32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, +63kg

### U16

**Born:** 2005-2006

*and as per Judo Canada's Early Bloomer Clause*

**Ranks:** Green and up

Chokes permitted. No armlocks. *Modified Medical Rules. See Below*

**Duration:** 3 minute matches. Golden Score

U16 Male Weight Divisions:

- 38kg, -42kg, 46kg, -50kg, 55kg, -60kg, -66kg, -73kg, +73kg

U16 Female Weight Divisions:

-36kg, -40kg, 44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

### U18

**Born:** 2003, 2004, 2005

*and as per Judo Canada's Early Bloomer Clause*

**Ranks:** Green and up

Chokes and armlocks permitted. *Modified Medical Rules. See Below*

**Duration:** 3 minute matches. Golden Score

*Modified Medical Rules. See Below*

U18 Male Weight Divisions:

- 46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg

U18 Female Weight Divisions:

-40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

**Note:** *Modified Medical Rules: All U14, U16 and U18 contestants will be allowed two one-minute free medical examinations per competitor per match (does not include treatments for bleeding) without penalty. A third examination to the same competitor in the same match will result in their opponent being awarded the win by "Kikengachi". All incidents of bleeding in these two age categories will be dealt with in accordance with current IJF Competition Rules, Article 29 (Bleeding Injuries).*



<p><b>U21</b></p> <p><b>Born:</b> 2000, 2001, 2002, 2003, 2004 &amp; 2005</p> <p><b>Ranks:</b> Blue and up</p> <p>Chokes and armlocks permitted</p> <p><b>Duration:</b> 4 minute matches. Golden Score</p>	
U21 Male Weight Divisions: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg	U21 Female Weight Divisions: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, 78kg

<p><b>Seniors</b></p> <p><b>Born:</b> 2005 and earlier</p> <p><b>Senior Men Advanced Ranks:</b> Brown and up</p> <p><b>Senior Women Advanced Ranks:</b> Blue and up</p> <p><b>Senior Men Novice Ranks:</b> Green and Blue</p> <p>Chokes and armlocks permitted</p> <p><b>*Senior Women Novice Ranks:</b> Orange &amp; Green*</p> <p>*No Chokes and armlocks permitted*</p> <p><b>Duration:</b> 4 minute matches. Golden Score</p>	
Senior Advanced Male Weight Divisions: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg	Senior Advanced Female Weight Divisions: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg
Senior Novice Male Weight Divisions: Light, Middle, Light Heavy, Heavy	Senior Novice Female Weight Divisions: Light, Middle, Light Heavy, Heavy

<p><b>Ne Waza</b></p> <p><b>Ranks:</b> Green and up</p> <p>Chokes and armlocks permitted</p> <p><b>Duration:</b> 4 minute matches. Golden Score</p>	
<b>Senior Born 2005 and Earlier</b>	
Senior Male Weight Divisions: -66kg, -81kg, -100kg, +100kg	Senior Female Weight Divisions: -52kg, -70kg, +70kg
<b>Veterans Born 1990 and Earlier</b>	
Men -66kg, -81kg, -100kg, +100kg	Women -52kg, -70kg, +70kg
<b>Para</b>	
Men	Women

**Note:** Athletes can compete in two categories in one day if one is the Ne-waza category.



<p><b>Veterans</b></p> <p><b>Born:</b> 1990 and earlier</p> <p><b>Ranks:</b> Blue and up</p> <p>Chokes and armlocks permitted</p> <p><b>Duration:</b> 3 minute matches. Golden Score (2min under 60, 1min 60+)</p>	
<p>Veterans Male Weight Divisions: -73kg, -81kg, -90kg, -100kg, +100kg</p>	<p>Veterans Female Weight Divisions: -52kg, -63kg, -78kg, +78kg</p>

## Katas

This tournament will hold Kata competitions for:

- |                        |                  |
|------------------------|------------------|
| ▶ Nage-no-Kata         | ▶ Ju-no-Kata     |
| ▶ U21 Nage-no-Kata     | ▶ Katame-no-Kata |
| ▶ Kodokan-Goshin-Jutsu | ▶ Kime-no-Kata   |

There are no gender specific divisions, so all pairs are welcome (mixed or not). Multiple entries are accepted. The same competitor can enter only once in the same kata. White judogis only. No red & white belts. **All Kata registrations must be mailed-in and a separate form for each kata & pairing is required. Please submit your registration and payment for all the katas you will be participating in at the same time to ensure multiple kata discounts are honoured.**



# Accommodations

## Official Headquarters Hotel

### **Delta Toronto East**

2035 Kennedy Road Toronto, Ontario M1T 3G2

Phone: (416) 299-0562 ext. 6100 1.800.663.3386

On-Line: [Book your group rate for Judo Ontario - 2019 Ontario Open](#)

*7min. Drive via Hwy 401 from TPASC*

## Other Accommodations

### **Holiday Inn Express Toronto East**

50 Estate Drive Toronto, Ontario, Canada M1H 2Z1

Phone: (416) 439-9666

On-line at: [www.ihg.com](http://www.ihg.com)

*6 minute drive via Highway 401 from TPASC*

### **Best Western Plus Executive Inn**

38 Estate Drive Toronto, Ontario M1H 2Z1

Phone: (416) 430-0444 On-Line at: [www.bestwestern.com](http://www.bestwestern.com)

*6min. Drive via Hwy 401 from TPASC*

### **Travel Lodge Toronto East**

20 Milner Business Court Toronto, Ontario M1B 3C6

Phone: (416) 299-9500 On-Line at: [www.wyndhamhotels.com](http://www.wyndhamhotels.com)

*5min. Drive via Hwy 401 from TPASC*

# Tournament Site

### **Toronto Pan Am Sports Centre**

875 Morningside Avenue Toronto, Ontario M1C 0C7

Supported by: Ministry of Tourism, Culture & Sport

Produced & sanctioned by: Judo Ontario

# 2019 Ontario Open Judo Championships

## Shiai & Ne-Waza Registration Form

### Personal Information

<b>First Name:</b>		<b>Last Name:</b>	
<b>Date of Birth: (mm/dd/yyyy)</b>		<b>Gender (Male / Female):</b>	
<b>Judo Ontario #</b>		<b>Address:</b>	
<b>Judo Canada (or other foreign) #</b>		<b>Province/State:</b>	
<b>Foreign Judo Organization</b>		<b>Foreign Judo Organization #</b>	
<b>Club Name</b>		<b>Country:</b>	
<b>Coach</b>		<b>Contact Number</b>	
<b>Next of Kin Name</b>		<b>Next of Kin Relation</b>	

### Competition Information

Check all the boxes that apply to your registration.

Primary Age Division	
U14	<input type="checkbox"/>
U16	<input type="checkbox"/>
U18	<input type="checkbox"/>
U21	<input type="checkbox"/>
Senior	<input type="checkbox"/>
Senior Ne-Waza	<input type="checkbox"/>
Veteran Ne-Waza	<input type="checkbox"/>
Para Ne-Waza	<input type="checkbox"/>

Rank			
Orange	<input type="checkbox"/>	Yondan	<input type="checkbox"/>
Green	<input type="checkbox"/>	Godan	<input type="checkbox"/>
Blue	<input type="checkbox"/>	Rokudan	<input type="checkbox"/>
Brown	<input type="checkbox"/>	Sichidan	<input type="checkbox"/>
Shodan	<input type="checkbox"/>	Hachidan	<input type="checkbox"/>
Nidan	<input type="checkbox"/>	Kudan	<input type="checkbox"/>
Sandan	<input type="checkbox"/>	Judan	<input type="checkbox"/>

	Weight Category(ies)
Primary Weight Division	
Second Weight Division (if applicable)	

*(Please make cheques payable to Judo Ontario)*

# 2019 Ontario Open Judo Championships

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## Kata Registration Form

<b>Indicate which Kata you will be performing</b> (A form for each kata & pair combination is required.)			
U21 Nage No Kata		Kodokan Goshin Jutsu	
Nage No Kata		Ju No Kata	
Katame No Kata		Kime No Kata	

### Tori Information

	Tori	Uke
<b>First Name</b>		
<b>Last Name</b>		
<b>Date of Birth: (mm/dd/yyyy)</b>		
<b>Judo Ontario #</b>		
<b>Judo Canada (or other foreign) #</b>		
<b>Foreign Judo Organization (if applicable)</b>		
<b>Rank</b>		
<b>Club</b>		
<b>Address</b>		
<b>Province/State:</b>		
<b>Contact Number</b>		

# Release Form for Minors

(For Competitors Under 18 Years of Age)

**NOTICE: This is a legal document, which must be properly completed and signed, or your entry will not be accepted.**

**PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.**

## RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK

IN CONSIDERATION OF the acceptance of the entry of \_\_\_\_\_ (hereinafter referred to as "the said child") to compete in and /or being permitted to participate in the 2019 Ontario Open Judo Championships (hereinafter referred to as "this event"), I/We for myself/ourselves and for and on behalf of the said child hereby release, remise and forever discharge, and agree to indemnify and save harmless The Ontario Judo Black Belt Association, the Toronto Pan Am Sports Centre, the organizers of this event, their respective officers, executives, directors, officials, agents, servants and representatives (hereinafter referred to as "the Releases") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to the person or property of the said child, or myself/ourselves, howsoever caused, arising out of or in connection with the said child competing or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises, or otherwise of or by the Releases or any of them.

I/We agree for myself/ourselves and for and on behalf of the said child to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with the said child competing or participating in this event and to adhere to all rules, regulations and conditions of this event.

I/WE CERTIFY THAT:

1. The said child is in good physical condition and has no injury, disease or disability nor has he/she injected or ingested anything that would impair his/her performance or physical condition or increase the likelihood of injury in competing or participating in this event.
2. No physician, nurse, therapist, trainer, coach, manager or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this event.
3. I/we am/are familiar with the sport of judo and the nature of a judo contest. I/We am/are aware that there is a high risk of injury by the very nature of the sport.
4. We are the father and mother of the said child or the Guardian(s) of the said child and the only person(s) entitled to act for and on behalf of the said child.
5. This Release Form authorizes the Shiai Director, after consultation with me, to permit a change in categories.

\_\_\_\_\_ (Initialled)

THIS DOCUMENT SHALL BE BINDING UPON THE SAID CHILD, MYSELF/OURSELVES, THE HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS, AND PERSONAL REPRESENTATIVES OF EACH OF US AND THE SAID CHILD.

**I/We have read this document and I/we understand it fully.**

Parent/Guardian Names & Relationship (Please Print):	Parent/Guardian Signatures:	Date:
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# Release Form for Adults

(For Competitors 18 Years of Age and Older)

**NOTICE: This is a legal document, which must be properly completed and signed, or your entry will not be accepted.**

**PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.**

## RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK

IN CONSIDERATION OF the acceptance of my entry to compete in and/or my being permitted to participate in the 2019 Ontario Open Judo Championship. (hereinafter referred to as "this event"), I hereby release, remise and forever discharge, and agree to indemnify and save harmless The Ontario Judo Black Belt Association, the Toronto Pan Am Sports Centre, the organizers of this event, their respective officers, executives, directors, officials, agents, servants and representatives (hereinafter referred to as "the Releases") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, howsoever caused, arising out to or in connection with my competing or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises, or otherwise, of or by the Releases or any of them. I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my competing or participating in this event. I agree to adhere to all rules, regulations and conditions of this event.

I CERTIFY THAT:

1. I am in good physical condition and I have no injury, disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in this event.
2. No physician, nurse, therapist, trainer, coach, manager or other person has advised me not to compete or participate in a body contact sport or in this event.
3. I am familiar with the sport of judo and the nature of a judo contest. I am aware that there is a high risk of injury by the very nature of the sport.
4. This Release Form authorizes the Shiai Director, after consultation with me, to permit a change in categories.

\_\_\_\_\_ (Initialed)

THIS DOCUMENT SHALL BE BINDING UPON MYSELF, MY HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS AND PERSONAL REPRESENTATIVES.

**I have read this document and I/we understand it fully.**

Name (Please Print):	Signature:	Date:
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